



Student Logistics

Wilderness First Aid + CPR

Sponsored by University of Minnesota - Center for Outdoor Adventure & NOLS Wilderness Medicine

Dates: Saturday, April 10th - Sunday, April 11th, 2027
Cost: \$450.00 Tuition Only
Location: 1536 Cleveland Ave N, St Paul, MN 55108
Class Time: Saturday 7:45am-5pm + CPR 6-10pm, Sunday 8am-5pm

Travel, Meals, and Lodging

Meals and Lodging

There is not a meals and lodging package available for this course. Students are required to arrange all lodging and food.

Food: Mim's Cafe on Cleveland Ave N, Como Ave has Colossal Cafe, Lanna Thai, Finnish Bistro, and Nico's Taco Bar.

Hotel: Delta Hotels Minneapolis in Lauderdale is the closest option. Otherwise there are a few Airbnbs in the neighborhood.

Travel

The [St. Paul Gym](#) is on the St. Paul Campus which is part of the University of Minnesota - Twin Cities.

From I94, take 280 North and exit on Larpenteur Ave going East. Take a Right/South on Cleveland and the St. Paul Gym will be on the lefthand side.



Classroom Location

The Classroom is in the Upper Fitness Center - Room 130. Since the class is starting before the building is open, we ask that you enter the building from the North Stairwell (see photo).

Parking

Parking on campus at the St. Paul Gym/Lot 171 (Cleveland Ave N) is \$1.00 per hour on the weekends. A free option is parking at Lot 108 (State Fair Lot).



The neighborhood is permitted parking so be mindful where you park so you don't get ticketed.

More information on parking and rates see the [Parking & Transportation Services](#).

NOLS Wilderness Medicine – M-F from 8am - 5pm Mountain Time
(866) 831-9001 – wilderness_medicine@nols.edu – NOLS.edu





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Registration

How to Register

NOLS is collecting tuition and enrollment information for this course. Please register on the NOLS website.

Travel insurance is recommended; NOLS's preferred provider is [MDM](#).

Cancellation Policies

NOLS is taking all registration for this course. Please visit their [policies page](#) for an overview of cancellation and transfer policies.

For Questions about location, logistics, and registration please contact:

Course Host: Gretchen Weber, Director for Outdoor Programs

Office Hours: Monday - Friday 9am-5pm

Phone: 612-625-8790

Email: gweber@umn.edu

Website: [Center for Outdoor Adventure](#)

