



Student Logistics (Know Before You Go!)

Wilderness First Aid (WFA)

Sponsored by *New Canaan Land Trust* & NOLS Wilderness Medicine

Dates: Saturday, Oct. 24th and Sunday, Oct. 25th, 8am to 5pm

Cost: \$350 Tuition Only

Location: New Canaan YMCA, 564 South Ave., New Canaan, CT

Travel, Meals, and Lodging

Meals and Lodging

There is not a meals and lodging package available for this course. Students are required to arrange all lodging and food.

Nearby lodging:

Hotel	Approx. Distance	Address	Phone
Roger Sherman Inn	1 mile	195 Oenoke Ridge, New Canaan, CT 06840	(203) 966-4541
GrayBarns on the Silvermine River	5 miles	194 Perry Ave, Norwalk, CT 06850	(203) 489-9000
EVEN Hotel Norwalk by IHG	6 miles	426 Main Ave., Norwalk, CT 06851	(203) 846-9355
Courtyard by Marriott Norwalk	6 miles	474 Main Ave., Norwalk, CT 06851	(203) 849-9111
Hilton Garden Inn Norwalk	6.5 miles	560 Main Ave., Norwalk, CT 06851	(203) 523-4000
Extended Stay America Suites – Norwalk	6 miles	400 Main Ave., Norwalk, CT 06851	(203) 847-6888
Garden Park Motel	6 miles	351 Westport Ave., Norwalk, CT 06851	(203) 847-7303
Red Carpet Inn Norwalk	6 miles	469 Westport Ave., Norwalk, CT 06851	(203) 847-5827
Amsterdam Hotel	9 miles	19 Clarks Hill Ave., Stamford, CT 06902	(203) 327-4300
Super 8 by Wyndham Stamford/New York City Area	10 miles	32 Grenhart Rd., Stamford, CT 06902	(203) 653-8137

Many dining options available in New Canaan and downtown New Canaan, which is just over a mile from The New Canaan YMCA. The New Canaan Train Station is a 1 ½ mile walk from New Canaan YMCA on sidewalks. For more information about stores and restaurants in New Canaan, please go to: [Connecting Community with Commerce - New Canaan Chamber](#)

Travel

By Car

New Canaan YMCA

564 South Avenue

New Canaan, CT 06840

Phone: (203) 966-4528

NOLS Wilderness Medicine – M-F from 8am - 5pm Mountain Time

(866) 831-9001 – wilderness_medicine@nols.edu – NOLS.edu



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- From the **Merritt Parkway (Route 15)**: Take **Exit 37 (Route 124/New Canaan)** and follow Route 124 into New Canaan. Turn onto South Avenue and continue approximately 0.8 miles. The YMCA entrance will be on your right.
- Free parking is available on site.

By Train

Take the **Metro-North New Haven Line** to **Stamford**, then transfer to the **New Canaan Branch** train to New Canaan Train Station.

From the train station:

- **Walk**: Approximately **1.5 miles (18–22 minutes)** via Elm Street and South Avenue.

Registration

How to Register: Go to: https://secure.lglforms.com/form_engine/s/5k4hA70evDDocLDlf_q92w

Travel insurance is recommended; NOLS's preferred provider is MDM.

Cancellation & Refund Policy

- **100% refund** for cancellations received on or before **October 1**.
- **50% refund** for cancellations received **October 2–15**.
- **No refunds** will be issued for cancellations received **after October 15**.

If the course is canceled by the New Canaan Land Trust or the New Canaan YMCA, participants will receive a **full refund** of their registration fee.

For Questions about location, logistics, and registration please contact:

Course Host: New Canaan Land Trust

Office Hours: 9am – 5pm (M-F)

Phone: 203-972-1270

Email: info@newcanaanlandtrust.org

Website: newcanaanlandtrust.org