



Student Logistics

Hybrid Wilderness First Responder - Recerification

Sponsored by *University of Minnesota - Center for Outdoor Adventure & NOLS Wilderness Medicine*

Dates: Saturday, May 2nd - Sunday, May 3rd, 2026
Cost: \$375.00 Tuition Only
Location: 1536 Cleveland Ave N, St Paul, MN 55108
Class Time: Saturday 7:45am-6pm (CPR 7-9pm), Sunday 8am-6pm

Travel, Meals, and Lodging

Meals and Lodging

There is not a meals and lodging package available for this course. Students are required to arrange all lodging and food.

Food: Mim's Cafe on Cleveland Ave N, Como Ave has Colossal Cafe, Lanna Thai, Finnish Bistro, and Nico's Taco Bar.

Hotel: Delta Hotels Minneapolis in Lauderdale is the closest option. Otherwise there are a few Airbnbs in the neighborhood.

Travel

The [St. Paul Gym](#) is on the St. Paul Campus which is an extension of the University of Minnesota.

From I94, take 280 North and exit on Larpenteur Ave going East. Take a Right/South on Cleveland and the St. Paul Gym will be on the lefthand side.

Parking

Parking on campus at the St. Paul Gym/Lot 171 (Cleveland Ave N) is \$1.00 per hour on the weekends. A free option is parking at Lot 108 (State Fair Lot).

More information on parking and rates see the [Parking & Transportation Services](#).

The neighborhood is permitted parking so please be mindful where you park your car so it doesn't get ticketed.

Registration

How to Register

NOLS is collecting tuition and enrollment information for this course. Please register on the NOLS website.

Travel insurance is recommended; NOLS's preferred provider is [MDM](#).

Cancellation Policies

NOLS is taking all registration for this course. Please visit their [policies page](#) for an overview of cancellation and transfer policies.

NOLS Wilderness Medicine – M-F from 8am - 5pm Mountain Time
(866) 831-9001 – wilderness_medicine@nols.edu – NOLS.edu



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For Questions about location, logistics, and registration please contact:

Course Host: Gretchen Weber, Director for Outdoor Programs

Office Hours: Monday - Friday 9am-5pm

Phone: 612-625-8790

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Website: [Center for Outdoor Adventure](#)

