

Student Logistics (Know Before You Go!)



Wilderness First Aid (WFA)

Sponsored by Mountain Recreation & NOLS Wilderness Medicine

Dates: May 16-17, 2026

Cost: \$375.00 Tuition Only

Location: Gypsum Recreation Center, 0052 Lundgren Blvd. Gypsum, CO 81637

CPR Time (If Applicable):

Travel, Meals, and Lodging

Campgrounds:

1. **Gypsum Campground (BLM)**
Located just off I-70, about 5 miles west of Gypsum. This is a campground with limited amenities but offers an affordable option for campers.
 - o **Cost:** \$10 per night
 - o **Website:** [BLM Gypsum Campground](#)
2. **Wolcott Campground (BLM)**
About 10 miles east of Gypsum, this campground is accessible from I-70 and offers basic camping facilities.
 - o **Cost:** \$12 per night
 - o **Website:** [BLM Wolcott Campground](#)

Hotels (Ranked from Least Expensive to Most Expensive):

1. **Wingate by Wyndham Eagle Vail Valley**
Located at 75 Pond Road in Eagle, just off I-70 and about 7 miles west of Gypsum. This hotel offers a range of amenities, including complimentary breakfast, a fitness center, and free Wi-Fi. It's a convenient mid-range option for travelers, providing easy access to the Eagle Valley and Gypsum.
 - o **Cost:** Around \$160 per night (varies by season)
 - o **Website:** [Wingate by Wyndham Eagle Vail Valley](#)
2. **Best Western Plus Eagle/ Vail Valley**
Located in Eagle, this mid-range hotel is accessible from I-70, offering convenient access for those traveling from the east or west. The hotel includes an indoor pool, gym, and complimentary breakfast.
 - o **Cost:** Around \$180 per night
 - o **Website:** [Best Western Plus Eagle Lodge](#)
3. **The Westin Riverfront Resort & Spa**
A luxury option located about 25 miles east of Gypsum in Avon, near the Beaver Creek area. Ideal for those who prefer more upscale accommodations, with amenities including a spa and fitness center.
 - o **Cost:** Starting at \$350 per night
 - o **Website:** [The Westin Riverfront Resort](#)

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Travel

Mountain Recreation- Gypsum Recreation Center

Coming from the East (Eagle):

1. **Start on I-70 Westbound** and continue until you reach **Exit 140 for Gypsum**.
2. **Take Exit 140**, then turn left onto **Trail Gulch Road** (this will take you over I-70).
3. Continue straight until the road becomes **Cooley Mesa Road**.
4. **Turn right onto Valley Road** and follow the signs to the **Gypsum Recreation Center**.

Coming from the West (Glenwood Springs):

1. **Start on I-70 Eastbound** and head toward Gypsum.
2. Take **Exit 140** for Gypsum, then **turn right onto Trail Gulch Road**.
3. Continue straight until the road becomes **Cooley Mesa Road**.
4. **Turn right onto Valley Road** and follow the signs to the **Gypsum Recreation Center**.

Google Map Pinpoint to [Gypsum Recreation Center](#):

Registration

How to Register:

Please Visit **Mountain Recreation's [2026 Outdoor Recreation Programs](#)** to register or contact us using the contact info provided below.

Travel insurance is recommended; NOLS's preferred provider is [MDM](#).

Cancellation Policies:

- 30 days or more before the start of the program = 75% credit
- 14 days before start of program = 50% credit
 - Youth Sports Leagues = no credit
- 1 week before start of program = 25% credit
- Less than 1 week = no credit
- We would still appreciate a cancellation notice even if it does not qualify for a credit.

For Questions about location, logistics, and registration please contact:

Course Host: Kaili Schroeder

Office Hours: Varies

Phone: (970) 688-7333

Email: kschroeder@mountainrec.org

Website: mountainrec.org