

Student Logistics



Hybrid Wilderness First Responder Recertification (HWRR)

Sponsored by *Four Corners Wilderness Medicine* & NOLS Wilderness Medicine

Dates: April 11-12, 2026
Cost: \$390 Tuition
Location: Deer Hill Expeditions, 7850 Road 41, Mancos, CO, 81328
Time: April 11th 7:45am-5pm, CPR 5:15pm-7:30pm
April 12th 7:45am-5pm

Travel, Meals, and Lodging

Meals and Lodging

Meals - You are responsible for all of your meals. You may bring lunch with you, however, there is no fridge so plan accordingly. There are several restaurants in Mancos that are great for breakfast and lunch. There are limited options for dinner. Cortez and Durango are 20-30 min drives and have access to larger grocery stores and a plethora of restaurants for all times.

Lodging - Deer Hill Expeditions (where the course is located) has primitive camping for \$25/night (this fee is in addition to your tuition). You get a place to park your car at the open camping area and access to the shower/bathroom house. Please bring your own towel and toiletries. There are no cooking facilities available so you'll still need to bring your own. Camping is allowed the night before and after the course, as well as during the course. Payment for camping will be collected the first day of the course. Please bring cash or venmo. Cards are not accepted. Quiet hours are 10pm-7am.

Other Lodging - Mesa Verde Motel (191 W. Railroad Ave, Mancos, Colorado 81328) and the Mancos Inn & Hostel (200 West Grand Ave, Mancos, CO 81328) are wonderful places to stay if you want a bed indoors. There are also other camping options in the nearby forest service areas or Mancos State Park.

Travel

The course location is at Deer Hill Expeditions, 7850 Road 41, Mancos, CO, 81328. At the only stoplight in Mancos, head South on Main St. for 0.4 miles. At the stop sign, you will do a slight zig zag to continue going straight onto Road 41. Continue on Road 41 for 1.2 miles and turn left at the sign for Deer Hill Expeditions. It's right after a large apple tree and sometimes hard to see. Go down this dirt road, past Dragonfly Preschool on your left, until you see a parking lot next to a few dumpsters on your left. You may park here or continue up the drive a few hundred feet and turn left to park in front of "The Meeting Place".

Deer Hill is flanked by a preschool and a neighborhood with kids. Please drive extra slow on all roads.

Your course will be held in "The Meeting Place" at Deer Hill.

[Google Map Link from Mancos stoplight to Deer Hill parking lot](#)

Registration

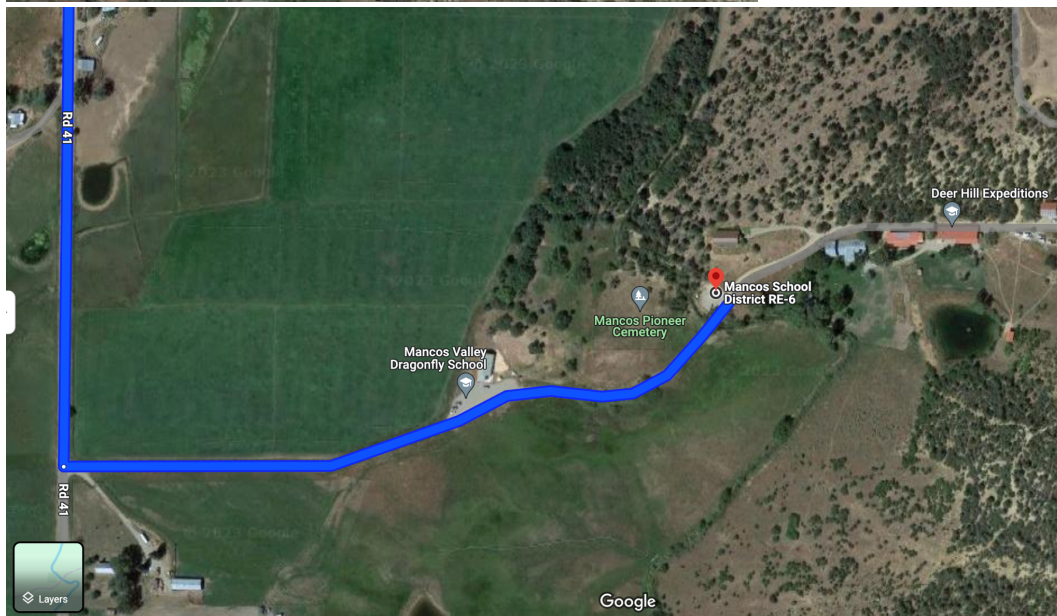
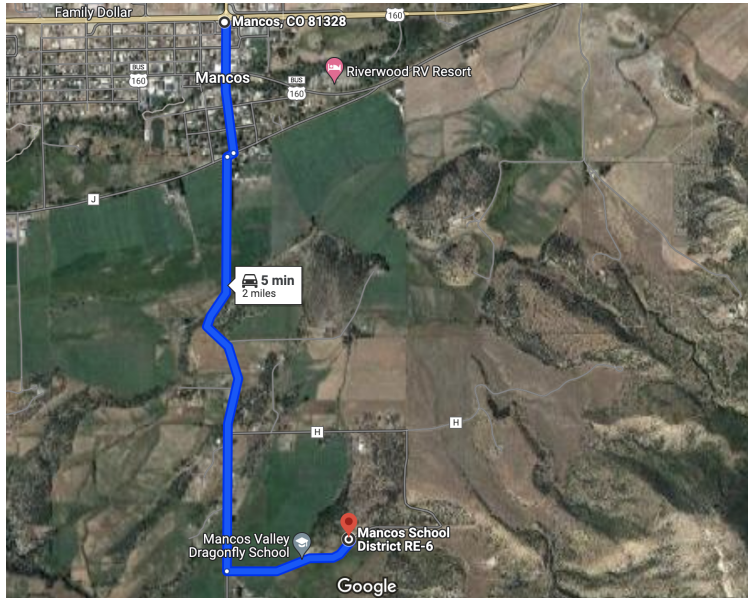
How to Register

NOLS is collecting tuition and enrollment information for this course. Please register on the NOLS website.

Cancellation Policies

NOLS is taking all registration for this course. Please visit their [policies page](#) for an overview of cancellation and transfer policies.

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Helpful Extras

Packing Considerations

This course will be a blend of indoor and outdoor, no matter the weather conditions. Please bring clothing to be comfortable in both settings.

You are more than welcome to bring a camp chair if you'd prefer to sit in that rather than the chairs/tables provided.

Snacks! Bring food and water for snacking throughout the day.

Please bring to class each day - a day pack filled with items you would like to improvise splints with (think padding/layers!). Please do not bring anything sharp and pokey like ice axes/crampons/other types of axes/sticks/etc.

Bring anything you need to be comfortable in order to learn in a didactic and practical setting. You will be kneeling on the ground for up to 30 min at a time.

Schedule Considerations

We will start class at 8am each day. Please arrive at 7:45am and be in your seat, bathroom complete, ready to learn at 8am.

Lunch break is ~12:00pm-1:00pm.

Class ends each day at 5pm.

We will have CPR on the evening of April 13th from 5:15pm to 7:30pm. You will have a 15 min break to have a snack/stretch/etc. CPR is optional if you already have it or require a higher certification, however, it's always beneficial to practice.

Nearby Amenities

Food Recommendations

[Moondog Cafe](#) - Excellent bakery in town only open for breakfast and lunch.

[Fahrenheit Coffee Roasters](#) - Great coffee and some food. Not open on Sundays.

[Red Wolf Coffee](#) - Small cute cafe. Open on Sundays.

[Thai Cortez](#) - Believe it or not, some of the best Thai food outside of Thailand you'll ever have. A 20 min drive from Mancos, but well worth it. Not open on Sundays.

Groceries

[Zuma Natural Foods](#) - Small natural foods grocer. Has soups, sandwiches, and groceries. Vegetarian, vegan, and gluten free options.

[P&D Grocery](#) - The larger of 2 groceries in town as well as a pizza joint

Outdoor Shenanigans

[Mesa Verde National Park](#) - a cultural experience - see ancient puebloan cliff dwellings and more

[Phil's World Mountain Biking](#) - world class mountain bike trail between Mancos and Cortez

[Mancos State Park](#) - fishing, biking, camping, hiking, and more.

For Questions about location, logistics, and registration, contact:

Course Host: Coulter Stone

Office Hours: 9am-5pm

Phone: 307-699-0115

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