

Student Logistics (Know Before You Go!)

Wilderness First Responder (WFR)

Sponsored by *Cal Poly Humboldt's Outdoor Adventures* & NOLS Wilderness Medicine

Dates: January 3 -12, 2026

Cost: \$960 public price / \$800 for current Cal Poly Humboldt Students

Location: *Cal Poly Humboldt campus at the Nelson Hall East Building ([see campus map](#)), in the Goodwin Forum (NHE 102)*

Travel, Meals, and Lodging

Meals and Lodging

There is not a meals and lodging package available for this course. Students are required to arrange all lodging and food. Additional lodging options are listed at the end of this document.

Travel

Cal Poly Humboldt (formerly Humboldt State University) is located at [1 Harpst St. Arcata, CA](#). Arcata is located on U.S. Highway 101, in Humboldt County. It takes approximately six hours to drive to Arcata from San Francisco or Sacramento. Watch for the Humboldt State University off-ramp and signs to the campus.

Registration

How to Register

Please visit [Outdoor Adventures | Cal Poly Humboldt](#) to register or contact us using the contact info provided below.

Travel insurance is recommended; NOLS's preferred provider is [MDM](#).

Cancellation Policies

If you cancel or withdraw from a course greater than or equal to 30 days prior to the course start date, Outdoor Adventures will retain a \$50.00 administrative fee. The remainder of tuition collected will be refunded. Tuition is non-refundable for those withdrawing within 30 days of the course start date. All course registrations are transferable.

For Questions about location, logistics, and registration please contact:

Course Host: Outdoor Adventures

Office Hours: Monday - Friday, 10am - 5pm

Phone: (707) 826-3357

Email: outdooradventures@humboldt.edu

Fax: (707) 826-3354

Website: www.humboldt.edu/campus-recreation/outdoor-adventures

Additional Lodging Info:

AirBnB Locations include Arcata, Sunny Brae, Bayside, & McKinleyville

