

WILDERNESS FIRST RESPONDER COURSE



Sponsored by NOLS India (Nandadevi Outdoor Leadership School India, is a fully owned subsidiary of National Outdoor Leadership School USA) & NOLS Wilderness Medicine Institute

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COURSE DATES/TITLE: WFR 23284, Feb 27th to Mar 8^{th -} 2026

SUBSCRIPTION FEES: 45000.00 (Tuition Only)

BOARDING & LODGING: 10000.00 (To be paid directly to Indiahikes on arrival)

SUBSCRIPTION DEPOSIT: 22500.00 (with registration)

BALANCE DUE: 22500.00 (Due on 26/Jan/2026)

CONTACT: India@nols.edu

Tel: 05966 297657/90351 39704

PLEASE NOTE: Payment can be made by deposit or online transfer to the below-mentioned account.

Bank Details of NOLS India.

Cheque or Demand Draft should be drawn in favor of NANDADEVI OUTDOOR LEADERSHIP SCHOOL (INDIA).

Name: Nandadevi Outdoor Leadership School India

Current Account #: 31603824989 SBI IFCS Code is SBIN0000704 Bank Address: State Bank of India, Gandhi Chowk, Ranikhet – 263645

Swift ID: SBININBB945



THANK YOU

WFR @ NOLS India

WILDERNESS FIRST RESPONDER COURSE – Course Code – WFR 23284 Sponsored by the NOLS Wilderness Medicine Institute and NOLS India

DATES: Feb 28th to 9th Mar - 2025

Subscription Fee: 55000.00 (Include Tuitions, boarding & lodging)

LOCATION: NOLS IN Campus – Ranikhet (Balmoral)

COURSE DESCRIPTION

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to make difficult medical decisions. This course is fast-paced and engaging. You'll spend half your time outside of the classroom doing hands-on skills and realistic scenarios. In addition to scenarios, you'll participate in a full-scale night mock rescue. WMl's curriculum encompasses a wide range of topics including long-term patient care, wound management, straightening angulated fractures, reducing dislocations, litter packaging, and administering medications. You'll complete this course with the tools and confidence to manage patients in the backcountry for multiple days. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. Dynamic educators who have practiced both wilderness and urban medicine will teach you. This 10-day course is ideal for all professionals operating in remote environments. Adult/child CPR certification is included. The WFR course is pre-approved for 70 hours of EMT CEUs by CECBEMS.

COURSE OVERVIEW

COURSE SCHEDULE

COMMUNICABLE DISEASE MITIGATION

REGISTRATION/POLICIES

A 50% deposit is required to reserve a space in the course. The remaining 50% balance is to be paid month before the start date. The subscription fee covers textbooks, syllabus, equipment, certifications.

NOTE: International participants should deposit the full subscription fee to enroll.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days before the course starting date, the sponsor will retain an INR 5000=00 administrative fee.
- Within 30 days of the course start date and once the course has begun, tuition is non-refundable and non-transferable for the following: WFA, WAFA, WFR-R, and WFR courses loss of full fee.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights. Link

Bring the **two-page** signed document to the first day of the course. A parent or guardian must sign the document if you are a minor. Failure to provide a signed document will result in you not being able to participate in the course. NOLS **WM participants**, **including minors**, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

CLASS OVERVIEW

The Wilderness First Responder course is essential if you work or recreate in the outdoors or in other austere environments where access to medical care is delayed or communication is unreliable. It is the industry standard for professional guides, trip leaders, search and rescue team members, outdoor enthusiasts, and international travelers. Upon completion, you can conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness, and make crucial evacuation decisions.

NOLS Wilderness Medicine's nationally recognized curriculum encompasses a wide range of topics including long-term patient care, wound management, selective spine immobilization, reducing dislocations, litter packaging, and epinephrine administration.

Successful course completion will earn the following NOLS Wilderness Medicine certifications:

- Wilderness First Responder
- Adult, and Child CPR & Airway Management
- Epinephrine Auto-injector

Check-in is at 7:45 AM on the first day of the course. Course days run from 8:00 am – 5:00 pm. Two evening sessions will be scheduled. The format for this 80-hour WFR is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing, and simulated rescues. Attendance is required for all scheduled classes. Scenarios and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet, muddy, or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally, the classroom environment lends itself to a pair of comfy shoes/slippers and a crazy creek-type chair.

Testing

Along with continuous evaluation and feedback from your instructors throughout the course, each student will be required to pass both a written and practical exam on the last day of the course. The practical exam will require students to demonstrate the skills they have learned throughout the course and the written exam will be multiple choice. Your instructors can provide more info on testing procedures on the first day of your course if needed.

*Both texts: "NOLS Wilderness Medicine, 9th Edition" and the Wilderness First Responder handbook will be provided on day one. You **do not** need to read or purchase these ahead of time.

Note: Please plan on arriving on Feb 26th @ 5 PM, NOLS will provide accommodation and dinner for this evening. Arrive at Student Accommodation - Balmoral

CONTINUING EDUCATION COLLEGE CREDIT AND EMT CEUS

The course is pre-approved for three (3) semester hour credits through the University of Utah for \$200.00. If interested, please check with the instructors on the first day of class for the necessary information.

NOLS Wilderness Medicine is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 70 CEU hours for their Wilderness First Responder courses. Please bring a photocopy of your current EMT card(s) with you to your course.

Getting to Ranikhet NOLS INDIA Campus:

TRAVEL/DIRECTIONS

Getting to Ranikhet/NOLS INDIA & Landmark

NOLS India office is 7 KMS before the town of Ranikhet, 300 mts from China View (South) towards Haldwani. 300 mts from PWD office towards Ranikhet town.

NOLS India is 390 Kms Northeast of Delhi, in the state of Uttarakhand.

By road: Use google map for ease of travel.

Delhi, Ghaziabad, Hapur, Moradabad, Bajpur, Kaladungi, Nainital, Bhowali, Ranikhet.

8 -10 hours of driving depends on traffic.

Public Transportation:

You can take blue line metro to Anand Vihar

- 1. Non-AC buses leave Anand Vihar Inter State Bus Terminal over night to Ranikhet 7 hours. You can book your ticket online at this <u>link</u> for A/C and non-A/c bus. one has to create a UN and PW to book tickets.
- 2. AC/Volvo buses leave Anand Vihar Inter State Bus Terminal over night to Haldwani 7 hours. One can get shared Taxi from Haldwani 3 hours or public buses 4 hours.

Haldwani Volvo 0815, 2100, 2200, 2300hrs (Fare~1000) Haldwani AC 0730, 0830, 0930hrs (AM) (Fare~660)

Haldwani AC 2030, 2130, 2300hrs (PM)

Booking Counter & Departures Volvo --> Platform #160, A/C departures --> Platform #134, #154

Indian Railways: You can book your ticket at this <u>link</u> one has to create a UN and PW to book tickets.

Three trains come in from Delhi.

- 1. Ranikhet Exp 15013 leaves Old Delhi Railway Station at 10.30 PM to Kathgodam and arrive at 5.30 Am next day. 3 hours to Ranikhet in shared Taxi
- 2. Utr Sampark Kranthi Exp 15035 leaves Delhi at 4.00 PM to Kathgodam and arrive at 10.50 PM. May have to spend the night at the KMVN right opp. Train Station and take taxi early next morning.
- 3. NDLS KGM Shatabdi 12040 leaves New Delhi Terminal at 6.10 AM and arrive at Kathgodam at 11.40 AM. Pulse 2.5 Hours to Ranikhet in shared Taxi (*One of the best options to travel to Ranikhet)

PETS ARE NOT ALLOWED AT THE COURSE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS.

Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

Accommodation and food at the campus:

- Sharing with 3 people per room Swiss Tents with attached bathroom. We serve vegetarian food with eggs.
- Laundry facilities will be provided at specific times of the day for a fee.
- The campus will be shut at 9 pm, be informed that if you choose to stay on the campus you have to be back on campus before 9 pm no exceptions.
- Student housing does have access to the internet.
- End Feb and early Mar the temp can be very cold, please bring adequate warm layers to stay warm.

NO SMOKING OR ALCOHOL IS ALLOWED ON-SITE

We hope this information is helpful. Please contact us with any questions or concerns you may have during office hours Mon to Fri 9 am to 5 pm.

Cell: 05966 297657, 90351 39704

Email: india@nols.edu

Web site: Link