

NOLS WILDERNESS MEDICINE

Wilderness First Responder Recertification Course Schedule

DAY 1

Morning

- Written Examination
- Infection Control
- Patient Assessment System
- Shock
- Chest Injury

Afternoon

- Spinal Management/Head Injuries
- Wilderness Wound Management
- Athletic Injury

DAY 2

Morning

- Dislocations
- Fracture Management
- Hypothermia

Afternoon

- Heat Illnesses
- Altitude Illness
- Medical Scenarios: Cardiac Emergencies, Respiratory Emergencies, Neurological Emergencies, Allergies and Anaphylaxis, Acute Abdomen, Urinary and Reproductive, Diabetes, and Mental Health

DAY 3

Morning

- Medical Scenarios: Continued
- Practical Test Scenarios
- Closing/Evaluations

Afternoon

- CPR