

NOLS WILDERNESS MEDICINE

Wilderness First Aid Course Schedule

DAY 1

Morning

Infection Control and Personal Protective Equipment
Patient Assessment System

Afternoon

Emergency and Evacuation Plans
Spine Injury
Head Injury
Shock

DAY 2

Morning

Wilderness Wound Management
Musculoskeletal Injuries

Afternoon

Musculoskeletal Injuries continued
Heat Illness
Cold Injury
Chest Pain, Abdominal Pain
Shortness of Breath, Altered Mental Status
Anaphylaxis

Extra Half Day

CPR will be covered in an additional 4 hour block. Please see course logistics or contact the course sponsor for specific scheduling.