

NOLS WILDERNESS MEDICINE

Wilderness First Aid Course Schedule

DAY 1

Morning

Infection Control and Personal Protective Equipment
Patient Assessment System

Afternoon

Emergency and Evacuation Plans
Spine Injury
Head Injury
Shock

DAY 2

Morning

Wilderness Wound Management
Musculoskeletal Injuries

Afternoon

Musculoskeletal Injuries continued
Heat Illness
Cold Injury
Chest Pain, Abdominal Pain
Shortness of Breath, Altered Mental Status
Anaphylaxis