

NOLS WILDERNESS MEDICINE

WFR Recertification Hybrid Course Schedule

DAY 1

Morning

Introductions, Orientation, Test Review
Infection Control and Personal Protective Equipment
Patient Assessment System
Shock
Chest Injury
Head Injury

Afternoon

Spinal Management
Wilderness Wound Management
Dislocations
Athletic Injuries

Evening

CPR

DAY 2 Morning

Fractures
Altitude Illness
Heat Illnesses and Hydration
Hypothermia
Medical Topics: Cardiac Emergencies, Respiratory Emergencies, Neurological Emergencies, Allergies and Anaphylaxis, Acute Abdomen, Urinary and Reproductive, Diabetes, and Mental Health

Afternoon

Medical Topics
Final Q&A Closing/Evaluations