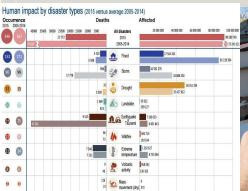


LODESTONE SAFETY INTERNATIONAL

Updates and Overview: Navigating Health, Safety and Security Abroad

WRMC 2019







- 1. Hazard Landscape Trends
- 2. Psychology
- 3. Training
- 4. Networks of Expertise/
 Technology/Info Acquisition

Stay or Go

A tropical cyclone is projected as having a 57% chance of hitting the island your 35 students are on in 2 days. It is currently a category 2 but is predicted to increase in magnitude. You have a building compliant with Miami Dade building code large enough to accommodate everyone. You have food and water. It would cost \$130,000 to evacuate everyone. No insurance will cover it. Your budget for the year is already in the red. Are you staying or going?

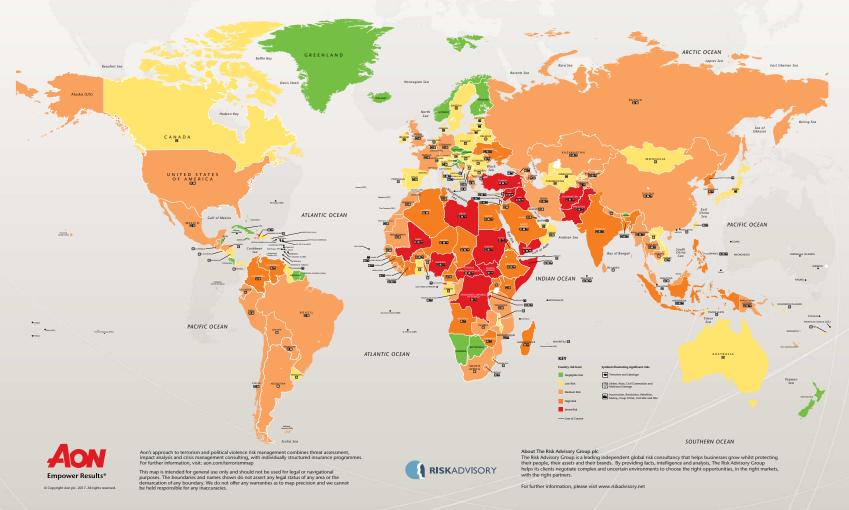


This document may not be reproduced without the consent of the author. WRMC 2019 500-Economic Geophysical Climate related (hydro-meteorologic) disasters damage 450-Economic Damage (billions of 2012 US S) disasters: 400-350-No. of Disasters 300-250-200--150 150--100 100--50 50and the standard of the standa

This document may not be reproduced without the consent of the author. WRMC 2019 Emerging and Reemerging infections - 70% vector-borne or zoonotic



2017 Terrorism & Political Violence Risk Map





Protests in Paris, Barcelona, Santiago, Hong Kong, Lagos, Ecuador, Lebanon, Moscow, Brazil







Subjective Hazard Landscape







PLAINTIFF ATTORNEYS FOR STUDENT ABROAD WRONGFUL DEATH & PERSONAL



David Abney Koapp & Roberts 850 North Second Avenue Phoenix, AZ 85003 (480) 734-8652



F Share Twee 218



David Angueira Swartz & Swartz 10 Marshall Street Boston, MA 02108 (617) 742-1900

WRONGFUL DEATH (COSTA RICA) Wrongful Death of Erik Downes, Costa EF Tours



Katie Chamberlain MacDonald Hoague & Bayless 705 Second Avenue, Suite 1500 Seattle, Washington 98104 (206) 622-1604



Michael D. Eriksen Enksen Law Firm 2161 Palm Beach Lakes Blvd., Suite 410 West Palm Beach, FL 33409 (561) 684-7612



Doug Fierberg Bode & Flerberg 1150 Connecticut Avenue NW, Ninth Floor Washington, D.C. 20036 (202) 828-4100



Tina Glandian GERAGOS & GERAGOS, APC 381 Park Avenue South, Suite 615 New York, NY 10016 (213) 625-3900



Charles Hyass, Jr. Donna Law Firm 7601 France Avenue South, Suite 350 Minneapolis, MN 55435 (952) 562-2460



Case No. 27 CV 08-2152



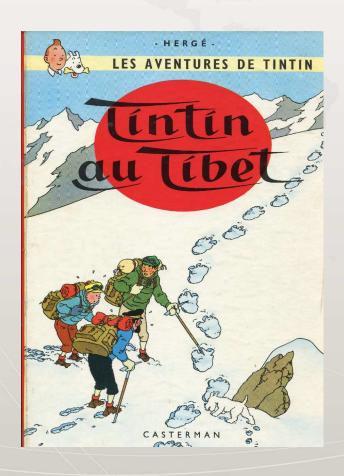
Tyrone Maho Maho | Prentice 629 State Street, Suite 217 Santa Barbara, CA (805) 962-1930

WRONGFUL DEATH (INDIA) Wrongful Death of Thomas Plotkin, India National Outdoor Leadership School (NOLS)



Evolution of Study Abroad

Amateur



Professional

Program Leaders Multiple Platforms for Communication **Administrative Team Travel Assistance** Provider Legal Counsel Other External **Networks of Expertise**





Non Trivial Pursuit





Factfulness - Dr. Hans Rosling HGSE – Fernando Reimers

Account Paril Plant Cool Man Hart in Routh Man Hart in Florida Mall Panic, but No Sign of Shooting, Police Say - The New York Times

Man Hurt in Florida Mall Panic, but No Sign of Shooting, Police Say - The New York Times

Man Hurt in Florida Mall Panic, but No Sign of Shooting, Police Say - The New York Times

Man Hurt in Florida Mall Panic, but No Sign of Shooting, Police Say - Shoppers fled the Town Center mall in Boca Raton, Fla., after hearing a loud noise in the food court.

By Neil Vigdor

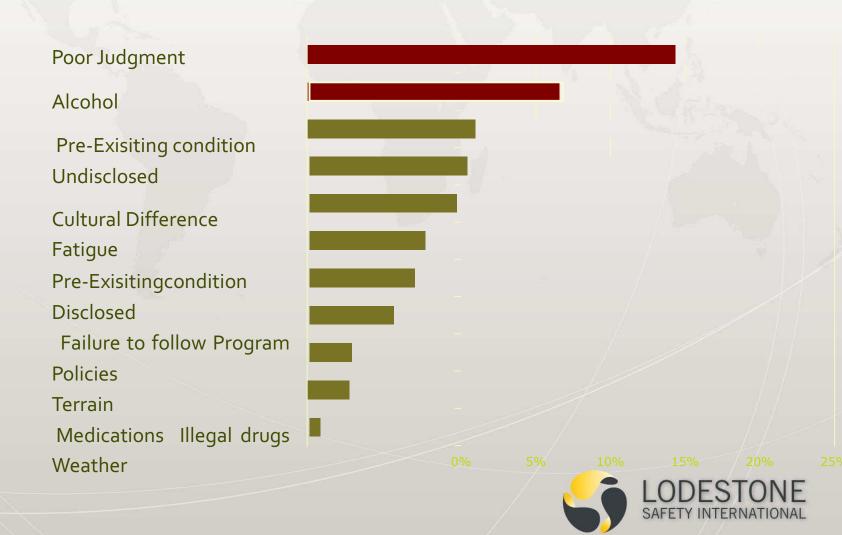
Oct. 13, 2019

Panicked shoppers fled a South Florida mall on Sunday after helieving they heard





Contributing factors to all incidents



Fatal Injuries of US Citizens Abroad

Clare E. Guse, MS, Leslie Cortes MHS, Stephen Hargarten, MD, MPH and Halim M. Hennes, MD, MS
2007

- Risk of injury is higher while traveling
- Although lack of familiarity, infrastructure, medical care, geography, etc. play their roles, the number one factor is behavior



Anecdotal Evidence

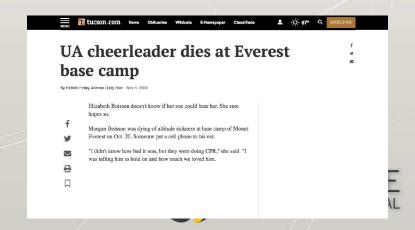
Incidents

- Everest basecamp
- Rome deaths
- Drownings, sexual assaults, motorcycle/scooter accidents, falls



Poor Risk Management

- Under informed
- Over confident
- Alcohol
- Under developed risk management skills



Travel Health Risk Perceptions and Prevention Behaviors of US Study Abroad Students

Laurie B. Hartjes, MS, RN,* Linda C. Baumann, PhD, RN,* and Jeffrey B. Henriques, PhD*†

- The primary source of travel health information was youthoriented travel guidebooks (85%)
- 11% described receiving a malaria vaccine and 4% a hepatitis C vaccine, although no such vaccines exist
- Identified gaps in travel health knowledge and prevention behaviors may produce hazardous consequences when combined with low-perceived risk, reliance on travel guidebooks for health information, and high ratings for prevention selfefficacy.



Why We Don't Train Students More Effectively

- A Social Neuroscience Perspective on Adolescent Risk Taking - Laurence Steinberg, 2007
- Jeffrey Arnett "Emerging Adults"
- Bearman, Peter S., Jo Jones, and J. Richard Udry,
 J. 1997. The National Longitudinal Study of
 Adolescent Health: Research Design. [WWW document]. URL: http://www.cpc.unc.edu/projects/addhealth/design.html
- Youth Behavior Survey CDC 2006



We are Risk Averse













The Cautious Generation: Today's Teenagers

Teenagers:

- Drink less
- Smoke less
- Use fewer hard drugs
- Get in fewer car accidents
- Get in fewer physical fights
- Are less likely to drop out of high school
- Are less likely to have sex
- Are less likely to become pregnant (see above)
- They commit fewer crimes
- And they do wear bicycle helmets



The Cautious Generation: Today's Teenagers

Teenagers:

- Commit suicide more frequently
- Mental health issues continue to increase
- Vaping epidemic



Fear, Risk and Phobias

- Fear of real dangers is a normal evolutionary process (Poulton and Menzies, 2002b)
- Risky play is normal risk exposure behavior that reduces fear (and safety behavior) at each life stage (Allen and Rapee, 2005)
- Without access to risky play, irrelevant fears are not extinguished (Neese and Williams, 1995)
- "Mismatch" inappropriate fears and anxiety exceeding physical and psychological development = pathology, i.e., anxiety disorder.
- Anxiety further reduces motivation for risky play.



Fear, Risk and Phobias

- Children learn to judge risks through experience with risky situations and by developing the cognitive skills necessary to make more accurate judgments (Plumert, 1995
- Greater experience of a risky situation is found to be associated with lower risk appraisals of the particular risk (DiLillo, Potts and Himes, 1998)
- Experience leads to the ability to manage the risk (Adams, 2001)



Risk Taking is Decreasing, Mental Health Problems are Increasing

- Children's Risky Play From an Evolutionary Perspective: The Anti-Phobic Effects of Thrilling Experiences (Ellen Beate Hansen Sandseter, 2011)
- "Our fear of children being harmed may result in more fearful children and increased levels of psychopathology"



Risk Management Training for Students

Gavin de Becker The Gift of Fear

The 7 things predators do to turn people into prey

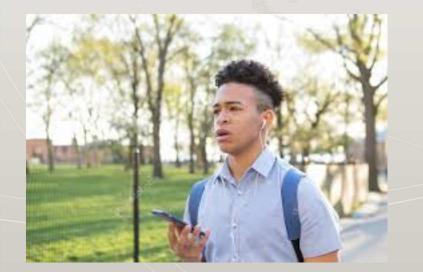
- Charm and Niceness
- Discounting the word "NO"
- Loan Sharking
- Typecasting
- Too Many Details
- Forced Teaming
- The Unsolicited Promise



Training for Personal and Situational

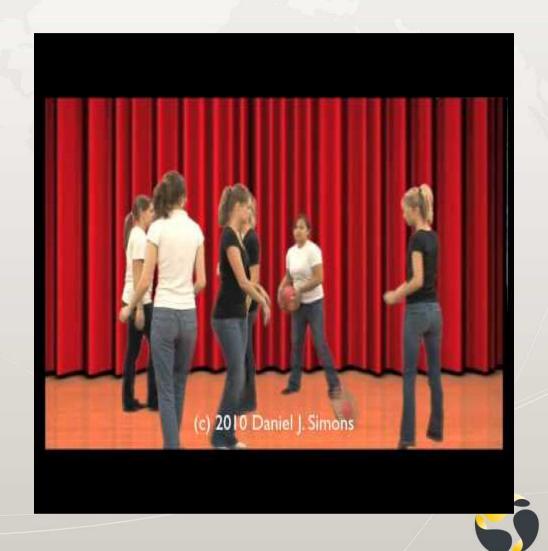
Awareness

- Scenarios
- Researching risk management topics
- Meditation
- Observational exercises the cafe
- Videos



White	Unprepared and unready to take action.
Yellow	Prepared, alert & relaxed. Good situational awareness.
Orange	Alert to probable danger. Ready to take action.
Red	Action Mode. Focused on the emergency at hand.
Black	Panic. Breakdown of physical & mental performance.

Keep Your Eyes Open

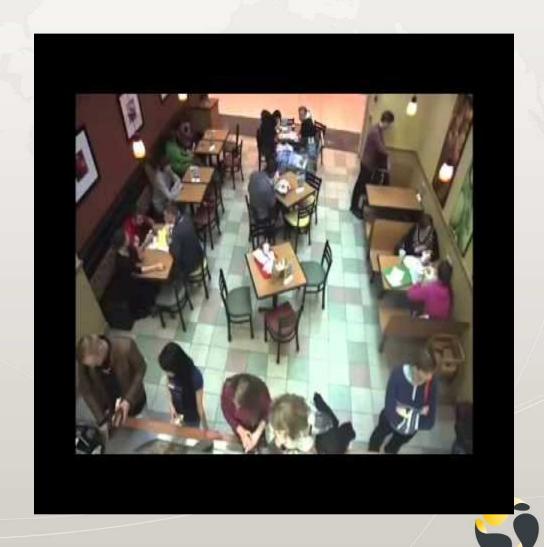


Keep Your Eyes Open





Be Smart About Your Belongings



Jason Bourne - the King of Situational Awareness





Risk Management Skills



- Personal Insight
- Situational awareness
- Observational skills
- Cross cultural awareness
- Health/medical
- Risk assessment
- Problem solving



Lost in Translation

On the flight to Ecuador a Haitian student begins to experience moderate to severe pain in her extremities, back and upper left quadrant of abdomen. She has a pulse rate of 120 and respiratory rate of 24. She has a history of sickle cell anemia. She is checked into the hospital in Quito upon arrival. They call her Haitian MD back in NY and he recommends starting antibiotics. Ecuadoran MDs are at a loss. Student is getting progressively worse.



Internationalization of Risk Management



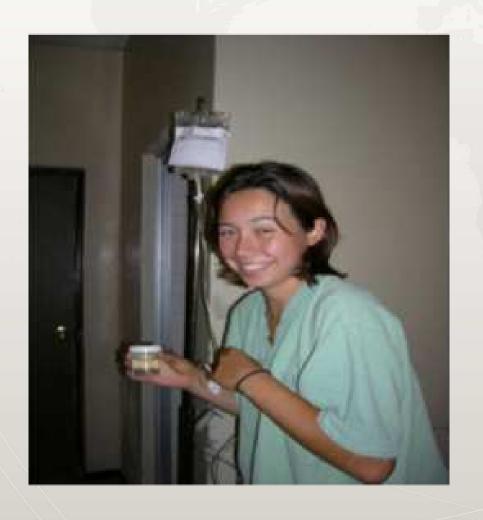
But the reality is that Travel Medicine still mainly or only addresses the needs of those traveling from industrialized countries to developing countries often with a focus on North American or European travelers. But the tide has changed and there is an urgent need to address the travel medicine needs that arise from this changing pattern.

- Annalies Wilder Smith - ISTM President





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You've had to interrupt your busy itinerary in a low income country to take a student to the closest rural hospital where she has just been diagnosed with appendicitis.



Mental Health Issue

A Korean student new to your schools suddenly starts to behave manically saying a lot of somewhat silly, nonsensical things and laughing loudly at his own comments. Two hours go by before he settles down just as abruptly as he'd started. After a pause he approaches you to ask ifshe had been behaving oddly during the preceding period...

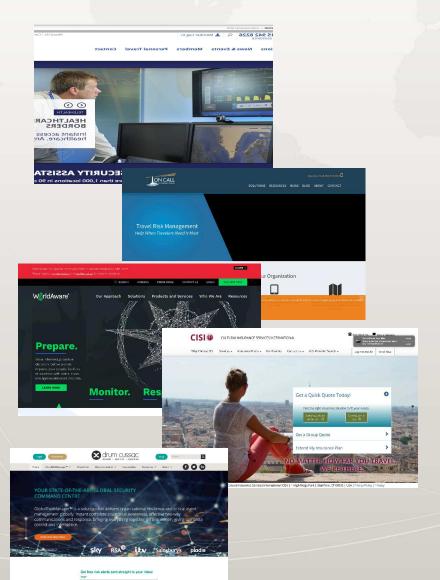


Santiago

At 8PM a student calls the RD from her apartment (along with 3 other students) to say they see protesters being beaten outside their window. They smell burning and tear gas. They believe they are hearing shots being fired. They want to know what to do.



Networks of Expertise/Travel Assistance Services

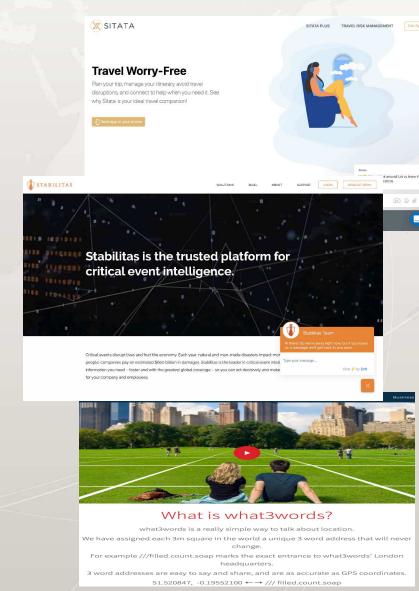


- Evac and repatriation
- Security intel & alerts
- Medical intel & oversight
- Rape crisis counseling
- Mental health oversight (teletherapy)
- Student tracking
- Crisis communications



Technology – World Monitoring Software, Artificial Intelligence and Mobile Tech

- www.sitata.com
- www.stabilitas.io/
- https://what3words





P3: PREPARE, PREVENT, PROTECT

info@p3mentalhealth.com (212) 500-2101

HOME

WHAT WE DO

WHO WE ARE

SERVICES

TRAINING



In today's educational environment, more and more students have mental health related needs.

- 1. Offer guidance on recognizing and responding to mental health symptoms in students. We will help staff to notice signs and common behaviors exhibited during early and escalated stages of these disorders.
- 2. Assistance in recognizing common complaints and disciplinary issues that students face which have underlying causes related to mental health disorders
- 3. Learn effective questions to ask students who are experiencing mental health symptoms and get tools to know when a student poses a safety risk.
- 4. Learn important interventions that can help prevent escalated
- 5. Learn about unique denial and minimiz correlate with substance abusing stude more effectively with this denial and mi
- 6. Learn concerns to keep in mind and "be response to potential safety concerns: social media, roommate conflicts, odd t related to suicide.
- 7. Learn resistance behaviors in students responding to and reducing resistance.

Information - Women's Health and Rights

- Cecinfo.org International Consortium for Emergency Contraception – country-by -country information
- Gynopedia.org An open source wiki for sexual, reproductive & women's healthcare across the globe.
- Pathwaystosafety.org Pathways to Safety International – "Empowering victims of interpersonal and gender based violence abroad"

Information -The LGBT Security Landscape

- equaldex.com LGBT rights country by country
- ilga.org International Lesbian, Gay,
 Bisexual, Trans and Intersex Association



....as safe as it should be.

