

# Hybrid Wilderness First Responder Recertification (H-WFR-R)

**Sponsored by Pacific Wilds & NOLS Wilderness Medicine**

## Student Information:

Dates: October 22-23, 2022  
Cost: \$350.00 - Tuition only  
Location: Mt Hood Town Hall  
6575 OR-35  
Mt Hood, OR 97041

## Travel, Meals, and Lodging

### Meals and Lodging

There is no meals or lodging package available for this course. There are many great campgrounds near Parkdale, some are closed this time of year please check. The closest campground is [Tollbridge Park](#). There is free camping on forest service roads and at [Little John Sno Park](#) if you're equipped to camp self contained in the cold. Hotels and [Airbnbs](#) are available in Hood River (14 miles north). [Cooper Spur Resort](#) also offers lodging up on the mountain nearby.

We also have some amazing neighbors offering self contained camping. Please reach out to them if you are interested:

- The Walls: 5 Miles N of Town Hall. Space for 2 self contained vehicles: [wallfm@gorge.net](mailto:wallfm@gorge.net)
- Sam Cook: A short walk to Town Hall. Tent and car camping: (503) 939-6414

### Travel:

The course is just 14 miles from Hood River and 3 miles from the town of Parkdale. This course is being held at the [Mt Hood Town Hall](#). From Hood River, drive south on OR-25 for approximately 14 miles. The town hall will be on your left. You will need a vehicle to get to and from class.

## Schedule & Preparation

We will meet daily from 8am-5pm with a 60 minute lunch break. There will be CPR on the evening of day 1. Please plan to bring your food as there are not many food options nearby.

### Please review the following before class:

- [Please check out the NOLS recertification policies to make sure you're eligible for recertification](#)

- COVID-19 Disclosure
- COVID-19 Video
- Hybrid WFR Recert Course Outline
- Hybrid WFR Recert Overview
- Student Agreement
- Student Logistics - Lodging & Travel

### **Bring to class:**

- Raingear
- Wear clothing that can get wet and dirty, be prepared to lay or kneel on the ground in all conditions
- Writing utensil
- Lunch and snacks
- Water bottle
- A clean face mask or two
- Sunglasses
- Optional:
  - Camp chair
  - Knee pads

### **Continuing Education & Academic Credit**

#### **Continuing Education** ([Learn More](#))

- This course is pre-approved for 18 hours of EMT Continuing Education Hours by the [Commission on Accreditation of Pre-Hospital Continuing Education](#) (CAPCE).
- 14 hours WMS FAWM credit
- This course is approved for 1 college credit through [Western Colorado University](#) (\$110) [Learn more](#)

#### **Certifications Included in this course**

- CPR
- Epinephrine Auto-injector
- Wilderness First Responder

For Registration Questions contact NOLS: 800-710-6657

For on course Questions contact:

Course Host: Renee Jenkinson

Phone: (808) 315-4702

Email: [pacificwilds@gmail.com](mailto:pacificwilds@gmail.com)