

# WILDERNESS FIRST RESPONDER RECERT

Sponsored by Teton Science Schools (TSS) and NOLS Wilderness Medicine



# DATES:Friday December 3 - Sunday December 5, 2021COST:\$415.00 Tuition Only (includes lunches)LOCATION:Jackson Campus of Teton Science Schools, Jackson, WY

# **COVID-19 Practices and Policies**

To help mitigate the spread of COVID-19 in our classrooms, NOLS has instituted a set of policies regarding the use of personal protective equipment (masks, gloves, etc) and hygiene practices that all students and staff must follow. <u>These policies can be</u> <u>read here.</u> Please review this document ahead of your course. Willful failure to comply with these practices could result in dismissal from your course.

#### **COURSE DESCRIPTION**

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations. You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

Successful course completion will earn the following NOLS Wilderness Medicine certifications:

- Wilderness First Responder
- Adult, and Child CPR & Airway Management
- Epinephrine Auto-injector

#### **REGISTRATION/POLICIES**

Tuition is due in full upon registration. The tuition fee includes tuition, textbooks, equipment use and continuing education credits. NOLS is not obligated to allow any student to attend a course until all NOLS & TSS paperwork has been received, reviewed and approved. A full refund will be given if we need to cancel the course for any reason.

Please review our <u>recertification policies</u> to confirm your eligibility to take this course. You may contact <u>wilderness\_medicine@nols.edu</u> with questions.

#### CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, TSS will retain a \$35.00 administrative fee.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable.

#### CURRICULUM

Our curriculum has been developed and has evolved over decades by medical professionals and experts in outdoor education. Our instructors are expert educators with years of medical and wilderness leadership experience. Please see the <u>WFR Recert</u> <u>Course Outline</u> for an overview and schedule of topics covered during your course. You can <u>read more about our curriculum on</u> <u>the NOLS website</u> as well as view <u>other curriculum resources here</u>. When taking a WFR Recert, we strongly encourage pre-course study. Students who spend time reviewing their WFR textbook and our online curriculum resources enjoy these courses more and are able to focus on practicing skills and patient interactions.

#### TESTING

The course will begin with a multiple-choice written test for all participants where a 70 is a passing score. Please review our online materials and your past course materials to ensure your success on this test. In the event that you do not pass this initial test, you will be offered a second test later on in the course and the average of these scores will need to be over 70 to pass the course.

Instructors will provide continuous evaluation and feedback throughout the course and each student will be required to complete a practical exam. The practical exam will require students to demonstrate their patient assessment skills. Your instructors can provide more info on testing procedures on the first day of your course.

#### FORMS REQUIRED FOR PARTICIPATION

Please download this agreement and read it carefully as it affects your legal rights: <u>NOLS Wilderness Medicine Student Agreement</u>. Bring this two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

#### **CLASS FORMAT & EQUIPMENT**

Check-in is between 7:30 am and 7:45 am on the first day. On subsequent days, please plan on arriving by 7:45 AM. Course days run from 8:00 AM to 5:00 PM with an hour-long break for lunch at noon.

The class format involves lectures integrated with practical scenarios, case studies, and skills practice sessions. Attendance is required at all classes. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground while playing the role of both rescuer and patient. Stage (moulage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of indoor comfy shoes.

#### WHAT TO BRING

- □ Notebook and pencil or pen
- A minimum of 2 face masks, these need to be changed and/or cleaned daily
- Outdoor work gloves (gardening, leather, or canvas)
- Personal bottle of hand sanitizer
- Watch with a second hand or digital second
- □ Sunglasses and/or protective eyewear
- Water bottle
- □ Light day pack

- □ Headlamp
- □ Waterproof outerwear-top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions, including a hat
- □ Optional:
- Slippers or comfortable shoes for classroom time
- □ Camp chair for classroom time
- Clipboard or hard surface to write on

An updated copy of the Wilderness First Responder handbook will be provided on day one. You do not need to read or purchase this ahead of time.

#### TRAVEL DIRECTIONS

Our Jackson Campus is located at 700 Coyote Canyon Rd, Jackson, WY. **Please do not confuse this location with the Kelly Campus.** Parking at Jackson Campus is in the lower lot, first lot on the right. Travel directions attached.

There are several taxi companies in the Jackson area in addition to Lyft and Uber. For complete transportation information, you may contact the Jackson Chamber of Commerce at <u>www.jacksonholechamber.com</u> or 307-733-3316.

#### **COURSE POLICIES**

PETS ARE NOT ALLOWED AT THE COURSE SITES. THIS INCLUDES LEASHING THEM OUTSIDE OR KEEPING THEM IN YOUR VEHICLE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

We do not permit sleeping in vehicles or campers in our campus parking lots. Lodging is provided on campus for an additional fee. There are free, dispersed <u>National Forest campsites</u> outside of town, and fee-based campsites in the <u>Bridger Teton National</u> <u>Forest</u>, <u>Grand Teton National Park</u> and in the <u>town of Jackson</u>.

All staff and participants are expected to assist with daily chores such as meal service and cleanup, tidying classroom/living space and weekly "Hands to Work" cleanup. TSS does not maintain a nut free food environment.

#### NO SMOKING OR ALCOHOL OR WEAPONS ARE ALLOWED ON SITE.

Please follow the links below to the NOLS website for overviews of other pre-course planning resources & policies:

College Credit Continuing Education Recertification Policies Alcohol, tobacco, and firearm policies Scholarships and financial aid Pets and service animals Essential Eligibility Criteria Minimum age requirements

#### CONTACT INFORMATION

Please contact us with any questions or concerns you may have. TSS office hours are Monday - Friday, 8:00 AM - 4:00 PM Mountain Time. Phone: 307-734-3707 or Email: <u>registrar@tetonscience.org</u> <u>www.tetonscience.org</u>

Specific course related questions should be directed to NOLS Wilderness Medicine, 284 Lincoln St, Lander, WY 82520phone: 866-831-9001email: wilderness\_medicine@nols.eduwebsite: http://nols.eduwebsite: http://nols.edu

# Getting to Jackson Hole, WY

**By Air:** Jackson Hole Airport (JAC) is 20 minutes from our campus and is serviced by major airlines. You may also want to check rates and availability through Salt Lake City, Utah (a five hour drive to Jackson) or Idaho Falls, Idaho (two hour drive).

**Car Rental:** If you plan on renting a car before, during or after the course, there are rental agencies at the Jackson Hole airport and in town. We recommend you make your car rental reservation in advance of the course.

**By Car or Bus:** If you are driving to Jackson Hole, there is free parking at the campus.

# **Driving Directions to the Jackson Campus:**

700 Coyote Canyon Rd, Jackson, WY 83001

## From the north:

Follow HWY 89/191 south to the Jackson Town Square. Turn right at the square onto Broadway. Continue 1.5 miles on Broadway to the US 89/191 and HWY 22 intersection (Albertsons & Wells Fargo on your left). Turn right onto HWY 22. Head west on HWY 22 for approx. 1.7 miles. Watch for the Teton Science Schools sign on the right at Coyote Canyon Road. Turn right onto Coyote Canyon Road. Follow Coyote Canyon Road 0.6 miles to the Jackson Campus.

### From the south:

Follow HWY 89/191 north to the US 89/191 and HWY 22 intersection (Albertsons on your right side). Turn left at the light onto HWY 22. Proceed on HWY 22 for approx. 1.7 miles. Watch for the Teton Science Schools sign on the right at Coyote Canyon Road. Turn right on Coyote Canyon Road and follow it 0.6 miles to the Jackson Campus.

### From the west:

Follow HWY 22 (from Teton Pass) east to the town of Wilson. Stay on HWY 22. You will reach the HWY 390 junction after approx. 1.5 miles. Continue on HWY 22. Travel approx. 2.4 miles past the HWY 390 junction. Watch for the Teton Science Schools sign on the left at Coyote Canyon Road. Turn left onto Coyote Canyon Road and follow it 0.6 miles to the Jackson Campus.

# Approximate Distances to the Jackson Campus:

<b>From the North</b> Moran Junction Moose Junction JH Airport	35 miles 15 miles 13 miles
From the South Hoback Junction	14 miles
<b>From the West</b> Wilson (Post Office)	3.5 miles

