



WILDERNESS FIRST RESPONDER COURSE



Sponsored by NOLS India (Nandadevi Outdoor Leadership School India, is a fully owned subsidiary of National Outdoor Leadership School USA) and the NOLS Wilderness Medicine Institute

NAME: _____

COURSE DATES/TITLE: *WFR 2022 Feb, 25th to Mar 06th*

COURSE FEES *36000.00*

ADVANCE DEPOSIT: *18000.00 (with registration)*

BALANCE DUE: *18000.00 (Due on 25/Jan/2022)*

CONTACT: **India@nols.edu**

Tel: 05966 297657/9410159900

PLEASE NOTE: Payment can be made by direct cash deposit or online transfer to the account mentioned below;

Bank Details of NOLS India.

Cheque or Demand Draft should be drawn in favor of **NANDADEVI OUTDOOR LEADERSHIP SCHOOL (INDIA)**.

Name: Nandadevi Outdoor Leadership School India

Current Account #: 31603824989

SBI IFCS Code is SBIN0000704

Bank Address: State Bank of India,
Gandhi Chowk, Ranikhet – 263645

THANK YOU

WFR @ NOLS India

WILDERNESS FIRST RESPONDER COURSE

Sponsored by the NOLS Wilderness Medicine Institute and NOLS India

DATES: Feb 25th to Mar 06th - 2022

COST: 36000.00 (Include Tuitions, Meals & Lodging during the course)

26000.00 (Tuitions only, you can make your own arrangement for stay and food)

LOCATION: NOLS India, Vaniya Cottage, Mall Rd, Ranikhet - 263645.

COURSE DESCRIPTION

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to make difficult medical decisions. This course is fast-paced and engaging. You'll spend half your time outside of the classroom doing hands-on skills and realistic scenarios. In addition to scenarios, you'll participate in a full-scale night mock rescue. WMI's curriculum encompasses a wide range of topics including long-term patient care, wound management, straightening angulated fractures, reducing dislocations, litter packaging and administering medications. You'll complete this course with the tools and confidence to manage patients in the backcountry for multiple days. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. Dynamic educators who have practiced both wilderness and urban medicine will teach you. This 10-day course is ideal for all professionals operating in remote environments. Adult/child CPR certification is included. The WFR course is pre-approved for 70 hours of EMT CEU's by CECBEMS.

REGISTRATION/POLICIES

A 50% deposit is required to reserve a space in the course. Remaining 50% balance is to be paid on or before 25th Jan 2022. The tuition fee covers textbooks, syllabus, equipment, certifications, boarding & lodging.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, sponsor will retain an INR 5000=00 administrative fee.
- Within 30 days of the course start date and once the course has begun, tuition is non-refundable and non-transferable for the following: WFA, WAFA, WFR-R, WFR courses - loss of full fee.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights.

[Link](#)

Bring the **two-page** signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities**

during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

CLASS OVERVIEW

The Wilderness First Responder course is essential if you work or recreate in the outdoors or in other austere environments where access to medical care is delayed or communication is unreliable. It is the industry standard for professional guides, trip leaders, search and rescue team members, outdoor enthusiasts, and international travellers. Upon completion, you will be able to conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness, and make crucial evacuation decisions.

NOLS Wilderness Medicine's nationally recognized curriculum encompasses a wide range of topics including long-term patient care, wound management, selective spine immobilization, reducing dislocations, litter packaging, and epinephrine administration.

Successful course completion will earn the following NOLS Wilderness Medicine certifications:

- Wilderness First Responder
- Adult, and Child CPR & Airway Management
- Epinephrine Auto-injector

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00am – 5:00pm. Two evening sessions will be scheduled. The format for this 80-hour WFR is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally, the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair.

Testing

Along with continuous evaluation and feedback from your instructors throughout the course, each student will be required to pass both a written and practical exam on the last day of the course. The practical exam will require students to demonstrate the skills they have learned throughout the course and the written exam will be multiple choice. Your instructors can provide more info on testing procedures on the first day of your course if needed.

What to Bring

- Notebook and pencil or pen
- A minimum of 2 face masks, these need to be changed and/or cleaned daily
- Outdoor work gloves (gardening, leather, or canvas)
- Personal bottle of hand sanitizer
- Watch with a second hand or digital second
- Sunglasses and/or protective eyewear
- Water bottle
- Light day pack

- Headlamp
- Waterproof outerwear–top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions, including a hat

Optional:

- Slippers or comfortable shoes for classroom time
- Camp chair for classroom time
- Clipboard or hard surface to write on

Both texts: “NOLS Wilderness Medicine, 6th Edition” and the Wilderness First Responder handbook will be provided on day one. You **do not need to read or purchase these ahead of time.*

Note: Please plan on arriving on Feb 24th evening 5 PM, NOLS will provide accommodation and dinner for this evening. Arrive at Student Accommodation - [Balmoral](#), Mall Road, Ranikhet

CONTINUING EDUCATION COLLEGE CREDIT AND EMT CEUS

The course is pre-approved for three (3) semester hour credits through the University of Utah at a cost of \$200.00. If interested, please check with the instructors on the first day of class for the necessary information.

NOLS Wilderness Medicine is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 70 CEU hours for their Wilderness First Responder courses. Please bring a photocopy of your current EMT card(s) with you to your course.

TRAVEL/DIRECTIONS

Getting to Ranikhet/NOLS INDIA & Land mark

NOLS India office is 7 KMS before the town of Ranikhet, 300 mts from China View (South) towards Haldwani. 300 mts from PWD office towards Ranikhet town.

NOLS India is 390 Kms North East of Delhi, in the state of Uttarakand.

By road: Use google map for ease of travel.

Delhi, Ghaziabad, Hapur, Moradabad, Bajpur, Kaladungi, Nainital, Bhowali, Ranikhet.

8 -10 hours of driving depends on traffic.

Public Transportation:

You can take blue line metro to Anandvihar

1. Non-AC buses leave Anand Vihar Inter State Bus Terminal over night to Ranikhet – 7 hours. You can book your ticket online at this [link](#) for A/C and non-A/c bus. one has to create a UN and PW to book tickets.

2. AC/Volvo buses leave Anand Vihar Inter State Bus Terminal over night to Haldwani – 7 hours. One can get shared Taxi from Haldwani – 3 hours or public buses 4 hours.

Haldwani	Volvo	0815, 2100, 2200, 2300hrs (Fare~1000)
Haldwani	AC	0730, 0830, 0930hrs (AM) (Fare~660)
Haldwani	AC	2030, 2130, 2300hrs (PM)

Booking Counter & Departures Volvo --> Platform #160, A/C departures --> Platform #134, #154

Indian Railways: You can book your ticket at this [link](#) one has to create a UN and PW to book tickets.

Three trains come in from Delhi.

1. Ranikhet Exp 15013 leaves Old Delhi Railway Station at 10.30 PM to Kathgodam and arrive at 5.30 Am next day. 3 hours to Ranikhet in shared Taxi
2. Utr Sampark Kranthi Exp 15035 leaves Delhi at 4.00 PM to Kathgodam and arrive at 10.50 PM. May have to spend the night at the KMVN right opp. Train Station and take taxi early next morning.
3. ANVT KGM Shatabdi 12040 leaves New Delhi Terminal at 6.20 AM and arrive at Kathgodam at 11.55 AM. Pulse 2.5 Hours to Ranikhet in shared Taxi (***One of the best options to travel to Ranikhet**)

Note: Book your train ticket at least 2 months in advance on A/C coach's

PETS ARE NOT ALLOWED AT THE COURSE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS.

Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

Accommodation and food at NOLS India campus:

Sharing with 4 people per room Dorm style with attach bathroom. We serve vegetarian food with eggs.

NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

We hope this information is helpful. Please contact us with any questions or concerns you may have. *Feel free to call me anytime.*

Cell: 05966 297657, 9410159900

Email: india@nols.edu

Web site: [Link](#)