



Photo Courtesy of Alex Zhitnik

WILDERNESS FIRST RESPONDER (WFR)

Sponsored by OMSI & NOLS Wilderness Medicine

DATES: June 2 – 11, 2021

COST: Non-members - \$805.00 OMSI members-\$670.00



LOCATION: OMSI's Coastal Discovery Center at Camp Gray, Newport, Oregon

Please see **Student Logistics below for additional information on course location*

COURSE DESCRIPTION

The Wilderness First Responder course is essential if you work or recreate in the outdoors or in other austere environments where access to medical care is delayed or communication is unreliable. It is the industry standard for professional guides, trip leaders, search and rescue team members, outdoor recreationists, and international travelers. Upon completion, you will be able to conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness, and make crucial evacuation decisions. During this fast-paced, engaging course, you will spend half your time practicing skills and participating in realistic scenarios, including a full-scale night mock rescue.

NOLS Wilderness Medicine's nationally recognized curriculum encompasses a wide range of topics including long-term patient care, wound management, selective spine immobilization, reducing dislocations, litter packaging, and epinephrine administration. Dynamic educators who have practiced medicine in both wilderness and urban environments will teach you skills and protocols to step forward in an emergency, and you will finish the intensive 80-hour course with the tools and confidence to manage patients in the backcountry for multiple days.

Upon successful course completion, you will earn the following NOLS Wilderness Medicine certifications: Wilderness First Responder, Adult, and Child CPR & Airway Management, and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check-in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM to 5:00 PM, with two additional evening sessions. Ten-day courses will include a day off; nine-day courses do not. All course materials will be provided on the first morning of the course.

The class format is classroom lectures integrated with practical scenarios, case studies, and skills practice sessions. Attendance is required at all classes.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (mouflage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of indoor comfy shoes and a camp chair. A 4-hour evening, outdoor mock rescue is part of the curriculum; dress accordingly.

CLASSROOM AND SCENARIO GEAR CHECKLIST

- Notebook and pencil or pen
- Watch with a second hand or digital second
- Sunglasses and hat
- Water bottle
- Light day pack
- Headlamp
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the [NOLS Wilderness Medicine WFR](#) course page.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download the [NOLS Student Agreement](#) and read it carefully as it affects your legal rights.

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

POLICIES

Cancellations and Refunds

- Participant cancellation:
- 30 or more days prior to the course starting, OMSI will retain a \$75.00 administrative fee.
- 14-29 days prior to the course starting date, OMSI will retain 50% of the course tuition.
- 13 or fewer days prior to the course starting and throughout the duration of the course, all deposit and tuition are nonrefundable.
- All course registrations are non-transferable.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Service Animals

Please contact the Wilderness Medicine office at 1-866-831-9001 if you intend to bring a service animal to the course.

Alcohol, Drugs, Tobacco & Weapons

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom.

CONTINUING EDUCATION

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a [Commission on Accreditation of Pre-Hospital Continuing Education \(CAPCE\)](#) accredited organization. Current EMTs are eligible to receive 70 CEU hours at no additional cost for participation in a Wilderness First Responder course.

Please bring a photocopy of your current EMT card(s) with you to your course. Also, ensure that CAPCE CEUs will be accepted by your State EMS organization.

Fellowship in the Academy of Wilderness Medicine (FAWM)

Through joint sponsorship with the Wilderness Medical Society, active members of WMS may earn up to 55 hours at no additional cost for participation in the Wilderness First Responder course. Learn more about WMS [here](#).

COLLEGE CREDITS

Pre-Course Access to College Credit

The WFR course is pre-approved for 3 credits through Western State Colorado University or an additional cost. Interested students must initiate registration and payment for credit by contacting Western at least 30 days prior to the course start. More information can be found [here](#).

On-Course Access to College Credit

The WFR course is pre-approved for three-semester hours credit through the University of Utah for an additional cost. If you are interested in receiving college credit, please ask your instructors on the first day of class for the necessary information.

STUDENT LOGISTICS

Facility information

The Coastal Discovery Center and Camp Gray is a twenty-acre, residential outdoor education facility located in Newport, Oregon. In 2016 the Oregon Museum of Science and Industry (OMSI) opened Camp Gray to be the permanent home of OMSI's longstanding coastal education program. We are near coastal forests, dunes, tide pools and world class scientific institutions, making OMSI's Camp Gray is a unique place to learn and teach about the Pacific Northwest .



Arrival

When you arrive at OMSI's Coastal Discovery Center at Camp Gray, stay to the right to park. Look for the black gravel path to follow for check in. Be sure to look at the attached map prior to arriving. Many GPS systems don't have this address on file, so it is best to not rely solely on them. If you are lost you can call the facility manager at 541-819-0030

Meals and Lodging

Meals and lodging are not offered for this course. There will be a hot water station, a microwave and limited refrigerator space available inside the classroom.

Camping/Lodging Options

There are multiple lodging options in the area:
Campgrounds: South Beach State Park, Beverly Beach State Park, Beach Side State Park,
RV Parks: Port of Newport,
Hotels/ Motels across the street: Motel 6, La Quinta, Holiday Inn Express

Weather and Packing List

June on the Oregon coast could be warm and sunny or could be cold and foggy with occasional showers. Temperatures during the day can be between 55-70 degrees. Classes are inside the main lodge, which will be at typical room temperature. Participation in scenarios that are primarily conducted outside will be required regardless of the weather conditions. Weather conditions range from cold and wet to sunny and warm, so bring appropriate clothing. It is wise to be prepared. Plan to use a layered clothing system so you can adjust easily to changing conditions.

For real time weather info, visit: <https://www.wunderground.com/dashboard/pws/KORNEWPO59>.

Lost Items

Please label everything you bring. OMSI is not responsible for lost articles. Items left behind will be held at OMSI for two weeks. Call OMSI at 503-797-4000 to arrange for their return. Any unclaimed items will be donated to charity.

Travel

Check www.tripcheck.com for the latest conditions. Camp Gray is accessible to all vehicles.

The Coastal Discovery Center is located in Newport, Oregon. We are just south of the Yaquina Bay Bridge, behind (west) of the Toyota car dealership. We are one hour from Corvallis, two hours from Eugene, and three from Portland. Please see the next page for the address and detailed directions. Check in will be in the main lodge through the double red doors. Please drive safely! If you need additional directions, please contact us.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Course Host: OMSI Coastal Discovery Center at

Camp Gray

Office Hours: Monday to Friday 10am to 4pm

Pacific Time

Phone: 541-819-0030

Email: CoastalDiscoveryCenter@omsi.edu

Website: <https://omsi.edu/camp-gray>

NOLS Wilderness Medicine

Office Hours: M-F from 8am-5pm MST

Phone: (866) 831-9001

Email: info@nols.edu

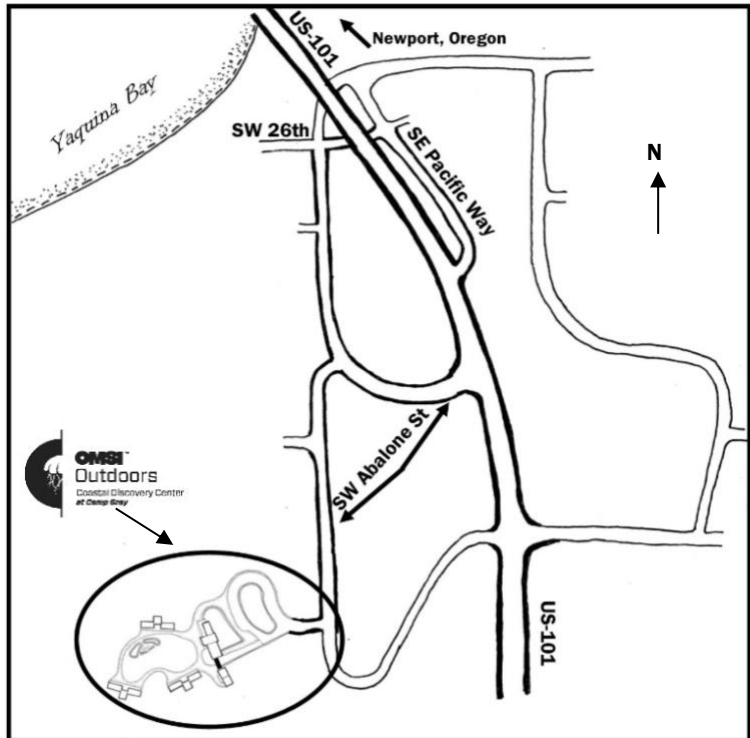
Website: www.nols.edu

Directions to the Coastal Discovery Center at Camp Gray

The address for Camp Gray is 3400 SW Abalone St. South Beach, OR 97366. However, since the facility is still relatively new, the directions in GPS systems don't always have the road on file. Please use directions provided so that you arrive to the course on time.

Going South on HWY 101:

- After crossing the Yaquina Bay Bridge:
- Exit right (west) onto SW Abalone St.
- As you crest the hill, turn left (south), on to the road that is also called SW Abalone St.
- The entrance to Camp Gray is at the end of this road. Look for the OMSI sign at the driveway.
- Once you have turned onto the property, stay right and park in the loop.



Going North on HWY 101:

- Just before crossing the Yaquina Bay Bridge:
- Exit right (east) onto SE Pacific Way
- Turn left (west) on to SW 26th, and go under the bridge.
- Turn left (south) on to SW Abalone St.
- At the top of the hill, turn right, (south) to continue onto SW Abalone St.
- The entrance to Camp Gray is at the end of this road. Look for the OMSI sign at the driveway.
- Once you have turned onto the property, stay right and park in the loop.

