



HYBRID WILDERNESS FIRST RESPONDER RECERTIFICATION (HWRR)

Sponsored by Alaska Avalanche School &
NOLS Wilderness Medicine

DATES: December 5-6, 2020
COST: \$325
LOCATION: Anchorage, AK



COURSE DESCRIPTION

Hands-on, meet online. Enjoy this blended format WFR Recertification, which includes an online component in addition to the traditional scenarios and skills. Pre-work allows you to review the curriculum at your own pace, and focus on the hands-on element during your two days on course. You'll just need to complete all online components, including a written exam, prior to the course. Once on course, the scenario-based approach to recertification provides you the opportunity to test your skills against realistic situations. You'll practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest updates in wilderness medicine over the course of two days.

Students must successfully complete the online modules prior to arriving at the course. Students will then demonstrate their practical skills during scenarios throughout the in-person portion of the course. Students must successfully complete both components to pass the course and obtain recertification from NOLS Wilderness Medicine.

There are optional review resources (different from the online modules) found on the [Wilderness Medicine Resources](#) page.

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/Wilderness EMT (dependent on your current certification), Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

COVID ADAPTATIONS

Close physical contact is an inherent part of our courses. We interact with and touch each other when we practice the skills of wilderness medicine such as splinting, patient movement, bleeding control, basic life support and when we practice patient care with scenario based learning. NOLS Wilderness Medicine has always had curriculum and practices in place to educate

students and to reduce the risk of disease transmission. We have implemented additional strategies to further reduce the risk of disease transmission associated with physical proximity, but we cannot eliminate it.

People who are at higher risk for severe illness from COVID-19 as defined by the Centers for Disease Control (CDC) should carefully consider, in conjunction with their health care provider, whether to attend a wilderness medicine course at this time.

Please view:

[NOLS COVID-19 Disclosure](#)
[COVID-19 Video](#)

CLASS FORMAT AND PERSONAL PREPAREDNESS

This WFR Recertification course includes an online module component. Upon registering, you will receive an email with further information. Three weeks prior to the start of the course you will receive an email with links to online materials (readings and videos) and the written WFR Recertification test.

You must complete all online components prior to arriving at the course site. Please note that these online resources are different from the review materials available on the NOLS Wilderness Medicine website.

Check-in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM to 5:00 PM, with an additional evening class on the first day for students needing CPR recertification. Attendance is required at all scheduled classes. Scenarios and practice sessions will take place both inside and outside.

Bring outdoor clothing appropriate for lying on the potentially wet, muddy, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (mouflage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair.

PACKING CHECKLIST

- Bring a minimum of 2 masks (3-layer, disposable preferred)
- Eye protection (safety glasses or face shield)
- Outdoor work gloves
- Notebook and pencil or pen
- Watch with a second hand or digital second
- Water bottle
- Light day pack
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Clipboard or hard portable writing surface (optional)

COURSE OUTLINE

For the full course outline, visit the [NOLS Wilderness Medicine HWRR](#) course page.

REGISTRATION AND TUITION PAYMENT

Course Tuition: \$325

Tuition payment in full is required to reserve your spot in the course. You can pay your tuition online (we accept Visa or MasterCard), by calling the NOLS Wilderness Medicine office with credit card information, or by mailing a check (with driver's license number).

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits.

A full refund will be given if Alaska Avalanche School needs to cancel the course for any reason.

WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS NOLS Wilderness Medicine Graduates

NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAF certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training. Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download the [NOLS Student Agreement](#) and read it carefully as it affects your legal rights.

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including

minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Cancellations

If you cancel or withdraws from a course:

- Greater than or equal to 30 days prior to the course start date, NOLS Wilderness Medicine will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:
 - WFA, WFR-R, WMPP – loss of full tuition.
 - WFR, WAFA, WUMP – loss of course deposit.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

Pets

Pets are not allowed in the classroom. However, they may be leashed outside or left in vehicles.

Service Animals

Please contact the Wilderness Medicine office at 1-866-831-9001 if you intend to bring a service animal to the course.

Alcohol, Drugs, Tobacco & Weapons

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom.

CONTINUING EDUCATION

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

More information on continuing education credits can be found by visiting [NOLS Wilderness Medicine Continuing Education](#) page.

COLLEGE CREDITS

Pre-Course Access to College Credit

The HWFR-R course is pre-approved for 1 credit through Western State Colorado University or an additional cost. Interested students must initiate registration and payment for credit by contacting Western at least 30 days prior to the course start. More information can be found [here](#).

On-Course Access to College Credit

The HWFR-R course is pre-approved for one semester hour credit through the University of Utah for an additional cost. If you are interested in receiving college credit, please ask your instructors on the first day of class for the necessary information.

STUDENT LOGISTICS

Travel

Expect winter travel conditions and allow plenty of time to get to class each day.

1025 Orca St., Suite 1N
Anchorage, AK 99501

Map:

<https://goo.gl/maps/P9ayEB8uEEzGU1zW7>

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Alaska Avalanche School

Office Hours: 10-4, M-F

Google Phone: 937-265-0061

Email: info@alaskaavalanche.org

Website: www.alaskaavalanche.org

NOLS Wilderness Medicine:

Office Hours: M-F from 8am-5pm MST

Phone: (866) 831-9001

[Email](#)

[Website](#)