



Photo Courtesy of Chris Sparks

## WILDERNESS FIRST RESPONDER RECERTIFICATION (WFR-R)

Sponsored by *Sierra Mountain Center* & NOLS Wilderness  
Medicine



**DATES:** *April 11-12, 2020*

**COST:** \$375.00

**LOCATION:** *3000 East Line Street, Bishop, CA. 93514*

(It has been brought to our attention that if you put in the address for White Mountain Research Center (3000 **East** line Street) in your phone, it sometimes takes you to 3000 **West** Line street. We found that searching for/typing in “White Mountain Research Center” in the search takes you to the correct place.

If you find yourself on Line Street driving towards the Sierra Mountains, you are not going the right way. If you are driving towards the White/Inyo mountains, you are going the right way.)

*\*Please see **Student Logistics** below for additional information on course location*

## COURSE DESCRIPTION

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations. You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared.

[Wilderness Medicine Resources](#) page will assist you.

Upon successful course completion, dependent on your current certification, you will earn one of your NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/ Wilderness EMT, Adult and Child CPR & Airway Management; and Epinephrine Auto-injector.

## CLASS FORMAT AND PERSONAL PREPAREDNESS

Check-in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM to 5:00 PM. All course materials will be provided on the first morning of the course.

Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage-blood and make-up are used to enhance the realism of a scenario. The classroom environment often lends itself to a pair of comfy shoes and a camp chair.

## PACKING CHECKLIST

- Notebook and pencil or pen
- Watch with a second hand or digital second
- Sunglasses and hat
- Water bottle
- Light day pack
- Headlamp
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Camp chair for classroom time (optional)

## COURSE OUTLINE

For the full course outline, visit the [NOLS Wilderness Medicine WFR-R](#) course page.

## WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS NOLS Wilderness Medicine Graduates

NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

## Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAF/A certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this

standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

## **NOLS WILDERNESS MEDICINE STUDENT AGREEMENT**

Please download the [NOLS Student Agreement](#) and read it carefully as it affects your legal rights.

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

## **NOLS WILDERNESS MEDICINE POLICIES**

*Sponsors are not obligated to adopt NOLS Wilderness Medicine cancellation and refund policy unless NOLS Wilderness Medicine is taking your registration.*

### **Cancellations**

If you cancel or withdraws from a course:

- Greater than or equal to 30 days prior to the course start date, NOLS Wilderness Medicine will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:
  - WFA, WFR-R, WMPP – loss of full tuition.

- WFR, WAFA, WUMP – loss of course deposit.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

### **Pets**

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

### **Service Animals**

Please contact the Wilderness Medicine office at 1-866-831-9001 if you intend to bring a service animal to the course.

### **Alcohol, Drugs, Tobacco & Weapons**

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom.

## **CONTINUING EDUCATION**

### **EMT Continuing Education**

NOLS Wilderness Medicine is proud to be a [Commission on Accreditation of Pre-Hospital Continuing Education \(CAPCE\)](#) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

## **COLLEGE CREDITS**

### **Pre-Course Access to College Credit**

The WFR-R course is pre-approved for 1 credit through Western State Colorado University or an additional cost. Interested students must initiate registration and payment for credit by contacting Western at least 30 days prior to the course start. More information can be found [here](#).

### **On-Course Access to College Credit**

The WFR-R course is pre-approved for one semester hour credit through the University of Utah for an additional cost. If you are interested in receiving college credit, please ask your instructors on the first day of class for the necessary information.

## **STUDENT LODGING**

Meals are not included in this program.

**Lodging-** Dorm style lodging is available at White Mountain Research Center. You can arrange with them directly, call Denise Waterbury at (760) 873-4344, ext. 21. Kitchen facilities are available for food prep, but participants are expected to keep the facility clean and tidy.  
Price \$35.00 a night.  
No Pets allowed.

### **Camping:**

Campgrounds in Bishop  
Click [HERE](#)

### **Motels in Bishop:**

Travel Lodge, 155 E Elm Street,  
Bishop, 760.872.1771  
Eastside Guest House-  
777 North Main St. Bishop,  
760.784.7077

### **Course Host:**

Sierra Mountain Center  
Office Hours 8:30-4:30  
Pacific Standard Time,  
Monday -Friday  
Office Phone: 760.873.8526  
office@sierramountaincenter.com  
[www.Sierramountaincenter.com](http://www.Sierramountaincenter.com)

## **NOLS Wilderness Medicine:**

Office Hours: Monday to Friday,  
9:00am to 5:00pm Mountain Time.  
Phone (866) 831.9001  
Fax: (307) 335-2355

Email:

[wilderness\\_medicine@nols.edu](mailto:wilderness_medicine@nols.edu)

Website :

[www.nols.edu/wilderness-medicine](http://www.nols.edu/wilderness-medicine)