WILDERNESS MEDICINE EXPEDITION

Travel and Logistics

Course Start Location

NOLS Noble Hotel 288 Main Street (corner of Third Street and Main Street) Lander, WY | 82520

Arrival

There will be an orientation meeting in the Noble Hotel at 7 p.m. on the evening of Saturday, August 22, 2020. This meeting gives you an opportunity to get acquainted with your instructors and fellow expedition members, as well as to review the course route and schedule.

Departure

Your course ends late in the evening on August 31, 2020. You should plan to leave Lander no sooner than September 1st. Please do not make travel plans that will require you to arrive late for your course or to leave early once your course is over. You may end up missing the start of your course or missing your plane home.

Travel Arrangements

We recommend that you make your travel plans as soon as possible to avoid complications. You should consider purchasing tickets that are refundable or changeable in case unforeseen circumstances arise.

Flights & Shuttle Service

The commercial airport nearest to Lander is Riverton, WY (RIW). You can book a contiguous flight all the way into Riverton on United's website.

There is a shuttle service from the Riverton Airport to Lander offered by <u>Wyoming Share-A-Ride</u>. Transit time is approximately 40 minutes. The cost ranges from \$15-38 depending on the number of passengers, and an advanced reservation is always required. <u>Classic Cruise Control</u> offers taxi service to Riverton for \$42.

The <u>Casper, WY airport</u> (CPR) is another option for accessing Lander. There is a shuttle service from the Casper Airport to Lander offered by <u>Wyoming Share-A-Ride</u>. Transit time is approximately three hours. The shuttle is not available for all flight arrivals and departures times; before booking your flight into Casper, please plan and confirm availability of shuttle.

Please contact Share-A-Ride directly for booking information by calling 307-696-6116 or through their website <u>http://sharearidewyoming.com/</u>. Advance notice and a reservation are required.

You should take the following precautions with your luggage to ensure its timely arrival:

- Carry essential items onto the plane with you, including prescription medications.
- Check your luggage all the way through to your destination, especially if you are changing planes enroute.
- Retain your luggage claim stubs. These are important tools for tracking any missing luggage. Upon your arrival in Lander, promptly inform the Noble Hotel desk clerk if you are missing luggage.

If Delayed

If your arrival in Lander is delayed because of weather or other reasons, and you are not going to be able to make the orientation meeting, please call the NOLS Wilderness Medicine office at (866) 831-9001 during business hours. After

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business hours—from 5:00 p.m. until midnight, any night—please call (307) 335-2265 and leave a message with the Noble desk clerk. The Noble closes at midnight. If you will arrive between midnight and 8:00 a.m., call well before midnight to get instructions on how to get into the Noble after-hours.

Accommodations

Accommodations are dormitory style and are for NOLS students and staff only. Rooms will be available at the NOLS dorm—the historic Noble Hotel, built in 1918—one or two days prior to your course start. The dorm is located at the corner of Third Street and Main Street in Lander, with entry on Third Street.

The Noble desk clerk is on duty from 8:00 a.m. to midnight MT, seven days a week. You can reach the desk clerk by calling (307) 335-2265. All student messages should be directed to this phone number. If the desk clerk is not available, you will have the option to leave a voicemail.

There is no charge to room at the Noble either the night before your course begins or the night it ends. Please do not call to reserve a spot for these dates, as we will be expecting you. **Reservations are not necessary unless you plan to arrive earlier than the day prior to your course**, in which case you will need to contact the Noble desk clerk for confirmation. The charge is \$15 per person per night, payable upon arrival. Other accommodations are available in Lander, and you are welcome to make reservations for additional nights at any number of motels in town. Please contact the Lander Chamber of Commerce at (307) 332-3892 for more information.

Vehicles and Valuables

Personal belongings and vehicles may be stored at the NOLS facility for the duration of your course. Valuables may be checked into our safe. Due care will be taken to prevent theft or damage of your stored items. **NOLS does not assume any liability for lost, stolen, or damaged personal property while in our care.** NOLS will not honor any personal claim for property loss while in our care. If you want insurance coverage for your personal belongings, you must provide it yourself.

Parking is available on a NOLS lot for the duration of your course in an unfenced parking lot with little or no security. If all available spaces are filled or you want more secure storage, private companies offer such facilities for a modest fee. Arrangements can be made on the morning your course begins.

Student Mail

You will be able to receive mail before and after your course; however, you will not receive mail while you are in the field. Inform your family and friends that letters and packages they send to you must include your course code (WME 8/23/20). For example:

Your Name WME 8/23/20 NOLS 288 Main Street Lander, WY 82520

Telephone

You will be out of telephone contact for the duration of your field experience.

First and Last Day

The first days of your course are busy. All phone calls, emails, and personal matters must be attended to the evening before leaving for the field. After an early breakfast on the morning of the second day, instructors will check your equipment and issue any items you need for your course. You will prepare rations and then pack up to leave town. Once last minute details are completed, just after lunch, you will be transported to the field.

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You will travel back to Lander at the end of your course. During the final official day of your course, you will de-issue gear, debrief with NOLS administrators, and have a final celebratory dinner.

Contacting NOLS Wilderness Medicine

For questions concerning course content, enrollment, or continuing education credits, please email wilderness_medicine@nols.edu or call (866) 831-9001 between 8:00 a.m. and 5:00 p.m. MST, Monday through Friday. All completed student forms, tuition payments, and other correspondence should be sent to: NOLS Wilderness Medicine, 284 Lincoln Street, Lander WY, 82520.