



Photo Courtesy of Chris Sparks

## WILDERNESS FIRST RESPONDER RECERTIFICATION (WFR-R)

Sponsored by *Yosemite Bug Rustic Mountain Resort* & NOLS  
Wilderness Medicine



**DATES:** *January 31 to February 2, 2020*

**COST:** *Tuition only \$373, tuition & lunch \$409.00*

FULL PACKAGE, includes accommodation & dinner Friday December 13th accommodation, breakfast lunch & dinner on January 31st & February 1st, and breakfast & lunch on February 2nd. Class finishes in the afternoon of the 2nd.

Camp site \$562.00

Dorm, shared with other students \$583.00

Heated Tent Cabin \$669.00 1 person, \$1,154.00 2 people.

Private Room with shared bathroom \$725, 1 person, \$1,168.00 2 people.

Private Room with private bath \$757, 1 person, \$1,244.00 2 people

**LOCATION:** 6979A Highway 140, Midpines, CA 95345

### **COURSE DESCRIPTION**

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations. You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared.

[Wilderness Medicine Resources](#) page will assist you.

Upon successful course completion, dependent on your current certification, you will earn one of your NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/ Wilderness EMT, Adult and Child CPR & Airway Management; and Epinephrine Auto-injector.

### **CLASS FORMAT AND PERSONAL PREPAREDNESS**

Check-in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM to 5:00 PM. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage-blood and make-up are used to enhance the realism of a scenario. The classroom environment often lends

itself to a pair of comfy shoes and a camp chair.

### **PACKING CHECKLIST**

- Notebook and pencil or pen
- Watch with a second hand or digital second
- Sunglasses and hat
- Water bottle
- Light day pack
- Headlamp
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Camp chair for classroom time (optional)

### **COURSE OUTLINE**

For the full course outline, visit the [NOLS Wilderness Medicine WFR-R](#) course page.

### **REGISTRATION AND TUITION PAYMENT**

Please call 209 966 6666 ext 1, ask for Debra or Caroline or email [caroline@yosemitebug.com](mailto:caroline@yosemitebug.com) to reserve your space in the course. Payment is due 30 days prior to the start of the course. We will require a credit card number to hold a place in the course.

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits.

A full refund will be given if we need to cancel the course for any reason.

## **WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS**

**NOLS Wilderness Medicine Graduates**  
NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

### **Graduates from Other Wilderness Medicine Providers**

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAF certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

## **NOLS WILDERNESS MEDICINE STUDENT AGREEMENT**

Please download the [NOLS Student Agreement](#) and read it carefully as it affects your legal rights.

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

## **Yosemite Bug Rustic Mountain Resort**

### **Cancellations**

If you cancel or withdraws from a course:

- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:

Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

### **Pets**

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

### **Service Animals**

Please contact the Wilderness Medicine office at 1-866-831-9001 if you intend to bring a service animal to the course.

### **Alcohol, Drugs, Tobacco & Weapons**

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom.

## **CONTINUING EDUCATION**

### **EMT Continuing Education**

NOLS Wilderness Medicine is proud to be a [Commission on Accreditation of Pre-Hospital Continuing Education \(CAPCE\)](#) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

## **COLLEGE CREDITS**

### **Pre-Course Access to College Credit**

The WFR-R course is pre-approved for 1 credit through Western State Colorado University or an additional cost. Interested students must initiate registration and payment for credit by contacting Western at least 30 days prior to the course start. More information can be found [here](#).

### **On-Course Access to College Credit**

The WFR-R course is pre-approved for one semester hour credit through the University of Utah for an additional cost. If you are interested in receiving college credit, please ask your instructors on the first day of class for the necessary information.

## **Travel**

<https://www.yosemitebug.com/transportation/>

## **CONTACT INFORMATION**

Please contact us with any questions or concerns you may have.

### **Course Host: Yosemite Bug Rustic Mountain Resort**

*Office Hours: 9am to 5pm Mon - Sun*

*Phone: 209-966-6666 ext 1*

*Email: [Caroline@yosemitebug.com](mailto:Caroline@yosemitebug.com)*

*Fax: 209-966-6667*

*Website: [Yosemitebug.com](http://Yosemitebug.com)*

### **NOLS Wilderness Medicine:**

*Office Hours: M-F from 8am-5pm MST*

*Phone: (866) 831-9001*