

## **HYBRID WILDERNESS FIRST RESPONDER RECERTIFICATION**

Sponsored by Ready SF and NOLS Wilderness Medicine

**DATES:** Oct 19-20  
**COST:** \$330 (tuition only)  
**LOCATION:** Fort Cronkhite Building 1050, Marin Headlands, Sausalito CA  
94965

Also known as 11050 Mitchell Rd, Sausalito, 94965



### **COURSE DESCRIPTION**

Hands-on, meet online. Enjoy our newly formatted WFR Recertification, which includes an online component in addition to the traditional scenarios and skills. Pre-work allows you to review the curriculum at your own pace, and focus on the hands-on element during your two days on course. You'll just need to complete all online components, including a written exam, prior to the course. Once on course, the scenario-based approach to recertification provides you the opportunity to test your skills against realistic situations. You'll practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest updates in wilderness medicine over the course of two days.

Students must successfully complete the online modules prior to arriving at the course. Students must also demonstrate their practical skills during scenarios throughout the in-person portion of the course. Students must successfully complete both components to pass the course and obtain recertification from NOLS Wilderness Medicine.

There are optional review resources (different from the online modules) that may assist your review at: <https://nols.edu/en/resources/wilderness-medicine-resources/>

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/Wilderness EMT (dependent on your current certification), Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

### **CLASS FORMAT AND PERSONAL PREPAREDNESS**

This newly formatted WFR Recertification course includes an online module component. Upon registering, you will receive an email with further information. Three weeks prior to the start of the course you will receive an email with links to online materials (readings and videos) and the written WFR Recertification test. You must complete all online components prior to arriving at the course site. Please note that these online resources are different from the review materials available on the NOLS Wilderness Medicine website.

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m., with an additional evening class on the first day for students needing CPR recertification. Attendance is required at all scheduled classes. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, muddy, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of a scenario.. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair.

#### Packing Checklist

- Notebook and pencil or pen
- Watch with second hand or digital second
- Sunglasses and hat
- Water bottle
- Light day pack
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Camp chair for classroom time (optional)

#### **COURSE OUTLINE**

For the full course outline, visit the Hybrid WFR Recertification course page, scrolling to Section 2 to click on “DOWNLOADS: Course Outline” at:

<https://www.nols.edu/en/courses/courses/hybrid-wilderness-first-responder-recertification-HWRR>.

#### **WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS**

**NOLS Wilderness Medicine Grads:** NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered for NOLS Wilderness Medicine certifications. NOLS Wilderness Medicine certified students should bring their certification card to the course so that the instructor can verify the expiration date.

**Graduates From Other Wilderness Medicine Providers:** NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAF/WFR certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we

have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

### **REGISTRATION AND TUITION PAYMENT**

Tuition payment in full is required to reserve your spot in the course. You can pay your tuition online (we accept Visa or Mastercard), by calling the NOLS Wilderness Medicine office with credit card information, or by mailing a check (with driver's license number).

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits. A full refund will be given if we need to cancel the course for any reason.

### **NOLS WILDERNESS MEDICINE STUDENT AGREEMENT**

Please download this agreement and read it carefully as it affects your legal rights:

[Student Agreement](#)

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

### **NOLS WILDERNESS MEDICINE POLICIES**

#### **Cancellations**

If you cancel or withdraws from a course:

- Greater than or equal to 30 days prior to the course start date, NOLS Wilderness Medicine will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:
  - WFA, WFR-R, WMPP – loss of full tuition.
  - WFR, WAFA, WUMP – loss of course deposit.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

#### **Pets**

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

#### **Alcohol and Tobacco**

No alcohol or tobacco is allowed on site. Please contact the course sponsor with any questions or concerns you may have.

### **CONTINUING EDUCATION AND COLLEGE CREDITS**

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

**Pre-Course Access to College Credit:** The WFR Recert course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$80. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

### **STUDENT LOGISTICS**

**Directions:** The classroom location is: Fort Cronkhite, Building 1050, Marin Headlands, Sausalito, CA 94965 also known as 11050 Mitchell Rd, Sausalito, 94965

From the South: Take Highway 101 North over the Golden Gate Bridge, exiting at Alexander Avenue. Veer to the right. Take the first left turn to the Baker-Barry Tunnel. Go through the tunnel and head west on Bunker Road for about 3 miles, following the brown signs which say "Rodeo Beach". Continue on the road as it hugs the lagoon. At the fork in the road, stay to the left. Go past the Fire station, which is on your right, on your left will be a footbridge to the lagoon, building 1050 is about 50 yds past this on the right hand side. Park in the dirt space across from building 1050 or continue 200 yds to the end of the road and park at the beach parking lot.

From the North: Take Highway 101 South. Go through the Waldo Tunnel. Take the last "Sausalito," just before the Golden Gate Bridge. At the stop sign turn right, passing under the freeway. Take the first left turn to the Baker-Barry Tunnel. Go through the tunnel and head west on Bunker Road for about 3 miles, following the brown signs which say "Rodeo Beach". Continue on the road as it hugs the lagoon. At the fork in the road, stay to the left. Go past the Fire station, which is on your right, on your left will be a footbridge to the lagoon, building 1050 is about 50 yds past this on the right hand side. Park in the dirt space across from building 1050 or continue 200 yds to the end of the road and park at the beach parking lot.

You can also put 11050 Mitchell Rd, Sausalito into Google Maps. This [link](#) will work as well.

### **Meals and Lodging**

There is not a meals and lodging option available for this course. Below are some lodging options. The classroom is about 20 minutes from town, so bringing your lunch is recommended.

**Camping:** <http://www.parksconservancy.org/visit/camp/> - Bicentennial

**Lodging:** Look at [www.hotels.com](http://www.hotels.com), or [airbnb.com](http://airbnb.com) for local options.

**Youth Hostels:** <http://www.norcalhostels.org/marin>

## **CONTACT INFORMATION**

Please contact us with any questions or concerns you may have.

### **Course Sponsor:**

*Email:*            [yacubian@readysf.com](mailto:yacubian@readysf.com)

*Website:*        <http://readysf.com/>

### **NOLS Wilderness Medicine - registration:**

*Office Hours:* *Monday to Friday, 9:00am to 5:00pm Mountain Time.*

*Phone:*            (866) 831-9001

*Email:*            [wilderness\\_medicine@nols.edu](mailto:wilderness_medicine@nols.edu)

*Fax:*                (307) 335-2355

*Website:*        <http://www.nols.edu/wilderness-medicine>