



Photo Courtesy of Justin Alexandre

WILDERNESS ADVANCED FIRST AID (WAFA)

Sponsored by *Far Flung Outdoor Center* & NOLS Wilderness Medicine



DATES: *January 6-10, 2020*

COST: *\$405.00/person; Tuition only*

LOCATION: *Far Flung Outdoor Center, Terlingua, Texas*

COURSE DESCRIPTION

Whether you find yourself on the river or in the mountains, this course is designed for anyone who might have to spend an unexpected night in the backcountry with an injured patient. The 40-hour Wilderness Advanced First Aid (WAFA) curriculum emphasizes long-term care and includes more practice time than an introductory level Wilderness First Aid course. The course includes a range of assessment, trauma, environmental, and medical topics. You will receive up-to-date wilderness medicine curriculum delivered in an intensive, hands-on format. Build confidence in making treatment and evacuation decisions for your clients, friends, or family members.

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid, Epinephrine Auto-injector, and Adult and Child CPR & Airway Management.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check-in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM to 5:00 PM. The class format is classroom lectures integrated with practical scenarios. Attendance is required at all classes. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, and/or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair.

PACKING CHECKLIST

- Notebook and pencil or pen
- Watch with a second hand or digital second
- Sunglasses and hat
- Water bottle
- Light day pack
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the [NOLS Wilderness Medicine WAFA](#) course page.

WAFA/WFR/WEMT RECERTIFICATION REQUIREMENTS

NOLS Wilderness Medicine Graduates
NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAFA certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We

cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download the [NOLS Student Agreement](#) and read it carefully as it affects your legal rights.

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Cancellations

If you cancel or withdraw from a course:

- The deposit of 20% required to hold a place in the course is non-refundable.
- Within 5 days of the course start date, tuition is non-refundable and non-transferable.
- Once the course begins, no refunds will be awarded.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Service Animals

Please contact the Far Flung office at 432-371-2633 if you intend to bring a service animal to the course.

Alcohol, Drugs, Tobacco & Weapons

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom.

CONTINUING EDUCATION

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a [Commission on Accreditation of Pre-Hospital Continuing Education \(CAPCE\)](#) accredited organization. Current EMTs are eligible to receive 32 CEU hours at no additional cost for participation in a Wilderness Advanced First Aid course.

Please bring a photocopy of your current EMT card(s) with you to your course.

COLLEGE CREDITS

Pre-Course Access to College Credit

The Wafa course is pre-approved for 1 credit through Western State Colorado University or an additional cost. Interested students must initiate registration and payment for credit by contacting Western at least 30 days prior to the course start. More information can be found [here](#).

STUDENT LOGISTICS

Meals and Lodging

Meals and lodging are not included in the tuition price. Far Flung Outdoor Center does offer lodging at a discounted rate for Wafa students as well as camping. Please contact Far Flung at 432-371-2633 for more information.

Travel

The course will be held at the Oasis Lodge on the campus of Far Flung Outdoor Center. FFOC is located at 23310 FM 170, Terlingua, Texas 79852. For directions to Far Flung: <https://bigbendfarflung.com/our-location-how-to-arrive/>

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Course Host: Greg Henington

Office Hours: 8-5 M-F (CST)

Phone: 432-371-2633

Email: greg@bigbendfarflung.com

Website: www.bigbendfarflung.com

NOLS Wilderness Medicine:

Office Hours: M-F from 8am-5pm MST

Phone: (866) 831-9001

Email

Website