



Photo Courtesy of Chris Sparks

WILDERNESS FIRST RESPONDER RECERTIFICATION (WFR-R)

Sponsored by YMCA Camp St. Croix & NOLS Wilderness
Medicine



DATES: January 13-15, 2020

COST: \$288 without Lodging, \$365 with Lodging

LOCATION: YMCA Camp St. Croix, 532 County Road F, Hudson WI

COURSE DESCRIPTION

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's

Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations. You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared.

[Wilderness Medicine Resources](#) page will assist you.

Upon successful course completion, dependent on your current certification, you will earn one of your NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/ Wilderness EMT, Adult and Child CPR & Airway Management; and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check-in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM to 5:00 PM. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage-blood and make-up are used to enhance the realism of a scenario. The classroom environment often lends itself to a pair of comfy shoes and a camp chair.

PACKING CHECKLIST

- Notebook and pencil or pen
- Watch with a second hand or digital second

- Sunglasses and hat
- Water bottle
- Light day pack
- Headlamp
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the [NOLS Wilderness Medicine WFR-R](#) course page.

REGISTRATION AND TUITION PAYMENT

A non-refundable, non-transferable deposit of \$250 is required to reserve your spot in the course.

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits.

A full refund will be given if we need to cancel the course for any reason.

WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS

NOLS Wilderness Medicine Graduates
NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid

Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WFAA certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download the [NOLS Student Agreement](#) and read it carefully as it affects your legal rights.

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Cancellations

If you cancel or withdraws from a course:

- Greater than or equal to 30 days prior to the course start date, YMCA Camp St. Croix will retain the \$250.00 administrative deposit. The remainder of tuition collected to date will be refunded.

- Within 30 days of the course start date, tuition is non-refundable and non-transferable.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Service Animals

Please contact the Wilderness Medicine office at 1-866-831-9001 if you intend to bring a service animal to the course.

Alcohol, Drugs, Tobacco & Weapons

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom.

CONTINUING EDUCATION

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a [Commission on Accreditation of Pre-Hospital Continuing Education \(CAPCE\)](#) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

COLLEGE CREDITS

Pre-Course Access to College Credit

The WFR-R course is pre-approved for 1 credit through Western State Colorado University or an additional cost. Interested students must initiate registration and payment for credit by contacting Western at least 30 days prior to the course start. More information can be found [here](#).

On-Course Access to College Credit

The WFR-R course is pre-approved for one semester hour credit through the University of Utah for an additional cost. If you are interested in receiving college credit, please ask your instructors on the first day of class for the necessary information.

STUDENT LOGISTICS

Meals and Lodging

YMCA Camp St. Croix will provide all lunches on the days the course is running. For those that paid for lodging, breakfast, lunch and dinner will be provided every day.

Meal times are 7am, 12pm, 5:30pm

Camp St. Croix lodging will be held in heated, cabins. There are separate cabins for males and females with an open floorplan of 12 beds. Bathrooms and showers are located nearby, but not directly in the cabin.

If staying overnight, participants are required to bring their own bedding and towels.

Travel

The course will take place at YMCA Camp St. Croix, located at 532 County Road F, Hudson, WI. We are located just 40 minutes from the Minneapolis International Airport. When you arrive at camp, you will enter at the Main Camp Entrance. There is a parking lot next to our River Center. Please park in the lot and not the row of parking in the roundabout.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Course Host:

Office Hours: 8am-4pm CST
Phone: 612-465-0580
Email: Niccole.Drinkwine@ymcamn.org
Fax: 715-386-4382
Website: campstcroix.org

NOLS Wilderness Medicine:

Office Hours: M-F from 8am-5pm MST
Phone: (866) 831-9001

Email

Website