



Photo Courtesy of Chris Sparks

WILDERNESS FIRST RESPONDER RECERTIFICATION (WFR-R)

Sponsored by Adventure Outings at CSU Chico
& NOLS Wilderness Medicine



DATES: December 6-8, 2019

COST: \$300.00 Chico State students, \$330.00 all others

LOCATION: Wildcat Recreation Center, 150 Cherry St, Chico, CA

COURSE DESCRIPTION

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations. You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared.

[Wilderness Medicine Resources](#) page will assist you.

Upon successful course completion, dependent on your current certification, you will earn one of your NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/ Wilderness EMT, Adult and Child CPR & Airway Management; and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check-in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM to 5:00 PM. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage-blood and make-up are used to enhance the realism of a scenario. The classroom environment often lends itself to a pair of comfy shoes and a camp chair.

PACKING CHECKLIST

- Notebook and pencil or pen
- Watch with a second hand or digital second
- Sunglasses and hat
- Water bottle
- Light day pack
- Headlamp
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the [NOLS Wilderness Medicine WFR-R](#) course page.

REGISTRATION AND TUITION PAYMENT

Tuition payment in full is required to reserve your spot in the course. You can pay your tuition online (we accept Visa or MasterCard), by calling the NOLS Wilderness Medicine office with credit card information, or by mailing a check (with driver's license number).

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits.

A full refund will be given if we need to cancel the course for any reason.

Course Tuition: \$330.00 general public | \$300.00 Chico State students

WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS

NOLS Wilderness Medicine Graduates
NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This

one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAFA certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download the [NOLS Student Agreement](#) and read it carefully as it affects your legal rights.

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during

the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Full payment is due at the time of registration. Absolutely NO REFUNDS! Please be 100% certain these dates and location will work for you prior to registering.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Service Animals

Please contact the Wilderness Medicine office at 1-866-831-9001 if you intend to bring a service animal to the course.

Alcohol, Drugs, Tobacco & Weapons

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom.

CONTINUING EDUCATION

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a [Commission on Accreditation of Pre-Hospital Continuing Education \(CAPCE\)](#) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

COLLEGE CREDITS

Pre-Course Access to College Credit

The WFR-R course is pre-approved for 1 credit through Western State Colorado University or an additional cost. Interested students must initiate registration and payment for credit by contacting Western at least 30 days prior to the course start. More information can be found [here](#).

On-Course Access to College Credit

The WFR-R course is pre-approved for one semester hour credit through the University

of Utah for an additional cost. If you are interested in receiving college credit, please ask your instructors on the first day of class for the necessary information.

STUDENT LOGISTICS

Meals and Lodging

There is no meals and lodging package available for this course. Here is a list of lodging options and information to assist you in making your own arrangements:

Chico Chamber of Commerce
(530)891-5556
<http://www.chicochamber.com/>

Lodging:

Best Western Chico (530)894-8600
Vagabond Inn (530)895-1323
Holiday Inn Chico (530)345-2491
Hotel Diamond (530)893-3100

Many other hotels/motels are available. Google will help you locate them.

Camping:

Lime Saddle Campground (30 mins. from campus) (530)538-2219
Woodson Bridge Campground (30 mins. from campus)
http://www.parks.ca.gov/?page_id=459

Travel

The course will take place at the Wildcat Recreation Center (WREC) room 250 in

downtown Chico on Cherry st. between 1st and 2nd St. An address for use with GPS is 150 Cherry St., Chico, CA.

Parking

There is a lot of free parking around campus so you should not need to pay for parking. The residential areas between 2nd and 3rd streets have lots of street parking.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Course Host:

Website: <http://ao.csuchico.edu>

Please contact us with any questions or concerns you may have at (530)898-3546 or jbwalker@csuchico.edu.

NOLS Wilderness Medicine:

Office Hours: M-F from 8am-5pm MST
Phone: (866) 831-9001

[Email](#)

[Website](#)

****Please note that you should contact WMI directly with questions about CE's, eligibility, or missing portions of the course.**