



WILDERNESS FIRST AID COURSE

Sponsored by Outlaw Ranch and NOLS Wilderness Medicine

DATES: May 24-25, 2019
COST: \$250 for commuter – no meals
\$330 for 1-night lodging and 4 meals. Thursday lunch and dinner, Friday breakfast and lunch.
LOCATION: Outlaw Ranch
12703 Outlaw Ranch Rd
Custer, SD 57730
(605) 673-4040
matt@losd.org

COURSE DESCRIPTION

Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" Prepare for the unexpected with this fun, hands-on introduction to wilderness medicine.

If you like to take short trips relatively close to medical resources, work at camps or lead wilderness trips, enjoy weekend family outdoor activities, or recreate outdoors, this course is for you.

You'll learn the Patient Assessment System, how to provide effective first aid treatments for injuries and illnesses common in the outdoors, how to manage environmental emergencies, and how to make appropriate evacuation decisions. You will spend half your time practicing skills and participating in realistic scenarios.

NOLS Wilderness Medicine's course is approved by such organizations as the American Camp Association, the United States Coast Guard, and other state as well as federal agencies.

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: *Wilderness First Aid, Epinephrine Auto-injector.*

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is 7:45 a.m. on the first day. Course days run from 8:00 a.m. to 5:00 p.m.

The class format is classroom lectures integrated with practical scenarios, case studies, and skills practice sessions. Attendance is required at all classes.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient.

Frequently stage (mouflage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of comfy shoes and a camp chair.

PACKING CHECKLIST

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the WFA course page:

<https://nols.edu/en/coursefinder/courses/wilderness-first-aid-WFA/>.

The **Wilderness First Aid** (WFA) course is an introductory course for individuals with no prior knowledge and generally does not include CPR.

REGISTRATION

Please visit: <https://www.losd.org/wildernessfirstaid> to register.

A \$75 non-refundable deposit is required to reserve your spot in the course. You can pay your tuition online (we accept Visa or MasterCard), by calling the Outlaw Ranch office with credit card information, or by mailing a check (with driver's license number).

The tuition fee includes instruction, handouts, a field pocket-guide, equipment use, and certification. A full refund will be given if we need to cancel the course for any reason.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights: <https://www.nols.edu/en/filer/public/1481683959/906/>

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Cancellations

If you cancel or withdraw from a course:

- Greater than or equal to 30 days prior to the course start date, Outlaw Ranch will retain the \$75 non-refundable deposit. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Service Animals

Please contact the Outlaw Ranch office at 1-605-673-4040 if you intend to bring a service animal to the course.

Alcohol, Drugs, Tobacco & Weapons

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom or on Outlaw Ranch's property.

COLLEGE CREDIT

Pre-Course Access to College Credit

The WFA course is pre-approved for 0.5 semester hour credits through Western State Colorado University (WSCU) for an additional cost of \$60. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

On-Course Access to College Credit

The WFA course is pre-approved for one semester hour credit through the University of Utah for an additional cost of \$95. If you are interested in receiving college credit, please ask your instructors on the first day of class for the necessary information.

STUDENT LOGISTICS

Meals and Lodging

Meals and lodging are offered for this course at an additional cost. Several local campgrounds and hotels are available within a short driving distance.

Travel

Please see the included map to Outlaw Ranch. Note: Google Maps and other mapping software are not always accurate to our site. Please be sure to use the map.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Course Host

Course Host: Matt Rusch, Camp Director

Office Hours: 8 am – 4 pm Mountain

Phone: 605-673-4040

Email: matt@losd.org

Website: www.losd.org

NOLS Wilderness Medicine:

Office Hours: Monday to Friday, 9:00am to 5:00pm Mountain Time.

Phone: (866) 831-9001

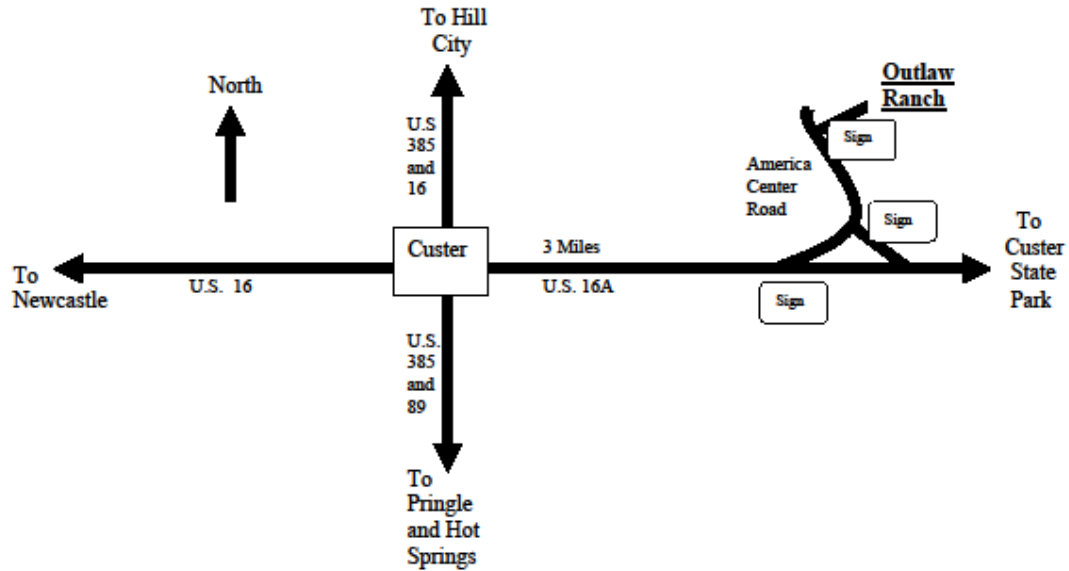
Fax: (307) 335-2355

Email: wilderness_medicine@nols.edu

Website: www.nols.edu/wilderness-medicine



TO OUTLAW RANCH



Directions to Outlaw Ranch From Rapid City

- Take Hwy. 16 South from Rapid City. Take the right fork at the Mount Rushmore turnoff.
- Continue to junction of Hwy 385 and continue through Hill City to Custer.
- In Custer turn left at the stoplight and continue east on Hwy 16A toward Custer State Park. About 3 miles out of Custer look for "Outlaw Ranch" sign.
- Turn left onto America Center Road, follow road 1/3 mile to gravel road (and "Outlaw Ranch" sign), staying to the left.
- Continue on America Center Road about 1 mile to Outlaw Ranch entrance.