

WMI WILDERNESS FIRST AID

Sponsored by Teton Science Schools (TSS)
and the Wilderness Medicine Institute of NOLS (WMI)

DATES: August 9-11, 2019
COST: \$310 Tuition Only (no meals or lodging provided)
LOCATION: Jackson Campus of Teton Science Schools, Jackson, WY

COURSE DESCRIPTION

Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" Prepare for the unexpected with this fun, hands-on introduction to wilderness medicine. If you like to take short trips relatively close to medical resources, work at camps or lead wilderness trips, enjoy weekend family outdoor activities, or recreate outdoors, this course is for you. You'll learn the Patient Assessment System, how to provide effective first aid treatments for injuries and illnesses common in the outdoors, how to manage environmental emergencies, and how to make appropriate evacuation decisions. You will spend half your time practicing skills and participating in realistic scenarios. NOLS Wilderness Medicine's course is approved by such organizations as the American Camp Association, the United States Coast Guard, and other state and federal agencies. Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness First Aid, Epinephrine Auto-injector, and Adult and Child CPR & Airway Management on courses with the CPR module. The schedule for the 16-hour WFA section and the 4-hour CPR section of the course is as follows: CPR August 10, 5-9 pm; WFA August 11-12, 8:00 am – 5:00 pm.

RECERTIFICATION REQUIREMENTS

NOLS Wilderness Medicine certification holders may take a Wilderness First Aid (WFA) course to recertify a WAFA, WFR or WEMT certification. Certification holders from other wilderness medicine training organizations cannot recertify through a Wilderness First Aid course. NOLS Wilderness Medicine certifications will be afforded a one-year period after expiration within which to recertify. You should bring your certification card to the course so the instructor can verify the expiration date. For more information please visit our recertification policy at the following link: <https://nols.edu/en/courses/wilderness-medicine/recertify/>

The Wilderness First Aid course is an introductory course for individuals with no prior knowledge and generally does not include CPR. The preferred way to recertify your certification is to enroll in a Wilderness First Responder Recertification course, or through our Hybrid WFR Recertification course, which adds an online component in addition to traditional scenarios and skills. These courses are specifically designed for students needing recertification. You can find more information at the links below.

WFR-R: <https://www.nols.edu/en/courses/courses/wilderness-first-responder-recertification-WFRR/>

Hybrid WFR-R: <https://www.nols.edu/en/courses/courses/hybrid-wilderness-first-responder-recertification-HWRR/>

You will be required to pass both a written and a practical test. Check the following web page for information and resources on how to best prepare for your course. <https://nols.edu/en/resources/wilderness-medicine-resources/>

REGISTRATION/POLICIES

Full course tuition is required to reserve your spot in the course. Tuition is payable by check (with driver's license number), Visa/MasterCard/Discover/AmEx or cash. The tuition fee covers textbooks, syllabus, equipment and certifications. NOLS Wilderness Medicine is not obligated to allow any student to attend a course until all NOLS Wilderness Medicine & TSS paperwork has been received, reviewed and approved. A full refund will be given if we need to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- ❖ Greater than or equal to 30 days prior to the course starting date, TSS will retain a \$35.00 administrative fee.
- ❖ Within 30 days of the course start date, tuition is non-refundable and non-transferable.

FORMS REQUIRED FOR PARTICIPATION

Please download this agreement and read it very carefully as it affects your legal rights:

https://www.nols.edu/media/filer_public/1c/20/1c20e13a-7019-4cf8-b730-6ffa053e482b/wmi_agreement_2017_january.pdf

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course. **NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.**

CLASS FORMAT & EQUIPMENT

Check in is at 4:45 PM on the first day of the course. Course days run from 5:00 – 9:00 PM that day. The following two course days run from 8:00 am – 5:00 pm. Scenarios and practice sessions will take place both inside and outside. Frequently the application of stage (moulage) blood and make-up are used to emphasize the reality of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair. Please bring outdoor clothing appropriate for lying on the potentially wet, snowy, and/or cold ground playing the role of both rescuer and patient. Come equipped with a light daypack, waterproof top and bottoms, sturdy shoes, and layers well suited for spending time outdoors in unpredictable Jackson Hole weather.

No meals or lodging is included. Participants must bring their own lunches and snacks.

COLLEGE CREDIT

Pre-Course Access to College Credit

The WFA course is pre-approved for 0.5 semester hour credits through Western State Colorado University (WSCU) for an additional cost of \$60. Thirty days prior to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

On-Course Access to College Credit

The WFA course is pre-approved for one semester hour credit through the University of Utah for an additional cost of \$95. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

ARRIVALS AND DEPARTURES

Participants should arrive at 4:45 PM on Friday. Class will run from 5-9 PM on Friday and 8 AM-5 PM on Saturday and Sunday. Departure is after class on Sunday.

There are several taxi companies in the Jackson area. For complete transportation information, you may contact the Jackson Chamber of Commerce on the internet at www.jacksonholechamber.com or 307-733-3316.

TRAVEL DIRECTIONS

Our Jackson Campus is located at 700 Coyote Canyon Rd, Jackson, WY. **Please do not confuse this location with the Kelly Campus.** Parking at Jackson Campus is in the lower lot, first lot on the right. Travel directions attached.

COURSE POLICIES

PETS ARE NOT ALLOWED AT THE COURSE SITES. THIS INCLUDES LEASHING THEM OUTSIDE OR KEEPING THEM IN YOUR VEHICLE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

All participants may have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the **sole risk of the participant**. TSS is not responsible for participants at any time.

All staff and participants are expected to assist with daily chores such as meal service and cleanup, tidying classroom/living space and weekly "Hands to Work" cleanup. TSS does not maintain a nut free food environment.

NO SMOKING OR ALCOHOL OR WEAPONS ARE ALLOWED ON SITE

CONTACT INFORMATION

Please contact us with any questions or concerns you may have. TSS office hours are Monday - Friday, 8:00 AM - 4:30 PM Mountain Time. Phone: 307-734-3707 or Email: registrar@tetonscience.org www.tetonscience.org

Specific course related questions should be directed to Wilderness Medicine Institute of NOLS, 284 Lincoln St, Lander, WY 82520 toll free phone: 866-831-9001 fax: 307-335-2355 email: wmi@nols.edu website: <http://nols.edu/wmi>

Getting to Jackson Hole, WY

By Air: Jackson Hole Airport (JAC) is 20 minutes from our campus and is serviced by American, Delta, Skywest, and United. You may also want to check rates and availability through Salt Lake City, Utah (a five hour drive to Jackson) or Idaho Falls, Idaho (two hour drive).

Car Rental: If you plan on renting a car before, during or after the course, Alamo, Avis and Hertz are available at the Jackson Hole airport. We recommend you make your car rental reservation in advance of the course.

By Car or Bus: If you are driving to Jackson Hole, there is free parking at the campus.

Driving Directions to the Jackson Campus:

From the north:

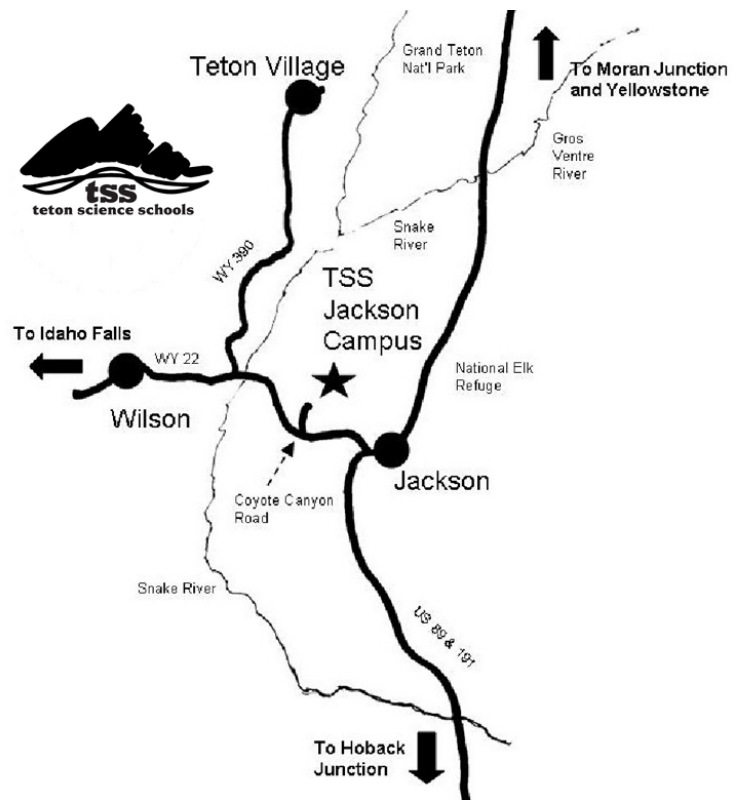
Follow HWY 89/191 south to the Jackson Town Square. Turn right at the square onto Broadway. Continue 1.5 miles on Broadway to the US 89/191 and HWY 22 intersection (Albertsons & Wells Fargo on your left). Turn right onto HWY 22. Head west on HWY 22 for approx. 1.7 miles. Watch for the Teton Science Schools sign on the right at Coyote Canyon Road. Turn right onto Coyote Canyon Road. Follow Coyote Canyon Road 0.6 miles to the Jackson Campus.

From the south:

Follow HWY 89/191 north to the US 89/191 and HWY 22 intersection (Albertsons on your right side). Turn left at the light onto HWY 22. Proceed on HWY 22 for approx. 1.7 miles. Watch for the Teton Science Schools sign on the right at Coyote Canyon Road. Turn right on Coyote Canyon Road and follow it 0.6 miles to the Jackson Campus.

From the west:

Follow HWY 22 (from Teton Pass) east to the town of Wilson. Stay on HWY 22. You will reach the HWY 390 junction after approx. 1.5 miles. Continue on HWY 22. Travel approx. 2.4 miles past the HWY 390 junction. Watch for the Teton Science Schools sign on the left at Coyote Canyon Road. Turn left onto Coyote Canyon Road and follow it 0.6 miles to the Jackson Campus.



Approximate Distances to the Jackson Campus:

From the North

Moran Junction	35 miles
Moose Junction	15 miles
Airport	13 miles

From the South

Hoback Junction	14 miles
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From the West

Wilson (Post Office)	3.5 miles
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NOLS Wilderness Medicine Institute

Wilderness First Aid Course Schedule

DAY 1

Evening

CPR

DAY 2

Morning

Introductions

Patient Assessment System

Afternoon

Emergency and Evacuation Plans

Spine Injury

Head Injury

Shock

Wilderness Wound Management

DAY 3

Morning

Wilderness Wound Management (cont.)

Scenario

Musculoskeletal Injury

Heat Illness

Afternoon

Scenario

Cold Injury

Lightning

Altitude Illness

The Medical Patient

Anaphylaxis

Closure