



WILDERNESS FIRST RESPONDER COURSE

Sponsored by Telunas Resorts and NOLS Wilderness Medicine Institute

DATES: July 28 – August 5, 2019**

COST: IDR 17,800,000 (Includes tuition, all room and board and transport between Sekupang Ferry Terminal in Batam and Telunas. Does not include international ferry or airfare to Batam.)

DEPOSIT REQUIRED: IDR 7,500,000

LOCATION: Sugi Island, Riau Province, Indonesia (1.5 hours off the coast of Batam)

***Though the actual course runs from July 28 - August 5, due to the remote location of Telunas Beach Resort and the limited access to transportation to that area, all participants will be required to arrive on July 27 and leave on August 6.*

COURSE DESCRIPTION

The Wilderness First Responder course is essential if you work or recreate in the outdoors or in other austere environments where access to medical care is delayed or communication is unreliable. It is the industry standard for professional guides, trip leaders, search and rescue team members, outdoor recreationists, and international travelers. Upon completion, you will be able to conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness, and make crucial evacuation decisions. During this fast-paced, engaging course, you will spend half your time practicing skills and participating in realistic scenarios, including a full-scale night mock rescue.

NOLS Wilderness Medicine's nationally recognized curriculum encompasses a wide range of topics including long-term patient care, wound management, selective spine immobilization, reducing dislocations, litter packaging, and epinephrine administration. Dynamic educators who have practiced medicine in both wilderness and urban environments will teach you skills and protocols to step forward in an emergency, and you will finish the intensive 80-hour course with the tools and confidence to manage patients in the backcountry for multiple days.

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness First Responder, Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 3:00pm on July 27 at Sekupang International Ferry Terminal in Batam, Indonesia. From there, everyone will take the Telunas private boat about 1.5 hours to Telunas Beach Resort. Classes will start at 8:00am on the following day. Course days run from 8:00am – 5:00pm, plus two evening sessions. The format for this 80-hour WFR is classroom lectures integrated with practical scenarios. Attendance is required for all scheduled classes. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on potentially wet ground, playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. The classroom environment lends itself to a pair of comfy shoes/slippers.

PACKING CHECKLIST

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Headlamp / Flashlight
- ✓ Water bottle
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Lightweight clothing, fitting for the tropics
- ✓ One pair of lightweight long pants
- ✓ Lightweight jacket (for the four-hour evening outdoor mock rescue)
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for outdoor classroom time (optional)

REGISTRATION/POLICIES

A deposit of IDR 7,500,000 is required to reserve a space in the course. Tuition balance is due the first day of the course and is payable Visa or cash (Indonesian Rupiah only). The tuition fee covers textbooks, syllabus, equipment and certifications. WMI is not obligated to allow any student to attend a course until all WMI paperwork has been received, reviewed and approved by WMI. A full refund will be given if we need to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, Island Connections International will retain a IDR 500,000 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights:
<https://www.nols.edu/en/filer/public/1481683959/906/>

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

CONTINUING EDUCATION

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 70 CEU hours at no additional cost for participation in a Wilderness First Responder course.

Please bring a photocopy of your current EMT card(s) with you to your course. Also, ensure that CAPCE CEUs will be accepted by your State EMS organization.

Fellowship in the Academy of Wilderness Medicine (FAWM)

Through joint sponsorship with the Wilderness Medical Society active members of WMS may earn up to 55 hours at no additional cost for participation in the Wilderness First Responder course. Learn more about WMS here: www.wms.org

COLLEGE CREDITS

Pre-Course Access to College Credit

The WFR course is pre-approved for three semester hour credits through Western State Colorado University (WSCU) for an additional cost of \$240. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

On-Course Access to College Credit

The WFR course is pre-approved for three semester hour credits through the University of Utah for an additional cost of \$300. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

TRAVEL AND DIRECTIONS

This course will take place at Telunas Beach Resort. We are located in at 103.46° E, 0.47° N on Sugi Island. For more information, visit <http://www.telunasresorts.com/telunas-beach/>

It will be the participant's responsibility to arrive at Sekupang Ferry Terminal in Batam, Indonesia, by 3:00 pm on July 27, 2019. We will have Telunas staff there to meet you at that time and to transfer you to our private boat for the 1.5 hour trip to Telunas Beach Resort. You will leave Telunas on August 6 at 9:15 am, arriving back at Sekupang by 10:30 am.

If arriving by International Ferry from Singapore:

Please take the 3:10 pm Batam Fast Ferry from Harbourfront Ferry Terminal to Sekupang Ferry Terminal. (Note: Batam is one hour behind Singapore time. You will leave Singapore at 3:10pm and arrive in Batam at the same time.)

We advise all guests to make an advance booking with Batam Fast Ferry (reservations@batamfast.com or Tel. +65 6270 2228 • Fax +65 6270 1113) for the Harbourfront

(Singapore) to Sekupang (Batam) leg so that you are ensured a seat on the ferry. (For travel on weekends and holidays you will need an advance booking.)

Please book on the following timings:

- Arrival ferry (from Singapore): Select the 3.10pm departure from Harbourfront to Sekupang, Batam
- Departure (return): Purchase the 12.30pm departure from Sekupang (Telunas boat departs Telunas Resorts at 9.00am).

Please arrive at the ferry ticket counter in Harbourfront no later than 45 minutes before departure, as their check-in systems will close within 30 minutes of the departure time and you will not be able to get on the ferry even if you have an advance booking.

When you make the advance booking we do ask that you send us an email to confirm this and then bring the "advance booking" document that you filled out for Batam Fast Ferry with you to Batam. We will use this document to "advance book" your return trip to Singapore. This will make the advance booking process run smoothly.

If arriving at the Hang Nadim airport in Batam (BTH):

Please hire a taxi from the airport to Sekupang International Ferry Terminal. The cost will be about Rp. 150.000.

Note: Other charges may apply if participants arrive prior to 3:00 pm and require assistance from Telunas.

LODGING AND MEALS

This program includes dorm room accommodation at Telunas Beach Resort. Linens and towel will be provided. WiFi is not available for participants, however sim cards are available for purchase and 3G is usually possible with this provider. The meal program includes three buffet-style meals per day. If you have specific dietary requests, please make these clearly known to Telunas.

COURSE POLICIES

No pets, alcohol, tobacco or weapons of any kind are allowed on site.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have by emailing experience@telunasbeach.com

COURSE OUTLINE

For the full course outline, visit the WFR course page:

www.nols.edu/en/coursefinder/courses/wilderness-first-responder-WFR/

NOLS Wilderness Medicine:

Office Hours: Monday to Friday, 9:00am to 5:00pm Mountain Time.

Phone: (866) 831-9001 Fax: (307) 335-2355

Email: wilderness_medicine@nols.edu

Website: www.nols.edu/wilderness-medicine