



WILDERNESS FIRST AID COURSE
Sponsored by Camp Chief Ouray and the NOLS Wilderness Medicine Institute

DATES: May 27-28, 2019
COST: \$265 (includes lodging), \$235 (without lodging)
LOCATION: Granby, CO

COURSE DESCRIPTION

Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" In this fast-paced and hands-on course, you will learn how to prepare for the unexpected.

The NOLS Wilderness Medicine Institute's (WMI) curriculum includes many advanced topics that other programs leave out such as dislocation reduction and epinephrine administration. In just two days, you will have the knowledge, skills and ability to make sound decisions in emergency situations.

This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other government agencies. **This course does not include CPR.**

CLASS FORMAT AND PERSONAL PREPARADNESS

Check in is at 7:45 am on the first day of the course. Course days run from 8:00 am to 5:00 pm.

Classroom lectures will be integrated with practical scenarios. The classroom environment generally lends itself to a pair of comfy shoes or slippers.

Practice scenarios will take place both inside and outside. Stage (moulage) blood and make-up are frequently used to emphasize the reality of a scenario. Please bring outdoor clothing appropriate for lying on the potentially wet, snowy, and/or cold ground. Come equipped with a light daypack, waterproof top and bottoms, sturdy shoes, and layers well suited for spending time outdoors at your course location.

RECERTIFICATION REQUIREMENTS

WMI graduates may take a Wilderness First Aid (WFA) course to recertify their WFA, WFR or WEMT (wilderness portion only). WMI certifications will be afforded a one-year re-entry period after expiration within which to recertify. **This course cannot be used as a WFR or WEMT re-certification course if you hold a certification from a provider other than WMI.**

For further information, see the Recertification FAQ portion of our website at: www.nols.edu/wmi/admissions/recertification.shtml. If recertifying, you must submit a photocopy of your current certification card(s) on the first day of the course. We cannot issue you a new certification until we verify your previous training.

The Wilderness First Aid course is an introductory course for individuals with no prior knowledge and generally does not include CPR. It is not designed as a recertification course. Participants using the WFA course to recertify their WFR will be required to pass both a written and a practical test on the second day of the course. Check the following web page for information and resources on how to best prepare for your course: <http://rendezvous.nols.edu//content/category/48/268/964/>.

REGISTRATION AND POLICIES

Payment in full is required to reserve your spot in the course. Tuition is non-transferable and is payable by check (with driver's license number), Visa/MasterCard or cash. Tuition covers textbooks, syllabus, course equipment, and certification cards. WMI is not obligated to allow any student to attend a course until all WMI paperwork has been received, reviewed and approved by WMI. A full refund will be given if we need to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, WMI will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable.

WMI STUDENT AGREEMENT

(Including Assumption of Risks and Agreements of Release and Indemnity)

Please download this agreement at http://www.nols.edu/wmi/pdf/wmi_agreement.pdf and read it carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

COLLEGE CREDIT

Pre-Course: [Central Wyoming College \(CWC\)](#) and [Western State Colorado University \(Western\)](#) provide an open enrollment opportunity prior to a WMI course. Thirty days prior to the WMI course, interested students must initiate registration and payment for credit by requesting the enrollment forms for CWC or Western from WMI.

Western State Colorado University Credits and Costs: WFA 1 credit ROE 397 \$80

On-Course: The WFA course is pre-approved for one semester hour credit through the University of Utah for an additional cost of \$95. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

TRAVEL AND DIRECTIONS

Camp Chief Ouray, near Winter Park, CO, is located at Snow Mountain Ranch/YMCA of the Rockies. Drive from Denver: I-70 west; take Exit 232 to Winter Park/US 40, go over Berthoud Pass, and drive through the towns of Winter Park, Fraser, and Tabernash. Four miles past Tabernash turn left off of US 40 at white sign that says "Snow Mountain Ranch/YMCA of the Rockies". The classroom is located down the road at Camp Chief Ouray. Please see attached map for directions once you have arrived on site.

LODGING

If you choose to add housing to your tuition, you will be provided with bunk room style housing free of charge. Each room will hold between ten and fifteen people. Each participant will be provided with a twin sized bed, however linens will not be provided. For information regarding a private room, please contact the office at the information located at the bottom of the page.

FOOD OPTIONS

Meals are not included with tuition. However, during the course, the participants will have access to a full kitchen to prepare their own meals. Some options for nearby grocery stores:

City Market – approximately 7 miles
1001 Thompson Rd
Granby, CO

Safeway – approximately 10 miles
County Road 804
Fraser, CO

There are various restaurants in the surrounding towns, but on Snow Mountain Ranch property, there are a few options at which to eat:

Schlessman Commons

Breakfast, lunch and dinner are served every day in an all-you-can-eat buffet style dining hall. Fresh salad bar, delicious desserts and homemade specialties accompany every meal. Enjoy the majestic mountain views while dining with your family and friends. Meals are available on a pay-as-you-go basis.

Current hours and prices:*

*Subject to change at any time

Breakfast:

7:00am – 9:00am

Adults: \$8

Lunch:

11:30am – 1:00pm

Adults: \$10

Dinner:

5:00pm- 7:30pm

Adults: \$14

Buffet meals include salad bar, entrees, desserts and beverages.

Buckboard Grill & Grocery

Located in the Administration Building, providing snacks, sandwiches, hot grill items and a small variety of grocery supplies. Hours vary with seasons, please call for schedule.

COURSE POLICIES

PETS ARE NOT ALLOWED AT THE COURSE SITE. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. All participants must be checked out of housing by 6:00 PM on May 29th. No exceptions. **NO ALCOHOL, DRUGS OR TOBACCO ARE ALLOWED ON-SITE.**

CONTACT INFORMATION

We hope this information is helpful. Please contact us with any questions or concerns you may have.

Our office hours are Monday - Friday, 9:00am - 5:00pm Mountain Time.

Phone: 970-887-2648

FAX: 303-648-5949

E-mail: chiefouray@ymcarockies.org



NOLS Wilderness Medicine

Wilderness First Aid Course Schedule

DAY 1

Morning

Introductions
Patient Assessment System

Afternoon

Emergency and Evacuation Plans
Spine Injury
Head Injury
Shock
Wilderness Wound Management

DAY 2

Morning

Wilderness Wound Management (cont.)
Scenario
Musculoskeletal Injury
Heat Illness

Afternoon

Scenario
Cold Injury
Lightning
Altitude Illness
The Medical Patient
Anaphylaxis
Closure