WILDERNESS MEDICINE EXPEDITION

Welcome Letter & Forms Packet

Welcome to the Wind River Range Backpacking Expedition!

Thank you for your participating in this unique training opportunity through NOLS Wilderness Medicine. Your course code is WME 8/25/19 (Course ID 13931).

This packet includes the WME course statement, student agreement form, health form, and insurance form. These forms should be returned with your tuition balance by **June 21**st, **2019**. Final acceptance on this course is contingent upon receipt and approval of the materials listed, as well as tuition balance.

In addition, there are several documents for you to read in preparation for your course, including: Course Description, Travel & Logistics, & an Equipment List accessible at: https://www.nols.edu/portal/wmi/courses/13931/

For further questions regarding course travel and logistics, please contact the NOLS Wilderness Medicine Admissions team at 1-866-831-9001 or wilderness_medicine@nols.edu.

Please plan for a focused but fun course. Don't hesitate to phone or email us with any questions or suggestions you may have.

Sincerely,

NOLS Wilderness Medicine Admissions Team 284 Lincoln St.
Lander, WY 82520
wilderness medicine@nols.edu
Direct Line 1-866-831-9001
Fax 307-335-2355

Course Statement

Wilderness Medicine Expedition Wind River Range Backpacking, Lander, WY August 25 – September 2, 2019

The DEADLINE to submit enrollment forms and payment for balance of course fees is JUNE 21, 2019.

	1 3		,
Student Name:			
In addition to this 2-page Cour	ese Statement, please return the follow	ving information fro	m the forms packet:
Student Agreement Form	n (including assumption of risks and a	agreements of release	e and indemnity)
Health Form			
Insurance Form			
Tuition and Balance Due			
	Tuition	\$2,375.00	
	Tuition Protection Program (optional)	\$142.50	
	Less: Deposit	(\$500.00)	
	Balance Due	\$2,017.50	
Less than 45 dayParticipants will be requi-Although we rarely need		course has begun, the incurred in evacuation course or change a co	ere will be no refunds. In them from the course.
•	accept coverage, no further action is a uition is included in your balance due for	• /	on Program. More information
please call the office for us to sen	is strongly recommended to protect you d plan information to you specific to you an anytime prior to payment of plan cos	ar state or province of	f residence. You may decline
	on Program: I have read and understant ecline the Tuition Protection Program:	d the Brochure and G	General Student Tuition

Signature Declining Coverage: ______ Date: _____

Person to notify in case of emergency (required by					
Name: Phone: Day:					_
Address:	_				
Street	City	State	;	Zip	_
Relationship to applicant (circle one): Parent Spouse	•	Friend	Guardian	_	Partner
Applicant's Work History					
Occupation:					
Title:					
Employer:					
Admi	ission Policie	s			
NOLS seeks students who are motivated to learn outdoor emotionally, and are socially responsible. NOLS is not an motivational or rehabilitation issues. We will deny admissional or safety demands of our courses.	n appropriate choice	for individua	als dealing v	with behavioral,	•
Student Behavior and Discipline					
NOLS will expel any student who exhibits behavior that course. Harassment, use of drugs and alcohol, theft or mexamples of behavior that will lead to expulsion. If a student will be student will be a student will be a student will be a student wi	nisuse of property, lo	w motivation	n and disreg		
Equal Opportunity					
NOLS does not discriminate on the basis of race, color, the administration of its admission or employment polici		l orientation	, national o	rigin, age or disa	ability in
I have read, understand, accept and agree to abide by the understand the relationship between NOLS and me will suit, mediation, or arbitration of any dispute with NOLS am not accepted on my course until all the enrollment for permission to share my contact information with other Nor strategic partners in which NOLS graduates may be ininformation and picture in promotional materials.	be governed by the samust be filed exclusions have been received NOLS students or grant to the samuel be supported by the samuel	ubstantive la ively in the S ved and appraduates and/	nws of the State of Wyo coved by No or with env	State of Wyomin oming. I unders OLS. I give NO vironmental orga	ng and any tand that I LS anizations
Signature of Applicant:			Date		

STUDENT AGREEMENT

(INCLUDING ACKNOWLEDGEMENT AND ASSUMPTION OF RISKS & AGREEMENTS OF RELEASE & INDEMNITY)



	N/A for WME applicants
Student Name (Print)	Application ID #

Please read this document carefully. It must be signed by all students and a parent or guardian if the student is a minor. "Student" includes adult and minor students, unless indicated otherwise. In consideration of the services provided by the National Outdoor Leadership School, hereafter referred to as NOLS, I agree, for myself (and for the minor student if I am signing as a parent or guardian), to the following:

ACTIVITIES AND RISKS

I understand that NOLS courses primarily live, camp and travel out of doors, but may also include indoor classrooms. Activities vary from course to course and can include, but are not limited to, camping, hiking, and backpacking through mountainous and other terrain, mountaineering and climbing on rock cliffs, steep snow, ice or glaciers, whitewater kayaking, rafting, and canoeing, sea kayaking, ocean sailing, horsepacking, skiing, snowboarding, fishing, caving, and service work such as trail building. I further understand and acknowledge that the activities of the courses have risks, some of which are inherent. Inherent risks are those which cannot be eliminated without destroying the unique character of the activities. The same elements that contribute to the unique character of these activities and promote our educational objectives can cause loss or damage to equipment, accidental injury, illness, or, in extreme cases, permanent trauma, disability or death. The following describes some, but not all, of the inherent risks of NOLS courses:

- NOLS activities may be strenuous, physically and emotionally.
- NOLS courses usually occur in remote places. They occur on lands open to the public, and exposed to the acts of persons not associated with NOLS and who may pose risks. The remote locations may be many days from medical facilities. Communication and transportation are difficult and evacuations and medical care may be significantly delayed.
- Physical activities include, but are not limited to, walking, hiking, backpacking, climbing, paddling, repetitive lifting, and use of hand tools. Certain activities will require travel by vehicle, raft, canoe, kayak, sail and other boats, horse, aircraft, train, skis, snowboards, on foot and by other means, over improved and unimproved roads, rugged trails and off-trail terrain, including boulder fields, downed timber, rivers, rapids, river crossings, high mountain passes, snow and ice, steep slopes, slippery rocks, steep or crevassed glaciers, ocean tides, currents, waves, surf, and reefs. Travel risks include collision, falling, capsizing, drowning, becoming lost, and other risks usually associated with such travel, including environmental risks.
- Environmental risks and hazards include, but are not limited to, flowing, deep and/or cold water; harmful insects, snakes, predators, and large animals; falling and rolling rock; lightning, avalanches, flash floods, falling timber, and forces of nature, including weather which may change to extreme conditions quickly or unexpectedly. Possible injuries and illness include hypothermia, frostbite, immersion foot, high altitude illnesses, sunburn, heatstroke, dehydration, insect or animal-borne diseases, and other mild or serious conditions.
- Camping risks include, but are not limited to, injuries such as burns and cuts, sprains, strains and other injuries from slips, falls, and lifting, and illnesses including diarrhea and flu-like illness. Meals are prepared over gas stoves and open fires. Water may require disinfection before use. Students with food allergies or sensitivities may come in contact with offending food types.

- Equipment may fail or malfunction.
- On most courses wilderness first aid training is conducted and students may participate in realistic simulated injury and illness scenarios and will at times act the role of patient, being handled, carried and otherwise treated as patients of a simulated medical emergency. Risks may include being dropped or otherwise mishandled while being carried; unwelcome touching while acting in the role of patient in a scenario; and emotional distress in response to training scenarios.
- In addition, on courses that include a wilderness medicine training module through NOLS Wilderness Medicine, students may also use and practice with various medical equipment.
- In addition, on courses that include a wilderness EMT module (Wilderness Rescue Semester) that is taught in town, students will spend some of their time at local hospitals in contact with patients. They also may need to arrange their own transportation to locations away from the primary classroom to practice scenarios or training at local hospitals. This travel is not supervised by NOLS and includes the use of personal vehicles and/or carpooling in vehicles not owned or controlled in any way by NOLS.
- Decisions made by the instructors, other staff (including volunteers), contractors and students will be based on a variety of perceptions and evaluations, which by their nature are imprecise and subject to errors in judgment. Misjudgments may pertain to, among other things, a student's capabilities, environment, terrain, water and weather conditions, natural hazards, travel routes, and medical conditions.
- On most NOLS courses, small groups of students travel at times during the day, and possibly for several days and nights, without instructors.
- NOLS is not responsible for students, including minors, before and after their course (per stated beginning and ending dates and times). On some courses students, including minors, may have "free" time in a town or other locations out of the field while in transition from one field section to the next. NOLS has no responsibility for students during this free time and students accept the risks that arise from this unsupervised free time. NOLS staff may from time to time provide assistance or even accompany students in these free time activities, but in doing so, they are acting as private individuals, and NOLS is not responsible for their conduct.
- During the course, between the stated start and end dates and times, except during free time as described above, students are considered to be "participating" in their NOLS course. Participation includes, but is not limited to, involvement with activities, time spent at rest and while sleeping, and during formal classes. However, NOLS cannot continually monitor the behavior and activities of students and students must accept responsibility for themselves and others and accept the risks, whether or not under the direct supervision of NOLS staff.
- NOLS courses in foreign countries may be exposed to laws, legal systems, customs and behaviors, and to animals, diseases, and infections, not common to the United States. In addition, these courses may be subject to dangerous road travel, political unrest, riots, demonstrations, banditry, terrorism, and other criminal conduct, including drug related activities.
- NOLS courses are instructional in nature. Students accept the risks of instructional activities, which are intended to challenge students to expand their skills and judgment.

I have read and understand the general information about NOLS and its courses on the NOLS website, the NOLS Viewbook, student handbook, learning goals and objectives and other NOLS enrollment materials. This information includes NOLS' Admission Policies, the statement titled Risk Management at NOLS, the course description and other material provided by NOLS describing or related to my course. I agree to the terms and policies stated in all the above-mentioned materials. The staff of NOLS has been available to more fully explain the nature and physical demands of the activities in which I (or the minor student) will be engaged, and certain inherent and other risks of my NOLS activity.

ACKNOWLEDGMENT AND ASSUMPTION OF INHERENT AND OTHER RISKS

I understand and acknowledge that the description above ("Activities and Risks") of the inherent risks of NOLS' courses is not complete and that other, including unknown or unanticipated, risks, inherent and otherwise, may result in injury, illness, death, or property loss. I acknowledge that my (or the minor student's) participation in this NOLS course is purely voluntary, and I wish to (or have the minor student) participate in spite of and with knowledge of the inherent and other risks involved. I acknowledge and assume the inherent risks described above and all other inherent risks of my (or the minor student's) NOLS course as well as any other risks of enrolling, participating in, or being present on a NOLS course or during free time. For activities that occur on National Park Service land and to the extent required by law, the above acknowledgement and assumption of risks is limited to assuming only the inherent risks.

AGREEMENTS OF RELEASE AND INDEMNITY

I hereby forever release, hold harmless and agree not to sue NOLS, its officers, trustees, agents, and staff including employees, volunteers and interns ("Released Parties"), with respect to any and all claims of loss or damage to person or property by reason of injury, disability, death, or otherwise, suffered by me (or by a minor student for whom I sign), arising in whole or part from my (or the minor student's) enrollment, participation, or presence on a NOLS course. I agree further to indemnify ("indemnify" meaning to defend, and to pay or reimburse, including costs and attorney's fees) Released Parties against any claim by a member of my (or the minor student's) family, a rescuer, another student, or any other person, arising in whole or part from an injury or other loss suffered by or caused by me (or by the minor student), in connection with my (or the minor student's) enrollment, participation in, or presence on a NOLS course. This release and indemnity includes any and all claims arising before or after the course or during any free time. These agreements of Release and Indemnity are intended to be enforced to the fullest extent permitted by law and include claims of negligence, but not claims of gross negligence or intentionally wrongful conduct. For activities that occur on National Park Service and U.S. Forest Service Region Four lands and to the extent required by law, the above release and indemnity provisions are limited to claims arising from my (or the minor student's) acts or omissions.

OTHER PROVISIONS

I have verified with my (or the minor student's) physician and other medical professionals, or otherwise satisfied NOLS, that I have (or the minor student has) no past or current physical or psychological condition that might affect my (or the minor student's) participation on the course, other than as described on the health form submitted to NOLS. I understand my health form will be viewed, as necessary, by NOLS admissions staff, course instructors, and certain other staff. I am (or the minor student is) able to participate without causing harm to myself (or to himself or herself) or to others. The medical information given to NOLS is accurate and all pertinent medical conditions have been disclosed. Prior to the commencement of the course, NOLS will be informed of any medical condition that has not been previously disclosed or any changes in medical conditions or medications. I understand that NOLS' admission of me (or the minor student) to the course is not intended as a representation that NOLS staff will be able to manage successfully a medical event or emergency related to a disclosed, or undisclosed, medical condition. The responsibility for determining a student's suitability for a course is not NOLS' but, rather, the student's, guided by family and her or his physician. NOLS reserves the right to refuse admission or remove a student from a course for any reason it deems in the best interests of the student or the school.

NOLS is authorized to obtain or provide emergency hospitalization, surgical or other medical care for me (or for the minor student). I understand that situations may arise in which third-party medical care is not available and which require NOLS staff to provide first aid and possibly more advanced procedures, employing wilderness first responder training. Such care will be provided under the guidance of the NOLS medical advisor by way of NOLS' written medical protocols. Any third-party medical care provider is

authorized to exchange pertinent medical information with NOLS. Costs reasonably associated with medical services, including evacuation, shall be borne by me.

I understand that NOLS will gather student feedback for program improvement, including routine end-ofcourse program evaluations and occasional pre-course and post-course measures related to knowledge about the NOLS curriculum, with the expectation that sources remain anonymous in any publication of these findings.

NOLS may from time to time use the services of private contractors for certain tasks, including, for example, transportation. NOLS is not responsible for the acts or omissions of such contractors.

I agree to be responsible for any damage I (or the minor student) may cause to NOLS facilities or gear. NOLS is not responsible for loss, theft or damage to a student's personal belongings stored at NOLS

If during my NOLS course I voluntarily withdraw or am expelled, NOLS reserves the right to notify a parent, guardian, or emergency contact person.

Any dispute between me (or the minor student) and NOLS will be governed by the substantive laws (not including the laws which might apply the laws of another jurisdiction) of the State of Wyoming and I consent to jurisdiction in Wyoming. Any mediation or suit shall occur or be filed only in the State of Wyoming.

If any part of this agreement is found by a court or other appropriate authority to be invalid, the remainder of the agreement nevertheless will be in full force and effect.

The student and the parent(s) or guardian of a minor student have read this page and the previous 3 pages of this document and understand and voluntarily agree to its terms, which shall be binding upon

approved by NOLS in writing.	ministrators. Any mount	cations of this agreement must b
Student Signature	Age	/// Date Signed
If the student is under 18 years of age (or if t (or if the student is a resident of Mississippi must also sign. I agree for myself, and on beh have legal authority to act on behalf of the m	and is under 21 years of age nalf of the minor student, to a), at least one parent or guardian

Please return all four pages of this document to NOLS.

Parent/Guardian Signature

Date Signed

HEALTH FORM



For NOLS Office Use Only	☐ Initial Review OK		etailed Review OK
☐ Check Further	Date/	AO I	Initials
		N/A	A for WME applicant
Student's Name	Course Code	Арр	plication ID#
()	`) nt Phone	
Sex Age		NOLS Grad \Box	Non-Grad \Box

Information for the Medical Professional

Field courses offered by the National Outdoor Leadership School (NOLS), are wilderness expeditions operating in remote areas of the world where evacuation to modern medical facilities may take days. There is a detailed course description for every course found here: http://www.nols.edu/courses/

Living conditions While participating on a NOLS expedition, students will sleep outdoors, experience long and physically demanding days, set up their own camp and prepare their own meals. Weather conditions can be extreme depending on the course type. Each student is expected to take good care of themselves. On some courses, students may have the option to fast.

Physical demands on the applicant are considerable. Backpacking courses require carrying a backpack that may weigh up to 60 pounds or more over rough and rugged mountainous terrain. Water-based courses may require sitting and paddling continuously for long periods of time and walking on rugged shorelines while carrying heavy items.

Water disinfection. NOLS disinfects all wilderness water with chlorine, chlorine dioxide, or by boiling. Not all of these methods are effective against cryptosporidium. Immunocompromised people may wish to obtain an appropriate water filter for their course.

NOLS is not a rehabilitation program. NOLS is not the place to quit smoking, drinking, or drugs or to work through behavioral or psychological problems.

Prior physical conditioning and a positive attitude are a necessity. Students find a NOLS course to be an extremely demanding experience both physically and emotionally.

Full Disclosure: In the interest of the health and well-being of both the applicant and the other expedition members, please answer the questions honestly and completely when completing the health form. A "Yes" answer does not automatically cancel a student's enrollment. If we have any question on the student's capacity to successfully complete the course we will call the student to discuss it. However, failure to disclose a health condition that becomes relevant while on your course may result in dismissal from NOLS.

The applicant is not accepted on the course until the health form has been reviewed and approved by NOLS personnel.

Your detailed comments will expedite our review of this form.

M.D., D.O., F.N.P., APRN or P.A.:

Please check YES or NO for each item. Each question must be answered and please **provide date and details for all "yes" answers.**

General Medical History

Does the applicant currently have or have a history of: 1. Respiratory problems? Asthma? Is the asthma well controlled with an inhaler? If so, please have the student bring one or more metered dose inhalers (Macourse and an aerochamber/spacer is recommended.	□YES □YES IDI) with them for	□NO □NO their	□N/A
What triggers an attack? Last episode? Ever Hospitalized?			-
			-
2. Gastrointestinal disturbances?3. Diabetes?	□YES □YES	□NO □NO	
Examiner's specific comments:			-
4. Bleeding, DVT (deep vein thrombosis) or blood disorders?	□YES	□NO	-
5. Hepatitis or other liver disease? Examiner's specific comments:	□YES	□NO	-
6. Neurological problems? Epilepsy? 7. Seizures?	□YES □YES	□no □no	-
8. Dizziness/vertigo or fainting episodes?	□YES		
9. Migraines? Medications, frequency, are they debilitating?6-9. Describe frequency, date of last episode, and severity.	□YES	□NO	
			-
10. Disorders of the urinary or reproductive tract?	□YES	□NO	
11. Any disease?	\Box YES	□NO	
12. Does this person see a medical or physical specialist of any kind? If "yes" please provide name/address and specify the issue(s):	□YES	□NO	
			=

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13. Treatment or medication for menstrual cramps?	□YES □YEG	
14. Is the applicant pregnant?	\Box YES	□NO □N/A
Examiner's specific comments:		
Cardiac History		
15. Any history of cardiac illness or significant risk factors, such as known coronary art hypertension, diabetes, hyperlipidemia, tachyarrhythmia, symptomatic bradycardia (sunexplained chest pain (especially with exercise) or immediate family history of early old)?	yncope, dizz	* *
Depending on the applicant's history, risk factors and age, a stress ECG or waiver from be required.	their cardiol	ogist may
Examiner's specific comments:		
Muscle/Skeletal Injuries/Fractures		
Does the applicant currently have or have a history within the past three years of: 16. Knee, hip, leg, or ankle injuries (including sprains) and/or surgery? • Type of injury or surgery? When did the injury or surgery occur?	□YES	□NO
 Is there full ROM? Full Strength? What is the most rigorous activity participated in since the injury/surgery. Results 	□NO 5?	□YES
Examiner's specific comments: (include date of last occurrence and the effect of the practivity level)	oblem on cui	rrent
Type of injury or surgery? When did the injury or surgery occur?	□YES	□NO
 Is there full ROM? Full Strength? What is the most rigorous activity participated in since the injury/surgery. Res 	□NO sults?	□YES
Examiner's specific comments: (include date of last occurrence and the effect of the preactivity level)	oblem on cur	rent

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18. Any other joint problems? Examiner's specific comments: (include date of l	ast occurrence and the effe	☐ YES ct of the problem on cur	□NO rent
activity level)			
19. Head Injury? Loss of consciousness? For how Examiner's specific comments: (include date of lactivity level)	ast occurrence and the effe	□YES ct of the problem on cur	□NO rrent
20. Does the applicant have any physical, cognitic consideration? If yes, please describe how the condition affects to		\Box YES	□NO
Mental Health Students with a history of psychotherapy th residential treatment, need to be in a period of st condition, before they will be accepted for a courschool or employed. NOLS is not appropriate for	ability ranging from six mo rse. Applicants need to be g	nths to two years, deper ainfully occupied such a	nding on the as attending
21. Has the applicant had psychotherapy?		□YES	□NO
$\textbf{22.} \ \text{Is the applicant currently in treatment or psy}$	chotherapy?	□YES	□NO
23. Reason(s) for treatment or therapy? □ suicide (thoughts, ideation, attempt) □ substance use disorder (drugs/alcohol) □ eating disorder (anorexia/bulimia) □ obsessive-compulsive disorder □ academic/career/family issues	□ ADHD □ anxiety □ depression □ bipolar disorder □ other	□ autism spectrur □ PTSD	n disorder
Please Provide Specific Details of psychotherapy	y and dates medications we	re prescribed:	
24. Name and telephone number of psychothera	nist?		
		()	
Name		Phone	

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Allergies

to bring a pers	sonal supply of	epinephrine, preferably i	n a pre-loaded auto-inject	or, and know ho	w to use i
25. Is applican	nt allergic to or h	ave a medically related int	olerance to any food?	□YES	□NO
Describe:					
_		ny dietary preferences? (e.g ommodate all preferences)	g., vegetarian, vegan, gluten	free) □YES	□NO
Describe:					
		systemic allergic reactions or difficulty breathing?	s to insects, bee/wasp stings	s, or medications □YES	resulting NO
Examiner's sp	ecific comment	S:			
28. Any other a	_			□YES	□NO
		S:			
29. Does this p	person plan to ta	ke any prescription or non	-prescription medications	on the course? □YES	□no
away. The taking. Al provider	e student mus ll students who to take prescri	t understand the use of are required by their per	ss to medical care may be any prescription medicat rsonal physician, psychiat egular basis must be able IOLS staff.	tions they may rist or health ca	be are
Medication	Dosage	Date Prescribed?	Prescribed by?	For What Condi	tions?
If medication	s or health con	lition changes prior to co	urse start, please inform N	VOLS.	
Cold, Heat, A	Altitude				
30. History of	frostbite or Ray	naud's Syndrome?		□YES	□NO
31. History of a	acute mountain	sickness, high altitude pul	monary/cerebral edema?	\Box YES	□NO
When did the i	illness occur?				
32. History of	heat stroke or o	ther heat related illness?		□YES	□NO
Examiner's sp	ecific comment	s:			

Regardless of the allergen, individuals with a history of severe allergic (anaphylactic) reactions are required

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Fitness

Please provide details	concerning	the student's exercise regimen:			
33. Does the applicant	exercise reg	gularly?		□YES	□NO
Activity		Frequency			
Duration/Distance		Intensity Level 🗅 Eas	y 🗆 Moderate 🕻	☐Competitive	
Activity		Frequency			
Duration/Distance		Intensity Level □Eas	y 🗆 Moderate 🕻	☐Competitive	
34. Does this person sn Tobacco (or nicoti now.		tobacco products? lowed on NOLS courses or prope	rty. We recomm	□YES end that the app	□NO olicant quit
35. Is this person unde	rweight? ov	verweight? If so, how much?		□YES	□NO
36. Swimming ability (CHECK ON	NE):□Non-swimmer □Recreat	ional 🗆Compe	etitive	
Physical Examinati	on				
		must read and fill out pages 1-6. F date of the NOLS course. (Pleas	-		not be more
_		ization within 10 years of the st mmunizations. Please refer to y		_	
		// Last Tetanus Inoculation			
Blood Pressure	Pulse	Last Tetanus Inoculation	Height (iı	nches) Weight (lbs.)
General Appearance, I	mpressions	and Comments:			
		(·)		
Examiner's Name			Phone		
Street					
City			State	Zip	
Signature M.D. D.O. F	יססא סאי	Nor P A	 Date:	_/	/

By my signature, I attest that the person named on page 1 of this form is medically cleared to participate on a NOLS course based on the expedition information provided on page 1 of this form along with the background information provided by the applicant and my physical examination of them.

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INSURANCE FORM

NOLS requires that all students have their own health insurance. Please complete this form so that we will have information concerning your insurance coverage. It is your responsibility to make sure your insurance will cover you for the duration of the course. Student's Name Course Code N/A for WME applicants Birth Date (dd/mm/yyyy) Application ID # Please Attach a Photocopy of Your Insurance Card. NAME AND ADDRESS OF PERSON UNDER WHOSE NAME THE POLICY IS CARRIED Name Street Address City, State/Province Zip/Postal Phone Date of Birth **INSURANCE COMPANY INFORMATION** Name **Policy Number** Group Number (if you have one) Agreement Number (if you have one) ADDRESS WHERE CLAIMS MUST BE SUBMITTED Name Street Address City, State/Province Zip/Postal Phone IF GROUP INSURANCE, GIVE NAME OF GROUP (EMPLOYER, UNION OR ASSOCIATION THROUGH WHICH THE STUDENT IS INSURED)

Name