

## WILDERNESS FIRST RESPONDER COURSE

Sponsored by Klamath Community College *and* NOLS Wilderness Medicine



**DATES:** February 23<sup>rd</sup> - March 3<sup>rd</sup> 2019

**COST:** \$699.00 Tuition Only

**LOCATION:** Klamath Community College, Klamath Falls OR

### **COURSE DESCRIPTION**

The Wilderness First Responder course is essential if you work or recreate in the outdoors or in other austere environments where access to medical care is delayed or communication is unreliable. It is the industry standard for professional guides, trip leaders, search and rescue team members, outdoor recreationists, and international travelers. Upon completion, you will be able to conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness, and make crucial evacuation decisions. During this fast-paced, engaging course, you will spend half your time practicing skills and participating in realistic scenarios, including a full-scale night mock rescue.

NOLS Wilderness Medicine's nationally recognized curriculum encompasses a wide range of topics including long-term patient care, wound management, selective spine immobilization, reducing dislocations, litter packaging, and epinephrine administration. Dynamic educators who have practiced medicine in both wilderness and urban environments will teach you skills and protocols to step forward in an emergency, and you will finish the intensive 80-hour course with the tools and confidence to manage patients in the backcountry for multiple days.

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness First Responder, Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

### **CLASS FORMAT AND PERSONAL PREPAREDNESS**

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m., with two additional evening sessions. Ten-day courses will include a day off; nine-day courses do not. The class format is classroom lectures integrated with practical scenarios, case studies, and skills practice sessions. Attendance is required at all classes.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of indoor comfy shoes and a camp chair. A 4-hour evening, outdoor mock rescue is part of the curriculum; dress accordingly.

### **PACKING CHECKLIST**

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle

- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

## **COURSE OUTLINE**

For the full course outline, visit the WFR course page:

[www.nols.edu/en/coursefinder/courses/wilderness-first-responder-WFR/](http://www.nols.edu/en/coursefinder/courses/wilderness-first-responder-WFR/)

## **NOLS WILDERNESS MEDICINE STUDENT AGREEMENT**

Please download this agreement and read it very carefully as it affects your legal rights:  
<https://www.nols.edu/en/filer/public/1481683959/906/>

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

**NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.**

### **Pets**

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

### **Service Animals**

Please contact the Wilderness Medicine office at 1-866-831-9001 if you intend to bring a service animal to the course.

### **Alcohol, Drugs, Tobacco & Weapons**

No alcohol, no drugs, no tobacco, and no weapons are allowed in the classroom.

## **CONTINUING EDUCATION**

### **EMT Continuing Education**

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 70 CEU hours at no additional cost for participation in a Wilderness First Responder course.

Please bring a photocopy of your current EMT card(s) with you to your course. Also, ensure that CAPCE CEUs will be accepted by your State EMS organization.

### **Fellowship in the Academy of Wilderness Medicine (FAWM)**

Through joint sponsorship with the Wilderness Medical Society active members of WMS may earn up to 55 hours at no additional cost for participation in the Wilderness First Responder course. Learn more about WMS here: [www.wms.org](http://www.wms.org)

## **COLLEGE CREDITS**

### **Pre-Course Access to College Credit**

The WFR course is pre-approved for three semester hour credits through Western State Colorado University (WSCU) for an additional cost of \$240. Thirty days **prior** to the NOLS

Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

### **On-Course Access to College Credit**

The WFR course is pre-approved for three semester hour credits through the University of Utah for an additional cost of \$300. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

### **STUDENT LOGISTICS**

#### **Meals and Lodging**

Meals and lodging are not offered for this course. Below are some lodging options:

**Camping Options:** KOA 541-884-4644      Klamath Falls

#### **Lodging Options:**

**Mid-Range**      Quality inn 541-882-1200      Klamath Falls OR

Days Inn 541-882-8864      Klamath Falls OR

**Budget**      Motel 6 541-884-2110      Klamath Falls OR

Cimarron Inn 541-228-4601      Klamath Fall OR

#### **More Information:**

Chamber of Commerce      541-884-5193

#### **Travel**

##### **From the West:**

Highway 140, left at the intersection and stay on 140 under the Hwy 97 overpass. Stay on Highway 140 (Southside Bypass) until you reach the intersection at Hwy 39. Turn Left. Stay on Highway 39 north approximately 2 miles, just past Booth Road. You will see a sign for the College on your left, turn left.

##### **From the North:**

State Highway 97 to Highway 39/140. Turn left on Highway 39 (also So. 6th Street) through town, past Albertsons on your right, Big R on your left and through the light at Home Depot. Turn right at the college sign just past Hilyard Ave.

##### **From the South:**

From Hwy 97:

State Highway 97 north to Highway 140 east. Stay on Highway 140 (Southside Bypass) until you reach the intersection at Hwy 39. Turn Left. Stay on Highway

39 approximately 2 miles, just past Booth Road. You will see a sign for the College on your left, turn left.

From Hwy 39:

Highway 39 north pass Henley schools. Approximately 2 miles past Booth Road, turn left at the college sign.

**From the East:**

Highway 140 to Highway 39. Stay to the right as you approach the light. Turn left at the college sign.

**CONTACT INFORMATION**

Please contact us with any questions or concerns you may have.

**Course Host**

Office Hours: 8 AM to 4 PM

Phone: (541) 880-2243

Email: [ce@klamathcc.edu](mailto:ce@klamathcc.edu)

Website: <https://www.klamathcc.edu/home>

**NOLS Wilderness Medicine:**

*Office Hours: Monday to Friday, 9:00am to 5:00pm Mountain Time.*

*Phone: (866) 831-9001*

*Fax: (307) 335-2355*

*Email: [wilderness\\_medicine@nols.edu](mailto:wilderness_medicine@nols.edu)*

*Website: [www.nols.edu/wilderness-medicine](http://www.nols.edu/wilderness-medicine)*

