

Outdoor Education Center 14 E. Cache La Poudre St. Colorado Springs, CO 80903 719-389-6803

WILDERNESS FIRST RESPONDER RECERTIFICATION COURSE

Sponsored by Colorado College Outdoor Education and NOLS Wilderness Medicine

DATES: January 18 - 20, 2019 **COST:** \$305.00 (CC Students)

\$330.00 (Non-CC Students / Community Registration)

LOCATION: South Commons - Colorado College - Colorado Springs, CO



COURSE DESCRIPTION

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides you the opportunity to test your skills against realistic situations. You'll practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest updates in wilderness medicine over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared. These online resources will assist you: https://nols.edu/en/resources/wilderness-medicine-resources/

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/Wilderness EMT (dependent on your current certification), Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair.

Packing Checklist

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom

- ✓ Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the WFR Recertification course page:

www.nols.edu/en/coursefinder/courses/wilderness-first-responder-recertification-WFRR/.

WAFA/WFR/WEMT RECERTIFICATION REQUIREMENTS

- NOLS Wilderness Medicine Graduates

NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered for NOLS Wilderness Medicine certifications. NOLS Wilderness Medicine certified students should bring their certification card to the course so that the instructor can verify the expiration date.

- Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAFA certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course. Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

REGISTRATION AND PAYMENT

Tuition payment in full is required to reserve your spot in the course. Tuition is non-transferable and is payable online by credit/debit card through the course registration on SUMMIT. The tuition fee covers textbooks, syllabus, equipment and certifications. WMI is not obligated to allow any student to attend a course until all WMI paperwork has been received, reviewed and approved by WMI. A full refund will be given if we need to cancel the course for any reason. THE COURSE TUITION IS NON-REFUNDABLE. If, for any reason, you cannot attend the course, you must find a replacement for your spot at least 30 days prior to the start of the course.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it carefully as it affects your legal rights: www.nols.edu/en/filer/public/1481683959/906/

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. **NOLS** Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of NOLS Wilderness Medicine program and are at the sole risk of the participant.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Alcohol and Tobacco

No alcohol or tobacco is allowed on site.

CONTINUING EDUCATION

- EMT Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours at no additional cost for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

COLLEGE CREDITS

- Pre-Course Access to College Credit

The WFR Recert course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$80. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

STUDENT LOGISTICS

- Meals and Lodging

There are no meals and lodging packages available for this course. You are encouraged to make your arrangements in advance of the course date. Feel free to contact the sponsor for lodging suggestions.

- Travel

The course will take place at: Colorado College

(See the Map Below) South Commons – South Hall 130 E. Cache La Poudre St

Colorado Springs, CO

Please see the attached map of the Colorado College Campus. The South Commons is located off E. Cache La Poudre Street in a large residential building. Nearby street parking can be found on Nevada Street or Cache La Poudre St.

Contact Rachael Abler for more specific directions or if you have problems finding the course location. Office: 719-389-6803 Cell: 810-937-9697.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have. The Outdoor Education Center's regular office hours are Monday - Friday, 9:00am - 5:00pm (MST). Please note: starting December 20, 2018 – our office will be closed until January 7th for Winter Break. During this time we will be checking my email intermittently.

Course Host

Rachael B. Abler

Outdoor Education Specialist

Phone: 719.389.6803

Email: rachael.abler@coloradocollege.edu.edu

NOLS Wilderness Medicine:

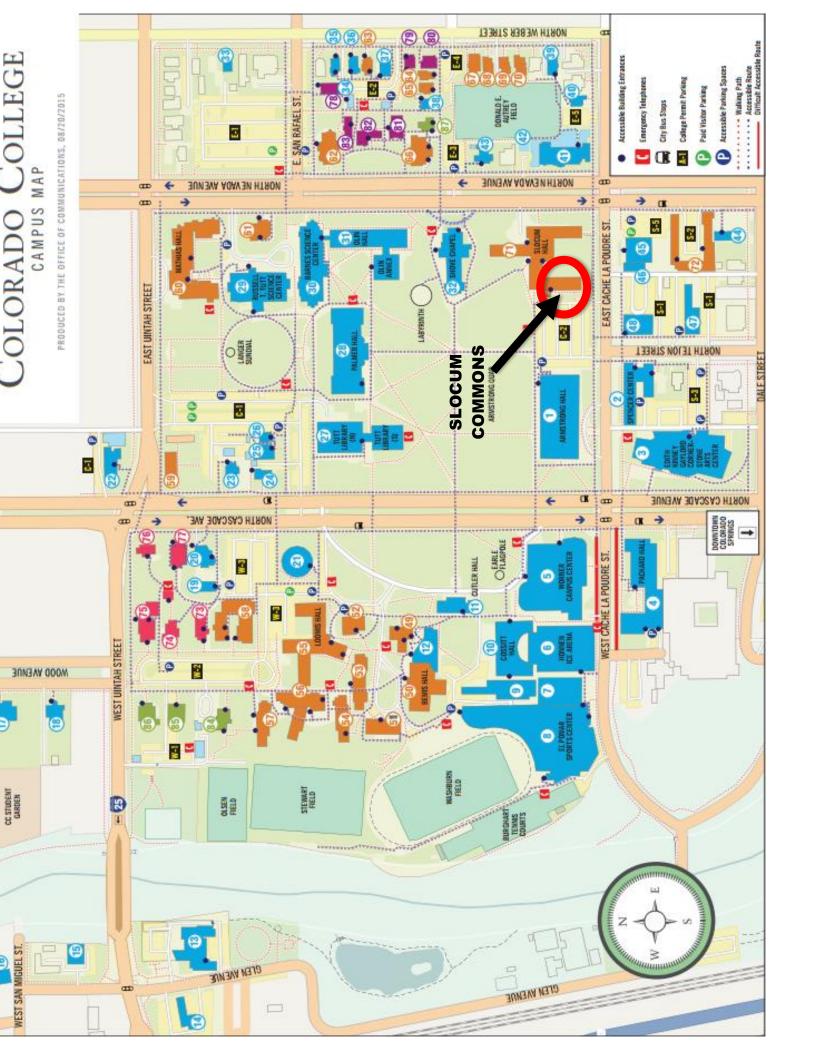
Office Hours: Monday to Friday, 9:00am to 5:00pm Mountain Time.

Phone: (866) 831-9001

Email: wilderness medicine@nols.edu

Fax: (307) 335-2355

Website: http://www.nols.edu/wilderness-medicine



ACADEMIC & ADMINISTRATIVE FACILITIES

Community Engagement; Field Study; International Programs; ITS.; Registrar; **Departments:** English: French and Italian; German, Russian, and East Asian Languages; Philosophy; Religion; Spanish; Offices: Dean of the College and the Faculty; Dean of Students; Accessibility Resources; Collaborative for Armstrong Great Hall; Kathryn Mohrman Theatre; Max Kade Theatre; Student Life; Summer Session; Sustainability

Offices: President; Advancement; Communications; Finance & Administration; Financial Aid; Human Resources; ITS.; Payroll; Purchasing; Student Accounts

3. Edith Kinney Gaylord Cornerstone Arts Center

.D.E.A. Space; Richard F. Celeste Theatre; Departments: Film & Media Studies: Theatre/Dance

Packard Hall - Seay Library of Music & Art; Departments: Art; Music

5. Lloyd E. Worner Campus Center

Sexual Assault Response & Prevention Program; Student Organization Offices; Arts & Crafts Studios: Benjamin's Cafe. Bookstore: Colorado Coffee. Rastall Residential Life and Campus Activities; Gold Card Office; Information Desk; Dining Hall; Student Mail Services; WES Room; Offices: The Butler Center;

Honnen Ice Arena

7. Schlessman Natatorium (Pool)

Courts; Departments: Human Biology and Kinesiology; Offices: Athletics and Conditioning; Reid Arena; Ritt Kellogg Climbing Gym; Squash & Racquetball Adam F. Press Fitness Center; Auxilary Gym; Jerry Carle Varsity Strength & Athletics Marketing

9. Williams Central Plant

10. Cossitt Hall

Departments: Comparative Literature and Classics; Theatre/Dance Cossitt Amphitheatre, Faculty Commons; Women's Soccer Facility;

11. Cutler Hall - Admission

12. Taylor Hall - Press at Colorado College, Taylor Theatre, Student Theatre

Van Briggle Building - Facilities Services

Morkshop

14. Transportation Services

15. Facilities Grounds Shop

Facilities Purchasing & Support Services

17. Stewart House - CC Student Garden

 Morreale Carriage House - Innovation Institute 18. 1210 Wood Avenue - President's Residence

20. Morreale House - Career Center

21. Boettcher Center

Student Health Center, Counseling, and Student Insurance

22. Tutt Alumni House - Alumni Relations

23. Interdisciplinary House (1D House)

Departments: Asian Studies, Feminist and Gender Studies, Race, Ethnicity, and Migration Studies

25. Mierow House - Department: Education

27. Tutt Library

North Offices: Circulation and Reserves; Interlibrary Loan; ITS: Help Desk;

Writing Center, College Archives and Special Collections; Computer & Advanced Excellence: ESL Specialist: Oral Communication Center; Quantitative Reasoning Librarian Offices; Research Desk; South Offices: Colket Center for Academic Center (QRC), Reading, Rhetoric and First Year Programs; and Ruth Barton fechnology Labs; Crown Faculty Center; Learning Commons

Gates Common Room; ITS: GIS Labs; Departments: Economics & Business; Geology; History; Political Science; Sociology

29. Russell T. Tutt Science Center

Departments: Environmental Program; Geology; Mathematics & Computer Science, Psychology

30. Barnes Science Center

Departments: Anthropology, Chemistry and Biochemistry, Physics; Office: ITS:

Olin Hall/Olin Annex ("Fishbowl"

Departments: Molecular Biology; Organismal Biology & Ecology

Chaplains' Office, Religious & Spiritual Life; Sacred Grounds; campus gatherings 32. Shove Chape

1116 N. Weber - Sodexo Custodial Services

34. Student Greenhouse

35. 1028 N. Weber Street - Cutler Publications

36. 1024 N. Weber Street

37. 1014 N. Weber Street

Offices: Special Senior Status (SSS) Faculty Offices; State of the Rockies Project

38. Speech and Debate House

39. KRCC Radio

40. Office of Annual Giving and DIALogue Center

41. Cheryl Schlessman Bennett Children's Cente

42. 915 N. Nevada - Autrey Field Support Facility

43. 931 N. Nevada - Ahlberg Outdoor Education Center

44. 802 N. Nevada - Student Activities

45. 3D Arts - Art Sculpture Studios

46. Johnson Building - Senior Art Studios

47. Central Services

Offices: Copy Center; Mail Services; and Print Shop

833 N. Tejon - Campus Safety; Campus Parking; CSPD Resource Officer

RESIDENCE HALLS/HOUSES

49. Ticknor Hall - Offices: Food Service/ Bon Appetit

Bemis Great Hall; Offices: Housing and Conferences 51. McGregor Hall

52. Montgomery Hall

53. Antero Apartments

Dern House - Hulbert Center for Southwest Studies

Blanca Apartments 55. Loomis Hall

56. John Lord Knight Apartments

Jerome P. McHugh Commons and Alumni Plaza; Preserve Cafe

57. El Diente Apartments

59. Breton Hall

58. Edith Gaylord House

 Mathias Hall - Local Goods 61. Arthur House

63. Synergy House (1018)

64. Interfaith House

62. Jackson House

65. Synergy House (1006)

66. Lennox House - Offices: Ellis Ulysses Butler, Jr. Intercultural Leadership

67. 930 N. Weber - Senior Cottage

Lounge and Classroom; The Glass House

68. 928 N. Weber - Senior Cottage

69. 922 N. Weber - Senior Cottage

70. 918 N. Weber - Senior Cottage

71. Slocum Hall - Slocum Commons

72. Colorado College Inn (CC Inn)

RESIDENCE HALLS/LANGUAGE HOUSES

73. Mullett House - Russian

 Max Kade House - German; Leonard Sutton Study Center 75. Elbert House

Wst Wing: Italian; East Wing (ELF): Japanese and Chinese

76. Haskell House - French

77. Windom House - Spanish

FRATERNITIES/SORORITIES

78. Sigma Chi Fraternity

79. Phi Gamma Delta Fraternity

80. Kappa Sigma Fraternity

81. Kappa Alpha Theta Sorority

82. Kappa Kappa Gamma Sorority

83. Delta Gamma Sorority

FACULTY/STAFF HOUSING

84. Hamlin House

85. 1144 N. Cascade

86. 1140 N. Cascade

1005 N. Nevada – Dean of Students' Residence