

WILDERNESS FIRST RESPONDER RECERTIFICATION Sponsored by UCLA Recreation and NOLS Wilderness Medicine

**DATES:** February 16-18, 2019

**COST:** \$350; tuition only

**LOCATION:** Los Angeles, CA; UCLA Campus, Sunset Canyon Recreation Center



# COURSE DESCRIPTION

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations.

You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared.

These online resources will assist you:

www.nols.edu/en/resources/wilderness-medicine-resources/

Upon successful course completion, dependent on your current certification, you will earn the one of your NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/ Wilderness EMT, Adult and Child CPR & Airway Management; and Epinephrine Auto-injector.

# CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient.

Frequently stage-blood and make-up are used to enhance the realism of a scenario. The classroom environment often lends itself to a pair of comfy shoes and a camp chair.

### PACKING CHECKLIST

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Light day pack

- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

# COURSE OUTLINE

For the full course outline, visit the WFR Recertification course page:

<u>www.nols.edu/en/coursefinder/courses/wilderness-first-responder-recertification-</u> <u>WFRR/</u>.

### WAFA/WFR/WEMT RECERTIFICATION REQUIREMENTS

#### **NOLS Wilderness Medicine Graduates**

NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

### Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAFA certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

### REGISTRATION

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits. You may register online:

https://www.nols.edu/portal/wmi/courses/13766/

### NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights: <u>https://www.nols.edu/en/filer/public/1481683959/906/</u> Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

#### NOLS WILDERNESS MEDICINE POLICIES

#### Cancellations

All course deposits and payments are subject to the NOLS Wilderness Medicine refund policy. To review the NOLS Wilderness Medicine refund policy, please visit: <u>https://nols.edu/en/resources/policies</u>

#### Pets

Pets are not allowed at the course site. This includes leashing them outside.

#### Alcohol and Tobacco

No alcohol or tobacco is allowed on site.

### CONTINUING EDUCATION

#### **EMT** Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 70 CEU hours at no additional cost for participation in a Wilderness First Responder course.

Please bring a photocopy of your current EMT card(s) with you to your course. Also, ensure that CAPCE CEUs will be accepted by your State EMS organization.

#### Fellowship in the Academy of Wilderness Medicine (FAWM)

Through joint sponsorship with the Wilderness Medical Society active members of WMS may earn up to 55 hours at no additional cost for participation in the Wilderness First Responder course. Learn more about WMS here: <u>www.wms.org</u>

### COLLEGE CREDITS

#### **Pre-Course Access to College Credit**

The WFR course is pre-approved for three semester hour credits through Western State Colorado University (WSCU) for an additional cost of \$240. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

#### **On-Course Access to College Credit**

The WFR course is pre-approved for three semester hour credits through the University of Utah for an additional cost of \$300. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

### STUDENT LOGISTICS

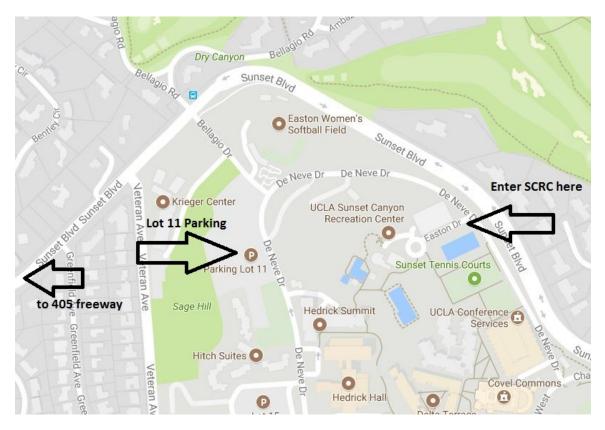
### Meals and Lodging

Meals and lodging are not provided for this course. We highly recommend that students bring lunch and snacks for the day. Food may be purchased in the neighboring town of Westwood, though this can be time-consuming. Below are some lodging options.

Luskin Conference Center UCLA Guest House

### Travel

You may view an interactive map of UCLA <u>here</u>. The course takes place at UCLA's Sunset Canyon Recreation Center. Parking can be found in the nearby Parking Lot 11. From Sunset Blvd., turn into campus on Bellagio Drive. Turn right at the second stop sign and you will see Lot 11 on your right. Walk to the main entrance of Sunset Canyon Recreation Center by continuing down the hill to the left on De Neve Drive. See map below.



Sunset Canyon Recreation Center address: 111 Easton Drive, Los Angeles, CA 90024.

Note that parking fees are not included in your course tuition. UCLA Parking Lot 11 charges a daily fee to park. You may purchase your parking pass from the automated kiosk located in the lot.

When entering Sunset Canyon Recreation Center, you should inform the front desk staff that you are there to attend the WFR course, and they will allow you to enter the facility and direct you to the Mesa Classroom.

# **CONTACT INFORMATION**

### **NOLS Wilderness Medicine:**

Office Hours:	Monday to Friday, 9:00am to 5:00pm Mountain T	ïme.
Phone:	(866) 831-9001	
Fax:	(307) 335-2355	
Email:	wilderness_medicine@nols.edu	
Website:	www.nols.edu/wilderness-medicine	13

