



WILDERNESS FIRST RESPONDER RECERTIFICATION 2019

WILDERNESS FIRST RESPONDER RECERTIFICATION

Sponsored by Whitman College Outdoor Program and NOLS Wilderness Medicine

DATES: February 16-18, 2019 (2 courses happening at same time)

COST: \$295 (Whitman Faculty/Staff/Student), \$345 (Community)

LOCATION: Whitman College, Walla Walla, WA 99362



COURSE DESCRIPTION

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides you the opportunity to test your skills against realistic situations. You'll practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest updates in wilderness medicine over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared. These [online resources](https://nols.edu/en/resources/wilderness-medicine-resources/) will assist you:

Upon successful course completion, you will earn the following NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/Wilderness EMT (dependent on your current certification), Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair.

Packing Checklist

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat

- ✓ Water bottle
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the WFR Recertification course page:

www.nols.edu/en/coursefinder/courses/wilderness-first-responder-recertification-WFRR/.

WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS

NOLS Wilderness Medicine Graduates

NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAF certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

REGISTRATION

Payment in full is required to reserve your spot in the course. Tuition is non-transferable and is payable online through the Outdoor Program Compass online signup system. New this year, we are offering 2 WFR recert courses happening simultaneously! This

means there are double the amount of spots available- 60 total, 30 students in each course. Whitman College students can register at any time and can pay with credit card, student charge and/or BCOF funds. Community members can now register anytime on Compass and pay with credit card. Payment with check or cash is available, but will require contacting the Rental Shop to make arrangements at 509-527-5965. The tuition fee covers textbooks, syllabus, equipment, and certifications. WMI is not obligated to allow any student to attend a course until all WMI paperwork has been received, reviewed and approved by WMI. A full refund will be given if we need to cancel the course for any reason.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights: www.nols.edu/en/filer/public/1481683959/906/

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Cancellations

If you cancel or withdraws from a course:

- Greater than or equal to 30 days prior to the course start date, NOLS Wilderness Medicine will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:
 - WFA, WFR-R, WMPP – loss of full tuition.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Alcohol and Tobacco

No alcohol, tobacco, or marijuana in any form is allowed on site.

Firearm

You may not bring firearms or other weapons on a NOLS course.

CONTINUING EDUCATION AND COLLEGE CREDITS

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

More information on continuing education credits can be found here:

www.nols.edu/en/resources/credit-continuing-education/continuing-education/

Pre-Course Access to College Credit

The WFR Recert course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$80. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

Fellowship in the Academy of Wilderness Medicine (FAWM)

Through joint sponsorship with the Wilderness Medical Society active members of WMS may earn up to 14 hours at no additional cost for participation in the Hybrid Wilderness First Responder Recertification course. Learn more about WMS here:

<http://www.wms.org/>

STUDENT LOGISTICS: Meals and Lodging

Whitman students:

The residence halls are closed during Winter Break and you will need to find your own lodging off campus. Students normally talk to upperclassmen that have an apartment or house off campus and make arrangements on their own. You can also get a list of fellow students enrolled in the class from the OP Director to see if anyone else in the WFR course can help you with lodging. Residence Life may choose to make on campus housing options available upon request. If you are searching for on campus housing options, contact the Residence Life office to see what options exist as soon as you can.

Non-Whitman students:

There is no lodging provided for the February WFR Recertification courses.

Walla Walla has many hotel, bed and breakfast, and airbnb options. Some hotels that are close include the following, but there are many others:

Walla Walla Vineyard Inn (509) 529-4360

Travel Lodge (509) 529-4940

La Quinta, 776 Silverstone Dr (509) 394-8815

PLACES TO EAT

There is no meal plan for this course. A few favorite places to eat include:

Graze 5 S Colville St, Walla Walla, (excellent sandwiches, salads, and paninis)
Olive 21 E Main St, Walla Walla, (lunch/dinner menu, pizza, sandwiches, desserts,)
La Monarcha Taco Truck #1 Parked at the corner of West Rose Street and 11th Ave
La Monarcha Taco Truck #2 Parked on Isaacs Ave in the NAPA Auto Parts Parking Lot
Taququeria Yungapeti 320 S 9th Ave (Taco truck food in an indoor setting)
Thai Ploy Spokane St. , Walla Walla (good Thai food, no reservation needed)
Soi 71: Thai Noodle House 119 W Alder St (509) 876-8886 (really good thai food)
Colville Street Patisserie 40 S. Colville 509-301-7289 (Great desserts)
The Green Lantern 1606 E Isaacs Ave 509-525-6303 (Great fish tacos and full menu)
Walla Walla Indian Cuisine 12 E Main St. Walla Walla 509-524-9191

Travel

From the West: Take Route 12 to Walla Walla. Take the Clinton Street exit, continue straight through the light at Isaacs and after 3 blocks you will come to Boyer Ave. Turn right on Boyer Ave, drive 4 more blocks to Park Street. The Reid Campus Center is the large brick building on the Southwest corner of the intersection of Boyer and Park Street. The Ballroom is on the main floor. The address is 345 Boyer Ave, Walla Walla, WA, 99362.

From the South: Take Route 125 until you intersect Route 12, then follow directions above.

The Outdoor Program Rental Shop is located on the lower level of the Reid Campus Center.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Course Host

We want everyone to enjoy the course and their stay. Please feel free to contact us for assistance.

Brien Sheedy	Stuart Chapin	Alicia "Lish" Riley
Whitman College	Whitman College	Whitman College
Outdoor Program Director	Assistant Director	Rental Shop Manager
sheedybr@whitman.edu	chapins@whitman.edu	rileyab@whitman.edu
509-522-4395 (Work)	509-527-5791 (work)	509-527-5965 (work)
509-386-4375 (Cell)	509-3014364 (Cell)	

NOLS Wilderness Medicine:

Office Hours: Monday to Friday, 9:00am to 5:00pm Mountain Time.

Phone: (866) 831-9001

Fax: (307) 335-2355

Email: wilderness_medicine@nols.edu

Website: www.nols.edu/wilderness-medicine

