

# NOLS WILDERNESS MEDICINE

## Wilderness Emergency Medical Technician Course Logistics (Weed, CA)

### Arrival and Departure

#### Arrival

Please plan to arrive in the afternoon on the Sunday prior to your course start date. Check in begins at 3:00 p.m. and an evening meal will be provided between 5:30 and 7:30 pm for all arriving students.

#### Class Days

Check in to class no later than 7:45 a.m. on the first day of the course. Class days run from 8:00 a.m. to 5:00 p.m. Monday through Friday, plus one or two evening sessions each week. Students will spend some of their weekend time at clinical rotations.

#### Departure

Class ends before lunch on the last Friday of the course. Checkout is by 2:00 p.m.

### Lodging and Meals

The [College of the Siskiyous](#), Weed, CA is the site for the class and meals during the WEMT course.

#### Lodging

Student lodging is located in the [Hi Lo Motel](#), about 1 mile away from the College of the Siskiyous WEMT classroom. Your room has already been reserved and the cost of lodging is included in the tuition price. You may check-in to your lodging at the Hi Lo Motel main office after 3:00 p.m. on the Sunday prior to your course start date. From there you will receive your specific room assignment and information about the classroom and meals on the College of the Siskiyous' campus. Checkout is by 2:00 p.m. on the course end date.

Accommodations are in gender-specific shared hotel rooms with bathrooms shared with your roommate. Bedding (sheets, pillows, blankets) is provided, although it is recommended to bring an extra blanket/sleeping bag.

Please be advised that the WEMT course is a no-alcohol, no-drugs course. No consumption or storage of alcohol is allowed on the campus throughout the course. Students who violate the no-alcohol, no-drugs policy will be expelled with no refunds awarded.

#### Meal Plan

The meal plan includes three bountiful, healthy meals per day served buffet style Monday through Friday. Vegetarian options are available with each meal at no extra

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cost. If you require additional food, you will need to supplement with your own supplies. Meals will not be served on weekends. There are no cooking facilities available on the weekend. On the days meals are not provided, grocery stores and restaurants are available in Weed. The last meal is breakfast on the final day of the course. Please indicate on the statement form you send back to NOLS Wilderness Medicine if you are vegetarian or vegan, so that we can communicate this to Dining Services prior to your arrival. Students with other special dietary needs should contact the NOLS Wilderness Medicine office at (866) 831-9001 or [wilderness\\_medicine\\_wemt@nols.edu](mailto:wilderness_medicine_wemt@nols.edu).

## Travel

Driving/Flying: We encourage you to drive to the course if at all possible. Clinical rotations are up to a 90-minute drive from the facility. Students who do not drive will need to rely on classmates for transportation to the clinicals.

If you decide to fly, the closest major airport is in Medford, OR about 60 miles from the College of the Siskiyous campus. A shuttle for the 90-minute trip from Medford to the college is available at 3:00 pm on the Sunday afternoon before the course begins. The cost of the shuttle is \$75 round-trip. To ensure your spot on the shuttle, payment is due with your Shuttle Itinerary Form no later than 30 days from the course start. Students meet at the baggage carousel for the shuttle. Those arriving from Medford after 3:00 pm are responsible for their own transportation to the College of the Siskiyous. Students may also fly into Redding, CA. However, the college will not be running a shuttle from the Redding airport. Students setting up independent transportation from the airport to Weed, CA should refer to the [Greyhound shuttle service](#).

Directions to Campus:

- From South I-5: Take the Central Weed off-ramp. Turn right on S. Weed Boulevard. Turn right on College Avenue.
- From North I-5: Take the Central Weed off-ramp. Turn left on S. Weed Boulevard. Turn right on College Avenue.

Directions to the Hi Lo Motel:

- From South I-5: Take the Central Weed off-ramp. Turn left on S. Weed Boulevard. The Hi Lo is on the right.
- From North I-5: Take the Central Weed off-ramp. Turn right on S. Weed Boulevard. The Hi Lo is on the right.

## Mail, Telephone, Internet, and Laundry

### Mail

During the course, mail may be sent to WEMT students at the following address. Please stop the forwarding of your mail prior to the end of the course.

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- Wilderness EMT Course Student, STUDENT'S NAME  
800 College Avenue  
Weed, CA 96094

The College of the Siskiyous is not responsible for mail received after the course ends.

## Phones and Internet

Should you run into any travel problems en route to the course, please call **(307) 335-2607**. Students will not have access to incoming phone calls; there is a pay phone for outgoing calls. In case of an emergency, please contact the College of the Siskiyous lodging services at (530) 938-5211. Cell phone reception on campus is reliable. However, outside of the town the cell reception is spotty.

The college offers free wireless Internet service on campus. There is also free wi-fi at the Hi Lo Motel. You will be using an online platform throughout the course, so we strongly encourage you to bring a laptop or tablet device. Though there are a few public computer terminals for student use, you will appreciate having your own device, if possible.

## Laundry

The E-Z Wash Laundromat at 51 S Weed Boulevard is open for students to do laundry.

## Recreation and Packing List

The College of the Siskiyous is located at the base of Mt. Shasta in northern California, about halfway between Portland and San Francisco. Striking natural beauty surrounds the town in all directions. In their free time, students can choose from hiking the beautiful forests, exploring the many lakes and rivers, and seeing live music and local art shows in town.

[Weather in Weed](#) is changeable. Please be prepared for snow, rain and/or hot weather depending on the season.

Comfortable shoes are recommended, and a good pair of boots is a must. Rescue scenarios take place in water, difficult terrain and darkness. Come prepared with clothing and footwear that protects you. Please refer to the following packing lists when you prepare for your course. The first list includes items you need to bring to your WEMT course. The second list includes items that past students recommended as helpful or fun to have with you.

## Please bring the following required items:

- Large day pack (book bag or weekend trip size is great; anything bigger will be too much)
- Water bottle
- Outdoor clothing to include:
  - Multiple non-cotton layers

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- Waterproof outer tops & bottoms
- Hat/mittens/gloves
- Warm boots (some students have recommended gaiters for winter courses)
- Flashlight or headlamp
- Watch with a second hand (either analog or digital is fine)
- Professional attire for clinical rotations (see Course Description for more details)
- Sleeping bag and/or blanket
- Towel(s)
- Toiletries and all personal items
- Laptop computer / Tablet device (strongly recommended)

You may also wish to bring the following items:

- Notebook
- Small reading lamp
- Extra blankets, especially for January courses
- Pens, pencils, and colored highlighters
- Mobile phone
- Knee pads (for acting as a rescuer on frequent scenarios)
- Warm slippers to wear around the classroom (muddy footwear is not allowed in the classroom building)
- A camp style chair for classroom time
- Recreational equipment
- Snowshoes or skis are optional for winter courses

We will provide all necessary medical equipment.

## **What NOT to bring:**

- No alcohol or drugs. There is a no alcohol, no drugs policy on site; they are not allowed in or near the lodging or classroom facilities. There is no tobacco allowed in the lodging or classroom facilities.
- Pets are not allowed at the teaching or lodging site. This includes leashing them outside or housing them in vehicles. No exceptions. Any student bringing a pet to class will be asked to leave class until the pet is safely situated in a kennel or other facility. Please take responsibility to make these arrangements before arriving to class.
- No firearms or weapons. The possession or use of firearms or weapons of any type are prohibited on the property, including the housing. Students traveling with firearms or weapons should make independent arrangements to temporarily store weapons off-site.

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## Map:

- The classroom will be Life Science Room 1 & 12 (Building #3).
- Students should park in Parking A.

