



WILDERNESS FIRST RESPONDER RECERTIFICATION

Sponsored by Adventure Outings at CSU, Chico and NOLS Wilderness Medicine

DATES: December 7-9, 2018

COST: \$300 for Chico State students, \$330 all others

LOCATION: Wildcat Recreation Center in Chico, CA

COURSE DESCRIPTION

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations.

You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared.

These online resources will assist you:

www.nols.edu/en/resources/wilderness-medicine-resources/

Upon successful course completion, dependent on your current certification, you will earn the one of your NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/ Wilderness EMT, Adult and Child CPR & Airway Management; and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient.

Frequently stage-blood and make-up are used to enhance the realism of a scenario. The classroom environment often lends itself to a pair of comfy shoes and a camp chair.

PACKING CHECKLIST

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the WFR Recertification course page:

www.nols.edu/en/coursefinder/courses/wilderness-first-responder-recertification-WFRR/.

WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS

NOLS Wilderness Medicine Graduates

NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAF/WFR certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

REGISTRATION AND PAYMENT

Full payment is due at the time of registration. **Absolutely NO REFUNDS!** Please be 100% certain these dates and location will work for you prior to registering.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights:

www.nols.edu/en/filer/public/1481683959/906/

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Alcohol and Tobacco

No alcohol or tobacco is allowed on site.

CONTINUING EDUCATION AND COLLEGE CREDITS

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

More information on continuing education credits can be found here:

www.nols.edu/en/resources/credit-continuing-education/continuing-education/

Pre-Course Access to College Credit

The WFR Recert course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$80. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

STUDENT LOGISTICS

Meals and Lodging

There is no meals and lodging package available for this course. Here is a list of lodging options and information to assist you in making your own arrangements:

Chico Chamber of Commerce

(530)891-5556

Chico web site <http://www.chicochamber.com/>

Lodging: Best Western Chico (530)894-8600
Vagabond Inn (530)895-1323
Holiday Inn Chico (530)345-2491
Hotel Diamond (530)893-3100

*****Many other hotels/motels are available. Google will help you locate them.*****

Camping: Lime Saddle Campground (30 mins. from campus) (530)538-2219
Woodson Bridge Campground (30 mins. from campus)
http://www.parks.ca.gov/?page_id=459

Travel

The course will take place at the Wildcat Recreation Center (WREC) room 250 in downtown Chico on Cherry st. between 1st and 2nd St. An address for use with GPS is 150 Cherry St., Chico, CA.

Parking

There is a lot of free parking around campus so you should not need to pay for parking. The residential areas between 2nd and 3rd streets have lots of street parking.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have at (530)898-4378.

NOLS Wilderness Medicine:

Office Hours: Monday to Friday, 9:00am to 5:00pm Mountain Time.

Phone: (866) 831-9001

Fax: (307) 335-2355

Email: wilderness_medicine@nols.edu

Website: www.nols.edu/wilderness-medicine

