WILDERNESS FIRST AID (WFA)

Sponsored by NOLS Wilderness Medicine and Far Flung Outdoor Center

Dates: *January 3-4, 2019*

Tuition Cost: \$259.00

Location: *Oasis Lodge at the Far Flung Outdoor Center*

COURSE DESCRIPTION

Prepare for the unexpected with this fun, hands-on introduction to wilderness medicine, taught over two days. If you like to take short trips relatively close to medical resources, work at wilderness camps, enjoy weekend family outdoor activities, or recreate outdoors, this course is for you.

This course is great for people of all experience levels, and is best suited for those who recreate outdoors where EMS response can be expected in a timely manner (fewer than 8 hours). You'll learn the Patient Assessment System, how to provide effective first aid treatments for injuries and illnesses common in the outdoors, and how to make appropriate evacuation decisions.

You'll learn both in the classroom and in outdoor settings regardless of weather, so come prepared for wet, muddy, cold or hot environments!

The WFA course is pre-approved for 16 hours of EMT CEU's by CECBEMS.

Upon successful completion of practical and written exams you will receive a two-year NOLS Wilderness Medicine certification.

This course **DOES NOT** include CPR.

RECERTIFICATION

The WFA may be used to recertify a WFR or WAFA certification.

If you hold a current Wilderness First Responder certification from WMI, SOLO, or WMA, you will receive a NOLS Wilderness First Responder certification upon successful completion of your WFA course. If you hold a current WFR certification from any other wilderness medicine organization you will receive a letter of course completion in lieu of a NOLS WFR certification. This letter of completion <u>may</u> allow you to recertify with your original certifying organization. You should contact that organization <u>prior</u> to your NOLS Wilderness Medicine course to ensure that our course will meet their requirements for recertification.

All WFR students who would like to re-certify are required to submit a photocopy of their WFR certification card on the first day of the course.

REGISTRATION/POLICIES

A non-refundable deposit of \$50 is required to reserve a space in the course with the tuition balance due 48 hours prior to the first day of class. Payment may be made by cash, check or credit card. The tuition cost covers instructors, textbooks, syllabus, equipment and certifications only. It does <u>not</u> cover lodging, travel, meals or incidentals.

CANCELLATION AND REFUND POLICY

If a student withdraws from the course:

- Prior to the first day of the class, the deposit of \$50 is non-refundable and non-transferable.
- Within 48 hours of the class or during the class, the tuition is non-refundable and non-transferable

WMI STUDENT AGREEMENT

Please download this agreement (http://www.nols.edu/wmi/pdf/wmi_agreement.pdf) and read it very carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

CLASS FORMAT/ EQUIPMENT

Check in is at 7:45 AM on the first day of the course. Course days run from **8:00am** – **5:00pm**. The format for this 16 hour Wilderness First Aid is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for lying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently, stage blood (moulage) and make-up will be used to emphasize the reality of a scenario.

TRAVEL/DIRECTIONS

The course will be held at the Oasis Lodge on the campus of the Far Flung Outdoor Center. Far Flung Outdoor Center is located on FM 170 about one half mile west of the intersection of Highway 118 and FM 170 in Study Butte/Terlingua. For specific directions go to: http://bigbendfarflung.com/about-us-2/directions/

LODGING

Casita Lodging: Far Flung Outdoor Center has 12 fully furnished "casitas" for rent as overnight accommodations. Each unit includes two queen beds, a mini-kitchen with microwave, refrigerator, coffee pot and sink and large porches to enjoy a West Texas sunset. For more information about Big Bend Casitas go to: www.bigbendfarflung.com/lodging.

Far Flung Outdoor Center will be offering \$139/night, double occupancy rates for students enrolled in the 2019 WAFA course. Contact us at 432-371-2633 to book your casita!

Camping: Tent camping is available at Far Flung for \$15/night which includes the use of campground, showers, restrooms and outdoor kitchen.

Please note that pets are not allowed at the course and cannot be kept in a vehicle on the Far Flung campus. Smoking and/or the use of alcohol is prohibited in the classroom or during class training sessions.

Please contact Far Flung Outdoor Center with any questions at: 432-371-2633 or by email at greg@ffoc.net
www.bigbendfarflung.com