



## WILDERNESS FIRST RESPONDER RECERTIFICATION

Sponsored by the University of Idaho College of Natural Resources McCall Outdoor Science School and NOLS Wilderness Medicine

**DATES:** December 14-16, 2018

**COST:** \$302, tuition only; \$428.60 tuition/room/board

LOCATION: McCall Field Campus, 1800 University Lane, McCall, Idaho

**CONTACT:** Sacha Jackson, 208.885.9517, sachaj@uidaho.edu

**ENROLL:** <a href="https://moss.uidaho.edu/forms/guest.cfm">https://moss.uidaho.edu/forms/guest.cfm</a>; Password: <a href="page-4">guest</a>; Group Name: <a href="https://moss.uidaho.edu/forms/guest.cfm">NOLS</a>

**PAYMENT:** Payable to *University of Idαho, Bursar*; remit payment to MOSS ATTN: Sacha Jackson,

PO Box 1025, McCall, ID 83638



Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations.

You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared. These online resources will assist you:

www.nols.edu/en/resources/wilderness-medicine-resources/

Upon successful course completion, dependent on your current certification, you will earn the one of your NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/Wilderness EMT, Adult and Child CPR & Airway Management; and Epinephrine Auto-injector.

## **CLASS FORMAT AND PERSONAL PREPAREDNESS**

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage-blood and make-up are used to enhance the realism of a scenario. The classroom environment often lends itself to a pair of comfy shoes and a camp chair.

## **PACKING CHECKLIST**

☐ Notebook & pencil/pen	☐ Light day pack	Light hiking boots or sturdy shoes
Watch with seconds	□ Waterproof outerwear top & bottom	Slippers or comfortable shoes for
⊒ Sunglasses & hat	Clothing layers that allow you to be	classroom time (optional)
→ Water bottle	comfortable in a variety of weather	Camp chair for classroom time
⊒ Headlamp	conditions	(optional)

# WAFA/WFR/WEMT RECERTIFICATION REQUIREMENTS

**NOLS Wilderness Medicine Graduates:** NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

**Graduates from Other Wilderness Medicine Providers:** NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAFA certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

## **REGISTRATION**

Tuition payment in full is required to reserve your spot in the course. You can pay by calling Sacha in the McCall Outdoor Science School office with credit card information (we accept Visa or Mastercard) or by mailing a check – payable to *University of Idaho, Bursar* and remit to MOSS ATTN: Sacha, PO Box 1025, McCall, ID 8363

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits.

# **CANCELLATION & REFUND POLICY**

A full refund will be given if the McCall Outdoor Science School needs to cancel the course for any reason. If you cancel or withdraw from a course:

- Greater than or equal to 45 days prior to the course start date, the McCall Outdoor Science School will retain a \$50.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 45 days of the course start date, tuition is non-refundable and non-transferable.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

# **NOLS WILDERNESS MEDICINE STUDENT AGREEMENT**

Please download this agreement and read it very carefully as it affects your legal rights: www.nols.edu/en/filer/public/1481683959/906/

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

### CONTINUING EDUCATION AND COLLEGE CREDITS

**EMT Continuing Education:** NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

More information on continuing education credits can be found here: <a href="https://www.nols.edu/en/resources/credit-continuing-education/continuing-education/">www.nols.edu/en/resources/credit-continuing-education/continuing-education/</a>

**Pre-Course Access to College Credit:** The WFR Recert course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$80. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

### TRAVEL/DIRECTIONS

The McCall Field Campus is located on the shores of Payette Lake, inside Ponderosa State Park, about 1.5 miles (2.4 km) north of McCall, Idaho. McCall can be reached heading south via State Highway 55 from New Meadows, Idaho, and reached by heading north on Highway 55 from Boise. Turn east on Railroad Ave; turn left at the second stop sign on Davis; go through the stop sign on Lick Creek and drive into the park; go through the kiosk (stop and tell the PSP employee that you are coming here); and you will see our driveway on the left.

### ROOM/BOARD

On site room and board: \$126.60

On site lodging begins Thursday afternoon, December 13 and ends Sunday afternoon, December 16. The lodging facilities are bunkhouse units; space may be shared with up to seven other people. Bring bedding, linens and toiletries with you; bottom sheets are provided.

On site meals begin with breakfast on Friday, December 14 and end with lunch on Sunday, December 16. Meals are 30 minutes long; be sure to arrive in the first 10 minutes to ensure someone doesn't get seconds before you get firsts! We serve one main entree with sides and a yogurt/fruit or salad bar. We are happy to accommodate allergies, vegetarians and special meal requests. Feel free to contact us with questions about your specific meal needs.

There is no onsite camping or RV options. Student pets are not allowed during this course.

## Alternative Lodging Options:

InIdaho.com 1-800-84-IDAHO (1-800-844-3246)

Ponderosa State Park, <a href="http://www.idahoparks.org/parks/ponderosa.aspx">http://www.idahoparks.org/parks/ponderosa.aspx</a>

There are a variety of hotels in McCall

## **NOLS Wilderness Medicine Contact Info:**

Office Hours: Monday to Friday, 9:00am to 5:00pm MT

Phone: 866.831.9001

Email: wilderness medicine@nols.edu

*Fax:* 307.335.2355

Website: http://www.nols.edu/wilderness-medicine