

WILDERNESS FIRST RESPONDER

Sponsored by the University of Idaho College of Natural Resources
McCall Outdoor Science School and NOLS Wilderness Medicine



DATES: November 30 - December 09, 2018
COST: \$710, tuition only; \$1158.70 tuition/room/board
LOCATION: McCall Field Campus, 1800 University Lane, McCall, Idaho
CONTACT: Sacha Jackson, 208.885.9517, sachaj@uidaho.edu
ENROLL: <https://moss.uidaho.edu/forms/guest.cfm>; Password: guest; Group Name: NOLS
PAYMENT: Payable to University of Idaho, Bursar; remit payment to MOSS ATTN: Sacha Jackson, PO Box 1025, McCall, ID 83638

COURSE DESCRIPTION

The Wilderness First Responder course is essential if you work or recreate in the outdoors or in other austere environments where access to medical care is delayed or communication is unreliable. It is the industry standard for professional guides, trip leaders, search and rescue team members, outdoor recreationists, and international travelers. Upon completion, you will be able to conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness, and make crucial evacuation decisions. During this fast-paced, engaging course, you will spend half your time practicing skills and participating in realistic scenarios, including a full-scale night mock rescue.

NOLS Wilderness Medicine's nationally recognized curriculum encompasses a wide range of topics including long-term patient care, wound management, selective spine immobilization, reducing dislocations, litter packaging, and epinephrine administration. Dynamic educators who have practiced medicine in both wilderness and urban environments will teach you skills and protocols to step forward in an emergency, and you will finish the intensive 80-hour course with the tools and confidence to manage patients in the backcountry for multiple days.

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness First Responder, Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m., with two additional evening sessions. Ten-day courses will include a day off; nine-day courses do not. The class format is classroom lectures integrated with practical scenarios, case studies, and skills practice sessions. Attendance is required at all classes.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of indoor comfy shoes and a camp chair. A 4-hour evening, outdoor mock rescue is part of the curriculum; dress accordingly.

PACKING CHECKLIST

- Notebook and pencil or pen
- Watch with seconds
- Sunglasses and hat
- Water bottle
- Headlamp
- Light day pack
- Waterproof outerwear top & bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Camp chair for classroom time (optional)

COURSE OUTLINE: <https://nols.edu/en/coursefinder/courses/wilderness-first-responder-WFR>

REGISTRATION

A deposit of \$300 is required to reserve your spot on the course. The balance of tuition is due 30 days prior to the first day of the course – October 31, 2018. You can pay by calling Sacha in the McCall Outdoor Science School office with credit card information (we accept Visa or Mastercard) or by mailing a check – payable to University of Idaho, Bursar and remit to MOSS ATTN: Sacha, PO Box 1025, McCall, ID 8363

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits.

CANCELLATION & REFUND POLICY

A full refund will be given if the McCall Outdoor Science School needs to cancel the course for any reason. If you cancel or withdraw from a course:

- Greater than or equal to 45 days prior to the course start date, the McCall Outdoor Science School will retain a \$50.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 45 days of the course start date, tuition is non-refundable and non-transferable.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights:

<https://www.nols.edu/en/filer/public/1481683959/906/>

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

CONTINUING EDUCATION

EMT Continuing Education: NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 70 CEU hours at no additional cost for participation in a Wilderness First Responder course.

Please bring a photocopy of your current EMT card(s) with you to your course. Also, ensure that CAPCE CEUs will be accepted by your State EMS organization.

Fellowship in the Academy of Wilderness Medicine (FAWM): Through joint sponsorship with the Wilderness Medical Society active members of WMS may earn up to 55 hours at no additional cost for participation in the Wilderness First Responder course. Learn more about WMS here: www.wms.org

COLLEGE CREDITS

Pre-Course Access to College Credit: The WFR course is pre-approved for three semester hour credits through Western State Colorado University (WSCU) for an additional cost of \$240. Thirty days **prior** to the

NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

On-Course Access to College Credit: The WFR course is pre-approved for three semester hour credits through the University of Utah for an additional cost of \$300. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

TRAVEL/DIRECTIONS

The McCall Field Campus is located on the shores of Payette Lake, inside Ponderosa State Park, about 1.5 miles (2.4 km) north of McCall, Idaho. McCall can be reached heading south via State Highway 55 from New Meadows, Idaho, and reached by heading north on Highway 55 from Boise. Turn east on Railroad Ave; turn left at the second stop sign on Davis; go through the stop sign on Lick Creek and drive into the park; go through the kiosk (stop and tell the PSP employee that you are coming here); and you will see our driveway on the left.

ROOM/BOARD

On site room and board: \$448.70

On site lodging begins Thursday afternoon, November 29 and ends Sunday afternoon, December 9. The lodging facilities are bunkhouse units; space may be shared with up to seven other people. Bring bedding, linens and toiletries with you; bottom sheets are provided.

On site meals begin with breakfast on Friday, November 30 and end with field lunch on Sunday, December 9. Meals are 30 minutes long; be sure to arrive in the first 10 minutes to ensure someone doesn't get seconds before you get firsts! We serve one main entree with sides and a yogurt/fruit or salad bar. We are happy to accommodate allergies, vegetarians and special meal requests. Feel free to contact us with questions about your specific meal needs.

There are no onsite camping or RV options. Student pets are not allowed during this course.

Alternative Lodging Options:

InIdaho.com 1-800-84-IDAHO (1-800-844-3246)

Ponderosa State Park, <http://www.idahoparks.org/parks/ponderosa.aspx>

There are a variety of hotels in McCall

NOLS Wilderness Medicine Contact Info:

Office Hours: Monday to Friday, 9:00am to 5:00pm MT

Phone: 866.831.9001

Email: wilderness_medicine@nols.edu

Fax: 307.335.2355

Website: <http://www.nols.edu/wilderness-medicine>

