

# Wilderness Emergency Medical Technician Course Logistics (Lander, WY)

## Arrival and Departure

### Arrival

Please plan to arrive in the afternoon on the Sunday prior to your course start date. Check in begins at 1:00 p.m. and an evening meal will be provided at 6:00 p.m. for all arriving students.

### Class Days

Check in to class no later than 7:45 a.m. on the first day of the course. Class days run from 8:00 a.m. to 5:00 p.m. Monday through Friday, plus one or two evening sessions each week. Students will spend some of their weekend time at clinical rotations.

### Departure

Class ends before lunch on the last Friday of the course. Checkout is by 2:00 p.m.

## Lodging and Meals

The Wyss Wilderness Medicine Campus is the site for class, meals, and lodging during the WEMT course.

Wyss Wilderness Medicine Campus  
222 Red Canyon Road, Lander, WY 82520

### Lodging

You may check-in to your lodging after 1:00 p.m. on the day prior to your course start date.

At 7:00 p.m. on the Sunday before the course starts, there will be an orientation to assist with check-in and introduce students to the campus staff, facilities, policies, and procedures. **All students must attend this orientation.**

Accommodations are in four-person cabins, each with a shared shower and bathroom; private rooms are not available. Linens, towels, and one pillow are provided. Bring a warm blanket or a sleeping bag. You will need to bring all personal items with you. Laundry facilities are not available on-site, but laundromats are available in Lander, 13 miles away. NOLS Wilderness Medicine WEMT courses include a community living experience. As such, students participate regularly in facility cleanups, including kitchen, classroom, and cabin cleaning.

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The WEMT course is a no-alcohol, no-drugs course. No consumption or storage of alcohol is allowed on the site throughout the course. Students who violate this policy will be expelled with no refunds awarded.

### **Meal Plan**

Meals begin with a group dinner for all participants at 6:00 p.m. on the evening before the course. The meal plan includes three bountiful, healthy meals per day served buffet style Monday through Friday. Vegetarian options are available with each meal at no extra cost. If you require additional food, you will need to supplement with your own supplies. Meals will not be served on weekends. However, there is a small kitchen in the dining hall for student use. On the days meals are not provided, grocery stores and restaurants are available in Lander. The last meal provided is breakfast on the final day of the course.

**Please Note:** Throughout the course, you will be assigned to a kitchen cleanup crew one day a week for the three meals served that day. Total time investment will be about one hour per day. Responsibilities include assisting with dishwashing and cleanup of the dining area. The kitchen staff will brief you on the particulars of these tasks at the beginning of the course.

## **Travel**

### **Flights**

The closest airport to Lander is in [Riverton, WY](#). There is limited airline service into Riverton from Denver, CO. Some of these options are via a charter service and do not provide baggage connection services with other airlines. Passengers may need to go through additional security screening and check-in in Denver. If you choose to fly into Riverton, be sure to research your options thoroughly. Riverton is about 45 minutes from the Wyss Campus.

The [Casper, WY airport](#) is the next closest airport for accessing Lander. Though there are more flight options through Casper, it is about 2.5 hours from the Wyss Campus.

### **Airport Shuttles**

Shuttle service is available from both airports to the Wyss Campus through the Wyoming Share-A-Ride shuttle. Please contact [Share-A-Ride](#) directly for booking information. Be sure to tell them your drop-off location is the Wyss Campus at 222 Red Canyon Road, 11 miles outside of Lander.

Pre Course:

Before booking your flights, please plan and confirm availability of shuttle. You should confirm with Share-A-Ride directly and not assume that a shuttle will be available.

Post Course:

If you need a shuttle back to the airport after the course is over you will be departing either from the Wyss campus or the EMT testing center in the city of Riverton, WY. You will not know which

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location you will be at for the shuttle until the last week of the WEMT course. You should still inform Share-A-Ride that you intend to take the shuttle and then once you find out which departure location you will use, you can update the shuttle. Alternatively, you can opt to stay in Lander or Casper on the Friday night that your course finishes and fly out on Saturday. You should confirm the shuttle that works best for you prior to booking your hotel or flight.

### Driving to the Course Site

For those driving, we suggest checking the [Wyoming Department of Transportation road report](#) or call 1-888-996-7623. Please note that there are two entrances to Red Canyon. The southernmost entrance to the canyon is **closed** during the winter. The following directions are written in reference to the northernmost entrance, which is approximately nine (9) miles south of downtown Lander. Please see the enclosed map.

Driving from Lander:

- From downtown Lander, travel east on Main Street, which becomes US-287. At approximately 8 miles you will reach the Rawlins Junction (US-287/Wyoming 28), continue on Wyoming 28 (toward Farson) past the Junction for approximately 1 mile, then turn right on Red Canyon Road. You've missed the turn off if you pass over the Little Popo Agie River.

Driving from Rawlins:

- Head north on US-287/WY-789. Stay on US-287/WY-789 for approximately 115 miles until you come to the junction between US-287/WY-789 and Wyoming 28. Take a left on Wyoming 28 (turning right will take you to Lander). After about a mile, take a right on Red Canyon Road.

Driving from Rock Springs:

- Head north on U.S. Route 191 for about 40 miles. Take a right at Farson onto Wyoming 28 heading northeast. Drive for approximately 65 miles, over South Pass, and take a left at the **second** entrance to Red Canyon Road. You will see a sign for the Little Popo Agie River on your right. The second entrance to Red Canyon Road is on your left after passing this sign.
- After turning onto Red Canyon Road, drive for about 2 miles. The campus will be on your right. **Please be respectful of other cars and drive carefully**; Red Canyon is a rural neighborhood and portions of the road are unpaved. The road is narrow and barely wide enough for two cars. Driving at or below the speed limit (30 mph) is strongly suggested.

## Mail, Telephone, Internet, and Laundry

### Mail

During the course, mail may be sent to WEMT students at the following address. Please stop the forwarding of your mail prior to the end of the course.

WEMT Student, *Student Name*

Wyss Wilderness Medicine Campus

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222 Red Canyon Road, Lander, WY 82520

### Phones and Internet

Should you run into any travel problems en route to the course, please leave a message at **(866) 831-9001**. If your flights are delayed and you need a taxi from the airport to campus, please call the taxi service directly.

Phone messages can be left for you at the NOLS Wilderness Medicine office at (866) 831-9001 and will be delivered to you periodically throughout the week. You will not be directly reachable by phone at the WWMC. Cell phone coverage at the campus is minimal and dependent on your carrier.

The WWMC has wireless Internet coverage. You will be using an online platform throughout the course, so we strongly encourage you to bring a laptop or tablet device. Though there are a few public computer terminals for student use, you will appreciate having your own device, if possible.

### Laundry

There is one laundromat in town: American Dry Cleaners at 175 N. 5th Street (on the corner of 5th Street and Lincoln Street). Their phone number is (307) 332-5454.

## Recreation and Packing List

Lander lies at the foothills of the Wind River Mountains, bordering the Shoshone National Forest. Opportunities for biking, rock climbing, hiking, running, camping, and fishing abound through the summer months, while hiking, skiing, and snowshoeing are popular activities in winter. There are banks, grocery stores, sporting goods stores, and other shopping and recreational opportunities in Lander and the surrounding area.

**More information about Lander, Wyoming can be found at the following websites:**

City of Lander: [www.landerwyoming.org](http://www.landerwyoming.org)

Lander Chamber of Commerce: [www.landerchamber.org](http://www.landerchamber.org)

### Equipment & Clothing

[Weather in the Rockies](#) is reliably cool. Winter temperatures range from  $-20^{\circ}$  to  $40^{\circ}$ F, spring temperatures range from  $0^{\circ}$  to  $60^{\circ}$ F, summer range from  $30^{\circ}$  to  $100^{\circ}$ F, and fall temperatures range from  $-5^{\circ}$  to  $70^{\circ}$ F. It is generally sunny in Lander year-round; sunscreen is important.

**Please bring the following required items:**

- Large day pack (book bag or weekend trip size is great; anything bigger will be too much)
- Water bottle
- Outdoor clothing to include:

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- Multiple non-cotton layers
- Waterproof outer tops & bottoms
- Hat/mittens/gloves
- Warm boots (some students have recommended gaiters for winter courses)
- Flashlight or headlamp
- Watch with a second hand (either analog or digital is fine)
- Professional attire for clinical rotations (see Course Description for more details)
- Sleeping bag and/or blanket (sheets and pillow provided on course)
- Towel(s)
- Toiletries and all personal items
- Laptop computer / Tablet device (strongly recommended)

### **You may also wish to bring the following items:**

- Notebook
- Small reading lamp
- Extra blankets, especially for January courses
- Pens, pencils, and colored highlighters
- Mobile phone
- Knee pads (for acting as a rescuer on frequent scenarios)
- Warm slippers to wear around the classroom (muddy footwear is not allowed in the classroom building)
- A camp style chair for classroom time
- Recreational equipment
- Snowshoes or skis are optional for winter courses

We will provide all necessary medical equipment.

### **What NOT to bring:**

- No alcohol or drugs. There is a no alcohol, no drugs policy on site; they are not allowed in or near the lodging or classroom facilities. There is no tobacco allowed in the lodging or classroom facilities.
- Pets are not allowed at the teaching or lodging site. This includes leashing them outside or housing them in vehicles. No exceptions. Any student bringing a pet to class will be asked to leave class until the pet is safely situated in a kennel or other facility. Please take responsibility to make these arrangements before arriving to class.
- No firearms or weapons. The possession or use of firearms or weapons of any type are prohibited on the property, including the housing. Students traveling with firearms or weapons should make independent arrangements to temporarily store weapons off-site.

## WYSS WILDERNESS MEDICINE CAMPUS MAP

