

# NOLS WILDERNESS MEDICINE

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## WFR Recertification Hybrid Course Schedule

December 2017

### DAY 1

#### Morning

- Intros, Orientation, Test Review
- Patient Assessment System
- Shock
- Chest Injury
- Head Injury

#### Afternoon

- Spinal Management
- Wilderness Wound Management
- Dislocations
- Athletic Injuries

#### Evening

- CPR

### DAY 2 Morning

- Fractures
- Altitude Illness
- Heat Illnesses and Hydration
- Hypothermia
- Medical Topics

#### Afternoon

- Medical Topics
- Final Q&A Closing/Evaluations

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