Building Capacity for Highschool Students to be Backcountry Medical Providers



## Allison McGuire

SHE, HER

President of Bosque School Medical Reserve Corps



Challenging Education



## Madison Dressler

SHE, HER

Co-President of Bosque School Medical Reserve Corps



Challenging Education

Young wilderness medical First Responder/EMT confronted with their first complicated wilderness medical situation since they took their initial training 18 months ago. Patient fell and sustained internal thoracic injuries requiring airway management. As a program manager, how confident are you in the skills of the provider to deal with the situation?

### Our Model

Student led and founded



- Mentorship Program
- Having them use those skills on a weekly basis

# Keeping Skills



## Physician Supervision



Dr. Mike Richards

 Vice Chancellor for Clinical Affairs





\*Expanded scope of practice under NM EMS regulations\*

## Mentorship

Mentorship of experienced providers with younger students and pairing of providers to build confidence and hone skills





Mentee

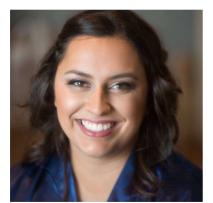
Mentor

### Patient Care in a School Setting

Emergency issues of rapid onset illness/injury



Maintenance of sports injuries/ rehabilitation through work with athletic trainer



Daily care of long term patients with diabetes and asthma



# Monthly Case Reviews

QA/QI- Quality Assurance/Quality Insurance

13-15 calls a month (have had up to 30 calls)

Average Month
~20 licensed members
Daily chronic care- diabetes
13-15 on campus activations
1-2 standby events
1-2 community events with UNM-MRC/FEMA

### Standby Events and Community Events

# BOSQUE

Challenging Education







# Outdoor Deployments

## Outdoor Deployment

- Single day field excursions for science classes
  - Students with long term care needs
- 3-5 day backpacking trips
- Car camping trips/day hikes
- Winterim weeks
  - ► Experiential learning in the community





### Lessons Learned from Our Model

High School students CAN deliver high quality medicine in school and wilderness settings, however, physician medical control is critical to success and legitimacy of program.





## Airway Training

# Steps You Can Take

- Asses readiness and patient care numbers for each of your wilderness medicine providers in your organization and if numbers are low consider:
  - Community based health care initiatives such as MRC affiliation
  - Providing assistance to community fundraisers by staffing first aid stations
  - School or other community based location to provide medical services on an ongoing basis
- Start a program that engages high school students as interns within your own program as they train and become wilderness medicine providers

## Questions?



Building Capacity for Highschool Students to be Backcountry Medical Providers

# Thank you!