

NOLS WILDERNESS MEDICINE

WFR Recertification Hybrid Course Schedule

DAY 1

Morning

- Introductions, Orientation, Test Review
- Infection Control and Personal Protective Equipment
- Patient Assessment System
- Shock
- Chest Injury
- Head Injury

Afternoon

- Spinal Management
- Wilderness Wound Management
- Dislocations
- Athletic Injuries

Evening

- CPR

DAY 2 Morning

- Fractures
- Altitude Illness
- Heat Illnesses and Hydration
- Hypothermia
- Medical Topics

Afternoon

- Medical Topics
- Final Q&A Closing/Evaluations