

NOLS WILDERNESS MEDICINE

Wilderness Medicine for the Professional Practitioner Schedule

Day 1

Morning

Medicine in the Wilderness Context
Infection Control and Personal Protective Equipment
Patient Assessment in the Wilderness
Head Injury
Spine Injury: Lifting and Moving
Spine Injury: Focused Spine Assessment
Shock
Chest Injury

Afternoon

Usable Musculoskeletal Injury
Dislocations
Unusable Musculoskeletal Injury
Spinal Immobilization
Stress Injury/Psychological First Aid
Water Disinfection

Day 2

Morning

Medical Decision-making
Wounds, Burns and Infection
Scenario and Leadership Debrief
Cold Injury
Heat Illness

Afternoon

Altitude Illness
Lightning
Envenomation
The Medical Patient in the Wilderness
Anaphylaxis
Medical Legal