

WILDERNESS FIRST RESPONDER COURSE

Sponsored by *Jen Hunt* and the Wilderness Medicine Institute of NOLS

STATEMENT

NAME: _____

COURSE DATES/TITLE: *WFR*
 Yosemite: El Portal
 August 14 - 23

COST: *\$640.00*

MEALS/LODGING: *N/A*

SUBTOTAL: *\$640.00*

LESS DEPOSIT: *(\$320.00)*

BALANCE DUE: *\$320.00*

THE BALANCE OF COURSE FEES ARE DUE THE FIRST DAY OF THE COURSE.
(Balances may be paid with a check – include driver's license number;
visa/ mastercard; or cash)

THANK YOU

WILDERNESS FIRST RESPONDER COURSE
Sponsored by the Wilderness Medicine Institute of NOLS and Jen Hunt
(jenhunt335@gmail.com)

DATES: August 14 - 23, 2009

COST: \$640.00 Tuition only

LOCATION: Yosemite: El Portal, CA

COURSE DESCRIPTION

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to make difficult medical decisions. This course is fast-paced and engaging. You'll spend half your time outside of the classroom doing hands-on skills and realistic scenarios. In addition to scenarios, you'll participate in a full-scale night mock rescue. WMI's curriculum encompasses a wide range of topics including long-term patient care, wound management, straightening angulated fractures, reducing dislocations, litter packaging and administering medications. You'll complete this course with the tools and confidence to manage patients in the backcountry for multiple days. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. You'll be taught by dynamic educators who have practiced both wilderness and urban medicine. This 10-day course is ideal for all professionals operating in remote environments. Adult/child CPR certification is included. The WFR course is pre-approved for 70 hours of EMT CEU's by CECBEMS.

REGISTRATION/POLICIES

A deposit of \$320.00 is required to reserve a space in the course. Tuition balance is due the first day of the course. Payments may be made via checks, with driver's license number, *Visa/MasterCard* or cash. The tuition fee covers textbooks, syllabus, equipment and certifications. A full refund will be given if we are forced to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, sponsor will retain a \$35.00 administrative fee.
- Within 30 days of the course start date and once the course has begun, tuition is non-refundable and non-transferable as per the following:
 - o WFA, WFR-R, WMPP loss of full tuition.
 - o WFR, WAFA, WUMP loss of course deposit.

Acknowledgment and Assumption of Risks Release and Indemnity Agreement: Please read the enclosed document very carefully as it affects your legal rights. Bring the signed document to the first day of the course. If you are a minor, a parent or guardian must sign

the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

CLASS FORMAT/ EQUIPMENT

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00am – 5:00pm. Two evening sessions will be scheduled. The format for this 80-hour WFR is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet or muddy ground playing the role of both rescuer and patient. El Portal in August will be hot and sunny so be prepared to protect yourself from the sun. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair.

You will need: a large day pack with multiple layers, water bottle, waterproof tops and bottoms, sturdy shoes, head lamp or flashlight and a watch with a second hand. A 4-hour evening, outdoor mock rescue is part of the curriculum, so please dress accordingly.

CONTINUING EDUCATION COLLEGE CREDIT AND EMT CEUS

The course is pre-approved for three (3) semester hour credits through the University of Utah at a cost of \$200.00. If interested, please check with the instructors on the first day of class for the necessary information.

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 70 CEU hours for their Wilderness First Responder courses. Please bring a photocopy of your current EMT card(s) with you to your course.

TRAVEL/DIRECTIONS

The course will take place at the El Portal Community Hall. El Portal is on Hwy 140 a couple miles from Yosemite's Arch Rock entrance. When driving towards the park on Hwy 140 you will pass Cedar Lodge and El Portal Rd is about five miles down on the left. If you reach the gas station you've gone too far (If coming from the Park you will pass the Yosemite View Lodge and then take the first right after the gas station). Take a left on EL Portal Rd and a right on Foresta Rd. The Community Hall is the second building on the right. Park in the lot at the intersection of El Portal and Foresta Rd.

LODGING/FOOD

There are no meals and lodging package available for this course. Lodging in the area is very limited due to the time of year. It is advised that you secure lodging as soon as possible. There are only a few options for the budget traveler and a variety of options for the traveler with a larger budget.

I have reserved 4 campsites in the Indian Flat campground (approx. five minute drive from classroom, 9988 Hwy 140). The campsite is \$7 per person per night, and there is running water at the campground as well as a shower facility. There are also four tent cabins reserved at this campground for \$59/ night and there are two beds in each cabin. If you are interested in this lodging option please email Jen Hunt at jenhunt335@gmail.com. Please refer to www.indianflatrvpark.com for more information.

Other camping options include:

- Dry Gulch Campground (Forest Service, approx. 5 - 10 min drive)
- Bryceburg (BLM, approx. 30 min drive to classroom)
- Yosemite Valley campgrounds (approx. 30 min drive)
- KOA Midpines (approx. 40 min drive)

Hotels:

- Yosemite Valley View (less than 5 min drive)
- Cedar Lodge (approx. 5 min drive)
- Yosemite Bug Hostel (approx 35 - 40 min drive)

Vacation Rental Options (ideal for group traveling together):

- Incline House (approx 5 - 10 min drive)

- Foresta Rentals (25 - 30 min drive)

There is a small market in El Portal. There is also a store in Yosemite Valley, and the closest grocery store is in Mariposa. The two restaurants in El Portal are at the hotels, Yosemite Valley View and the Cedar Lodge. Yosemite Valley also has a couple of restaurant options as well as the town of Mariposa and the Bug Hostel in Midpines.

The gas prices in El Portal are usually the highest so it is advised to fill up prior to arriving. There is no gas in Yosemite Valley.

RECREATION

Yosemite is one of the world's best playgrounds so bring your toys. If you have a bike, I would advise bringing it both for traveling within El Portal as well as the nearby area. The river will also be good for swimming so bring your bathing costume.

PETS ARE NOT ALLOWED AT THE COURSE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

We hope this information is helpful. Please contact us with any questions or concerns you may have. *Our office hours are Monday - Friday, 9:00am - 5:00pm Mountain Time.*

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