



Hui Mālama I Ke Kai Foundation
41-1537 Kalanianaʻole Hwy. #201B
Waimanalo, Hawaii 96795
(808) 259-2601
(808) 259-2603 (fax)

WMI WILDERNESS FIRST AID

Sponsored by the Wilderness Medicine Institute of NOLS and Hui Mālama I Ke Kai Foundation

DATES: *July 9-10*
COST: *\$200.00 Tuition (with lunch provided)*
LOCATION: *Waimanalo Teen Project, 41-477 Hihimanu St, Waimanalo, HI*

COURSE DESCRIPTION

Fast paced and hands-on, this two- or three-day course covers a wide range of wilderness medicine topics for people who travel in the outdoors. Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" On this course, you'll learn how to prepare for the unexpected. WMI's curriculum is unique and includes many advanced topics that other programs leave out such as dislocation reduction, focused spinal assessment and epinephrine administration. In just two days, you'll have the knowledge, skills and ability to make sound decisions in emergency situations. This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other governmental agencies. This course *does not* include CPR.

WFR RECERTIFICATION REQUIREMENTS

If you hold a current Wilderness First Responder certification from WMI, SOLO, or WMA, you will receive a WMI WFR certification upon successful completion of your WFA. Please bring a copy of your current certification if other than WMI. If you hold a current WFR certification from any other wilderness medicine organization you will receive a letter of course completion in lieu of a WMI WFR certification. This letter of completion may allow you to recertify with your original certifying organization. You must contact that organization prior to your WMI course to ensure that our course will meet their requirements for recertification.

WFR RECERTIFICATION REQUIREMENTS

Participants using the WFA course to recertify their WFR will be required to pass both a written and a practical test on day 2 of the course. Check the following web page for information and resources on how to best prepare for your course. <http://www.nols.edu/wmi/about/faq.shtml#prepare>

All students are required to submit a photocopy of their WFR certification card on the first day of the course.

There is a one-year grace period for recertification of WMI cards (Please keep in mind that your certification is not current during this grace period and will not be viewed as a valid Wilderness First Responder certification once the grace period has begun.)

REGISTRATION/POLICIES

Tuition payment in full is required to reserve your spot in the course. Tuition is non-transferable. Tuition is payable by check (with driver's license number) or cash. The tuition fee covers textbooks, syllabus, equipment and certification cards. Lunch will also be provided and included in tuition cost. A full refund will be given if we are forced to cancel the course for any reason.

To register, please contact Lani at lanieckart@gmail.com or (808) 259-2601 by June 30, 2009.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- ❖ Greater than or equal to 30 days prior to the course starting date, WMI will retain a \$35.00 administrative fee.
- ❖ Within 30 days of the course start date and once the course has begun, tuition is non-refundable as per the following:
 - WFA, WFR-R, WMPP loss of full tuition.

Acknowledgment and Assumption of Risks Release and Indemnity Agreement: Please read the enclosed document very carefully as it affects your legal rights. We ask that you bring this signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

CLASS FORMAT/ EQUIPMENT

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00am – 5:00pm. The format for the WFA/WFR Recert is classroom lectures integrated with practical scenarios. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet, muddy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair. Please come equipped with a light day pack, waterproof top and bottom, light hiking boots, and layers well suited for spending time outside playing the role of patient and rescuer.

TRAVEL/DIRECTIONS

Travelling south on Kalanianaʻole Highway into Waimanalo, turn right in Hihimanu Street. The Waimanalo Teen Project, 41-477 Hihimanu St will be on the left.

PETS ARE NOT ALLOWED AT THE TEACHING SITE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

Please contact us with any questions or concerns you may have.

Phone: 808-259-2601

Email: lanieckart@gmail.com

FAX: 808-259-2603

Web site: huimalamafoundation.org



Wilderness Medicine Institute of NOLS

Wilderness First Aid Course Schedule

DAY 1

Morning

- Introductions
- Patient Assessment System
 - Initial Assessment
 - Patient Exam, Vital Signs, Focused History
 - Documentation

Afternoon

- Spinal Cord Injury Management
- Head Injuries
- Shock
- Wilderness Wound Management

DAY 2

Morning

- Focused Spine Assessment
- Athletic Injuries
- Fractures
- Dislocations
- Heat

Afternoon

- Cold Injuries
- Lightning
- Altitude Illness
- Acute Abdomen
- Anaphylaxis
- The Unresponsive Patient
- Wilderness First Aid Kits