

**Wilderness Medicine Institute of NOLS,
WILDERNESS FIRST RESPONDER**

Sponsored by:

THE UNIVERSITY OF UTAH

**CENTER FOR
EMERGENCY PROGRAMS**

DATES: October 9-18, 2009
COST: \$630.00 Tuition only
LOCATION: University of Utah, Salt Lake City

COURSE DESCRIPTION

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to make difficult medical decisions. This course is fast-paced and engaging. You'll spend half your time outside of the classroom doing hands-on skills and realistic scenarios. In addition to scenarios, you'll participate in a full-scale night mock rescue. WMI's curriculum encompasses a wide range of topics including long-term patient care, wound management, straightening angulated fractures, reducing dislocations, litter packaging and administering medications. You'll complete this course with the tools and confidence to manage patients in the backcountry for multiple days. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. You'll be taught by dynamic educators who have practiced both wilderness and urban medicine. This 10-day course is ideal for all professionals operating in remote environments. Adult CPR certification is included. The WFR course is pre-approved for 70 hours of EMT CEU's by CECBEMS.

REGISTRATION/POLICIES

A deposit of \$315.00 is required to reserve a space in the course. Tuition balance is due the first day of the course. Payments may be made via checks, with driver's license number, or Visa/MasterCard. The tuition fee covers textbooks, syllabus, equipment and certifications. A full refund will be given if we are forced to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

All course payments and deposits are subject to the WMI of NOLS Refund and Cancellation Policy. If you cancel or withdraw from a course greater than or equal to 30 days prior to the course starting date, The University of Utah, Center for Emergency Programs will retain a \$35.00 administrative fee and refund your deposit/tuition. Within 30 days prior to the course start date, your tuition is non-refundable and non-transferable. Once the course has begun, the full tuition is non-refundable and non-transferable.

ACKNOWLEDGEMENT AND ASSUMPTION OF RISKS RELEASE AND INDEMNITY AGREEMENT

Please read the enclosed document very carefully as it affects your legal rights. Bring the signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

CLASS FORMAT/ EQUIPMENT

Check in is at 7:30 AM on the first day of the course. Course days run from 8:00am – 5:00pm. Two evening sessions will be scheduled. The format for this 80-hour WFR is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair.

You will need: a large day pack with multiple layers, water bottle, waterproof tops and bottoms, sturdy boots, head lamp or flashlight and a watch with a second hand. A 4-hour evening, outdoor mock rescue is part of the curriculum, so please dress accordingly.

CONTINUING EDUCATION COLLEGE CREDIT AND EMT CEUS

The course is pre-approved for three (3) semester hour credits through the University of Utah at a cost of \$200.00. If interested, please check with the instructors on the first day of class for the necessary information.

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 70 CEU hours for their Wilderness First Responder courses. Please bring a photocopy of your current EMT card(s) with you to your course.

UNIVERSITY OF UTAH, TRAVEL/DIRECTIONS

The course will meet in room 2090 Annex Building at the University of Utah, Salt Lake City Campus (1901 E. South Campus Drive).

From I-80 take exit 129 (Foothill Dr.) heading north
Turn right onto Mario Capecchi
Turn left onto East South Campus Drive and make the first right hand turn (100 meters)

* about 10 minutes from I-80

LODGING/ RECREATION

There are no room and board packages available for this course. Salt Lake City host many hotels with prices in all budgets. There is no camping within the area of the course. There are many restaurants around the University Utah area available either by Trax(the local train system) or by car, including some within walking distance.

The U of U Guest house is a short walk from the classroom and provides the most convenient lodging. There is a Trax station (www.rideuta.com/) right at the classroom (huntzman center stop). Any hotel in Salt Lake City near the University Trax line will make for an easy commute.

The Bonville Shorline Ridge Trail, is a recreation area within walking distance from the classroom and the University Guest House. This area allows for great trail running, hiking and mountain biking. The Wasatch Mountain Range hold world-class recreation of all sorts, including climbing, skiing/riding, mountain biking, trail running etc. These areas are all within a 15 minute drive of the course location.

University of Utah Guest House (hotel)
University Trax Line

801-587-1000
www.rideuta.com/

PETS ARE NOT ALLOWED AT THE COURSE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

We hope this information is helpful. Please contact us with any questions or concerns you may have.

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Websites:

WMI: <http://www.nols.edu/wmi/>

UUCEP: www.UUCEP.org