

**WMI WILDERNESS FIRST AID CERTIFICATION
WILDERNESS FIRST RESPONDER RECERTIFICATION**

Sponsored by REI, the McDowell Sonoran Conservancy, and the Wilderness Medicine Institute of NOLS

DATES: October 3rd – 4th, 2009
COST: \$195.00 Tuition Only
LOCATION: La Mirada Desert Park, Scottsdale, AZ

COURSE DESCRIPTION

Fast paced and hands-on, this two-day course covers a wide range of wilderness medicine topics for people who travel in the outdoors. Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" On this course, you'll learn how to prepare for the unexpected. WMI's curriculum is unique and includes many advanced topics that other programs leave out such as dislocation reduction, focused spinal assessment and epinephrine administration. In just two days, you'll have the knowledge, skills and ability to make sound decisions in emergency situations. This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other governmental agencies. This course does *not* include CPR.

WFR RECERTIFICATION REQUIREMENTS

If you hold a current Wilderness First Responder certification from WMI, SOLO, NOLS, WMA or WPT, you will receive a WMI WFR certification upon successful completion of your WFA or WFR Recert only course. If you hold a current WFR certification from any other wilderness medicine organization you will receive a letter of course completion in lieu of a WMI WFR certification. This letter of completion may allow you to recertify with your original certifying organization. You must contact that organization prior to your WMI course to ensure that our course will meet their requirements for recertification.

- All re-certification students must submit a photocopy of their WFR certification card on the first day of the course.
- There is a one-year grace period for recertification of WMI cards. (Keep in mind that your certification is not current during this grace period and therefore can not work as a Wilderness First Responder.)
- Participants using the WFA course to recertify their WFR will be required to pass both a written and a practical test on Day 2 of the course. Check the following web page for information and resources on how to best prepare for your course: <http://www.nols.edu/wmi/about/faq.shtml#prepare>

REGISTRATION/POLICIES

Tuition payment in full is required to reserve your spot in the course. Tuition is non-transferable. Tuition is payable by check (with driver's license number), Visa/MasterCard or cash. The tuition fee covers textbooks, syllabus, equipment, and certification cards. A full refund will be given if we are forced to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting, sponsor will retain a \$35.00 administrative fee.
- Within 30 days of the course start date and once the course has begun, your full tuition payment is non-refundable and non-transferable.

Acknowledgment and Assumption of Risks Release and Indemnity Agreement: Please read the enclosed documents very carefully as they affect your legal rights. We ask that you bring these signed documents to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

CLASS FORMAT/ EQUIPMENT

Check in is at 7:45am on the first day of the course; course days run from 8:00am – 5:00pm. The format for the WFA/WFR Recert is classroom lectures integrated with practical scenarios. Scenarios and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for lying on the potentially wet, muddy or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes and a crazy creek-type chair. Please come equipped with a light day pack, waterproof top and bottom (weather dependant), light hiking boots, and layers well suited for spending time outside playing the role of patient and rescuer.

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TRAVEL/DIRECTIONS

La Mirada Desert Park, Desert Center *(please see attached map)*
8950 E. Pinnacle Peak Rd
Scottsdale, AZ 85255
(480) 312-7275

LODGING/RECREATION

There is not a meal and lodging option for this course. Below are some lodging contacts.
Scottsdale Convention and Visitors Bureau (480) 421-1004 www.scottsdalecvb.com

Camping:

The nearest camping is approximately 15-miles away, for information contact:

Cave Creek Regional Park
37019 N. Lava Lane
Cave Creek, AZ 85331
(623) 465-0431
www.maricopa.gov/parks/cave_creek

Lodging:

Sheraton Desert Oasis	(480) 515-5888	3.6mi from La Mirada Desert Center
17700 N. Hayden Rd, Scottsdale, AZ 85254		
Xona Resort Suites	(888) 222-1059	3.9mi from La Mirada Desert Center
7677 E. Princess Blvd, Scottsdale, AZ 85255		
Spring Hill Suites	(480) 922-8700	4.5mi from La Mirada Desert Center
17020 N. Scottsdale Rd, Scottsdale, AZ 85255		

Budget Hotels:

Homewood Suites	(480) 368-1200	8.8mi from La Mirada Desert Center
9880 N. Scottsdale, Rd, Scottsdale, AZ 85253		
Extended Stay Deluxe	(480) 483-1333	8.4mi from La Mirada Desert Center
10660 N. 69 th St, Scottsdale, AZ 85254		
Extended Stay	(480) 607-3767	5.4mi from La Mirada Desert Center
15501 N. Scottsdale, Scottsdale, AZ 85254		

Youth Hostels:

The Phoenix Hostel	(26.9mi from La Mirada Desert Center)
(602) 254-9803	
1026 N. 9 th Street, Phoenix, AZ 85006	
Downtown YMCA	(27.6mi from La Mirada Desert Center)
(602) 257-5138	
350 N. 1 st Ave, Phoenix, AZ 85003	

PETS ARE NOT ALLOWED AT THE TEACHING SITE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

Please contact us with any questions or concerns you may have.

Carla Olson
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(602) 996-5400 | caolson@rei.com

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ITINERARY Wilderness First Aid

DAY 1: Saturday, October 3rd

Introductions
Patient Assessment System
Initial Assessment
Patient Exam
Vital Signs
Focused History
Documentation

Lunch

Spinal Cord Injury Management
Head Injuries
Shock
Wilderness Wound Management

DAY 2: Sunday, October 4th

Focused Spine Assessment
Athletic Injuries
Fractures
Dislocations
Heat Injuries

Lunch

Cold Injuries
Lightning
Altitude Illness
Acute Abdomen
Anaphylaxis
The Unconscious Patient
Wilderness First Aid Kits