



SMU Outdoor Adventures  
Southern Methodist University  
Box 750161  
Dallas, TX 75275  
214-768-4822  
[www.smu.edu/recsports/adventure](http://www.smu.edu/recsports/adventure)

Outdoor Adventure Center  
214-768-9918

SMU Climbing Center  
214-768-9917

Wilderness Medicine Institute (WMI) of NOLS  
WILDERNESS FIRST AID  
AND  
WILDERNESS FIRST RESPONDER RECERTIFICATION  
(2 Days)  
Sponsored by SMU Outdoor Adventures

DATES: *March 21-22, 2009*  
COST: *\$185 Tuition Only*  
LOCATION: *Southern Methodist University, Dedman Center for Lifetime Sports, Dallas, TX*  
WEBSITE: [www.smu.edu/recsports/adventure](http://www.smu.edu/recsports/adventure)

#### COURSE DESCRIPTION

Fast paced and hands-on, 2.5day course covers a wide range of wilderness medicine topics for people who travel in the outdoors. Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" On this course, you'll learn how to prepare for the unexpected. WMI's curriculum is unique and includes many advanced topics that other programs leave out such as dislocation reduction, focused spinal assessment and epinephrine administration. In just two days, you'll have the knowledge, skills and ability to make sound decisions in emergency situations. This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other governmental agencies. This course *DOES NOT INCLUDE* CPR.

#### WFR RECERTIFICATION REQUIREMENTS

Participants using the WFA course to recertify their WFR will be required to pass both a written and a practical test on day 2 of the course. Check the following web page for information and resources on how to best prepare for your course. <http://www.nols.edu/wmi/about/faq.shtml#prepare>

If you hold a current Wilderness First Responder certification from WMI, SOLO, NOLS, WMA or WPT, you will receive a WMI WFR certification upon successful completion of your WFA or WFR Recert only course. If you hold a current WFR certification from any other wilderness medicine organization you will receive a letter of course completion in lieu of a WMI WFR certification. This letter of completion may allow you to recertify with your original certifying organization. You must contact that organization prior to your WMI course to ensure that our course will meet their requirements for recertification.

All students are required to submit a photocopy of their WFR certification card on the first day of the course.

There is a one-year grace period for recertification of WMI cards. (Keep in mind that your certification is not current during this grace period and therefore can not work as a Wilderness First Responder.)

#### REGISTRATION/POLICIES

Tuition payment in full is required to reserve your spot in the course. Tuition is non-transferable. Tuition is payable by cash, check (with driver's license number), Visa, MasterCard, Discover card or Pony Express\*. The tuition fee covers textbooks, syllabus, equipment and certification cards. A full refund will be given if we are forced to cancel the course for any reason.

*\* SMU Students, Faculty, and Staff only*

SMU OA Release of Liability and WMI Acknowledgment and Assumption of Risks Release and Indemnity Agreement: These documents are available to you on the WFA announcement page of the SMU OA website: [www.smu.edu/recsports/adventure](http://www.smu.edu/recsports/adventure). **We ask that you bring these signed documents to the first day of the course.** If you are a minor, please contact SMU Outdoor Adventures for a Minor Release that must be signed by a parent/guardian. Failure to provide a signed document will result in you not being able to participate in the course.



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WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI or SMU OA program and are at the sole risk of the participant.

## CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days (February 19) prior to the course starting date.
- Within 29 days of the course start date and once the course has begun, tuition is non-refundable and non-transferable as per the following:
  - WFA, WFR-R, WMPP loss of full tuition.

## CLASS FORMAT/ EQUIPMENT

Check in is at 8:00 am on Saturday, March 21, at the Dedman Center for Lifetime Sports on the Southern Methodist University campus. Course days run from 8:00am – 5:00pm. The format for the WFA/WFR Recert is classroom lectures integrated with practical scenarios. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for lying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair. Please come equipped with a light day pack, waterproof top and bottom, light hiking boots, and layers well suited for spending time outside playing the role of patient and rescuer.

## TRAVEL/DIRECTIONS

SMU is 4 miles north of downtown Dallas along Central Expressway (Hwy 75). Exit on Mockingbird and travel west to the first red light (Airport Dr). Continue on Airport for a short distance and Dedman Center for Lifetime Sports (building 99 on campus map below) will be the prominent building on the left side, directly in front. Parking is available on Dublin St toward the east and back of Dedman Center. SMU OA is not responsible for parking violations. [Campus Maps/Directions](#)

## LODGING/RECREATION

There is not a meal and lodging option for this course. There are several options for meal within short walking/driving distance from the course location on and off campus. Below are some lodging options.

### Camping:

*The nearest camping is approximately 30 miles from SMU. For more information or to make camping reservations, contact [Cedar Hill State Park](#) at 972-291-3900. Other options may be available by visiting the [Texas State Parks website](#).*

### Lodging:

*Several hotels/motels are located in and around the SMU campus. Most will require a short commute. The closest and only within walking distance to campus is the [Radisson Hotel-Central Expressway](#) (888-201-1718). A list of other options can be found at [http://www.smu.edu/admission/visit\\_travel\\_stay.asp](http://www.smu.edu/admission/visit_travel_stay.asp).*

**PETS ARE NOT ALLOWED AT THE TEACHING SITE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS.** Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

## NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

Please contact us with any questions or concerns you may have. Contact the SMU Outdoor Adventure Center (OAC) at the number below Monday-Friday from 9:00 am -7:00 pm.

Phone: 214-768-9918/214-768-4822  
FAX: 214-768-1422

Email: [dchamber@smu.edu](mailto:dchamber@smu.edu)  
Web site: [www.smu.edu/recsports/adventure](http://www.smu.edu/recsports/adventure)