

# Wilderness Advanced First Aid

Moab, Utah  
Moab Arts and Recreation Center (MARC)

April 25-29, 2012



*Sponsored by*  
THE WILDERNESS MEDICINE INSTITUTE  
OF THE NATIONAL OUTDOOR LEADERSHIP SCHOOL



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Questions? Concerns? Please contact us via email or telephone.  
Our office hours are 8:00 a.m. – 5:00 p.m. Mountain Time, Monday through Friday.

## **The Wilderness Medicine Institute of NOLS**

(866) 831-9001 • [wmi\\_registrar@nols.edu](mailto:wmi_registrar@nols.edu) • [www.nols.edu/wmi](http://www.nols.edu/wmi)

## COURSE DESCRIPTION

Whether you find yourself on the river or in the mountains, this course is designed for anyone who might have to spend an unexpected night out in the backcountry with an injured patient. The five-day Wilderness Advanced First Aid (WAFA) curriculum emphasizes long-term care and includes more practice time than an introductory level Wilderness First Aid (WFA) course, making it the perfect option for guides who need more extensive training. You'll receive the best education available based on the most updated wilderness medicine curriculum delivered to you in an intensive hands-on format. Be confident in making treatment and evacuation decisions for your clients, friends or family members. This course is ideal for river guides, outfitters and camp staff who lead trips. WMI Adult and Child CPR & Airway Management certification is included. The WAFA course is pre-approved for 32 hours of EMT Continuing Education Units by CECBEMS.

## CLASS FORMAT

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m. Attendance is required at all scheduled classes. The format for this 40-hour WAFA is classroom lectures integrated with practical scenarios, skills practice sessions, role-playing and case studies. Scenarios and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for lying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair.

### Packing Check-List:

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Headlamp or flashlight
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair (e.g., Crazy Creek) for classroom time (optional)

## REGISTRATION

### Tuition

A deposit of \$170 is required to reserve your spot on the course. The balance of tuition is due by or on the first day of the course. Tuition is payable by check (with driver's license number), Visa, MasterCard or cash. The tuition fee includes textbooks, syllabus, equipment use and certification cards. A full refund will be given if we are forced to cancel the course for any reason.

Course Cost:	\$350	
Less Deposit:	\$170	(due at time of registration)
<b>Your balance due*:</b>	<b>\$130</b>	

\*Please disregard this balance if you paid the total course tuition at time of registration.

### WMI Student Agreement

Please download this agreement from [http://www.nols.edu/wmi/pdf/wmi\\_agreement.pdf](http://www.nols.edu/wmi/pdf/wmi_agreement.pdf) and read it very carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

## SPONSOR POLICIES

### Cancellations

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, WMI of NOLS will retain a \$35.00 administrative fee; the remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:
  - WFA, WFR-R, WMPP loss of full tuition.
  - WFR, WAFA, WUMP loss of course deposit.
- Once the course has begun, no refunds of any moneys will be awarded. All course registrations are non-transferable.

### Course site

Pets are not allowed at the course site; this includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

No alcohol or tobacco is allowed on site.

## RECERTIFICATION REQUIREMENTS

The WAFA may be used to recertify Wilderness First Responder and Wilderness EMT (wilderness portion only) certifications, **BUT ONLY if you hold a valid certification from WMI** (must be current or in grace year).

**You will be required to complete both written and practical testing to recertify on this WAFA course. The written multiple-choice exam will require you to review previous course materials in order to achieve a passing score (70%). Please come prepared.**

**Please note:** If you hold a current WFR or WEMT certification from any other wilderness medicine training organization you will only receive a letter of course completion for this training. This letter of completion may allow you to recertify with your original provider. You must contact that organization prior to your WMI course to ensure that our course will meet the requirements for recertification. If holding a WMI of NOLS certification is your goal, you **MUST** take a WMI WFR Recertification course to recertify.

## CONTINUING EDUCATION

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 32 CEU hours for participation in a Wilderness Advanced First Aid course. Please bring a photocopy of your current EMT card(s) with you to your course.

## COURSE LOCATION

The course will take place at the Moab Arts and Recreation Center (also known as the MARC) in downtown Moab, Utah at 111 East 100 North Street. (See attached map.) When traveling into Moab on Main Street, turn east on 100 Street.

## STUDENT LOGISTICS

### Meals and Lodging

It is the responsibility of each student to secure his or her own lodging and food for the duration of the course. There is not an on-site meals and lodging option available for this course. **We encourage you to pack a lunch or bring money to buy lunch off campus.** (WMI does not specifically endorse any of the following properties.)

#### Motels:

Red Stone Inn:	<a href="http://www.moabredstone.com">www.moabredstone.com</a>	(800) 772-1972
Super 8:	<a href="http://www.super8.com">www.super8.com</a>	(435) 259-8868
Comfort Suites:	<a href="http://www.comfortsuites.com">www.comfortsuites.com</a>	(435) 259-5252

#### Campgrounds:

Up The Creek Campground:	<a href="http://www.moabupthecreek.com">www.moabupthecreek.com</a>	(435) 260-1888
Canyonlands Campground:	<a href="http://www.canyonlandsrv.com">www.canyonlandsrv.com</a>	(435) 259-6848
BLM Campgrounds along the Colorado River near Moab		(435) 259-2100
	<a href="http://www.blm.gov/ut/st/en/fo/moab/recreation/campgrounds.html">www.blm.gov/ut/st/en/fo/moab/recreation/campgrounds.html</a>	

#### For more information:

- Moab Chamber of Commerce [www.moabchamber.com](http://www.moabchamber.com)
- Moab Area Travel Council website [www.discovermoab.com](http://www.discovermoab.com)
- Local Moab Information website [www.moab-utah.com](http://www.moab-utah.com)
- City of Moab website [www.moabcity.org](http://www.moabcity.org)

### Travel

Moab is located in SE Utah. In addition to good all season roads running north and south, there is a local airport with daily service from Denver, Colorado. Canyonlands Field Airport is 16 miles north of Moab on Highway 191 ([www.grandcountyutah.net/airport](http://www.grandcountyutah.net/airport)).

## Map: Moab Arts and Recreation Center 111 E. 100 North St. Moab, UT

