



## **WILDERNESS FIRST RESPONDER COURSE**

Index, Washington • October 21-30, 2010

**Sponsored by Outdoor Adventures and the Wilderness Medicine Institute of NOLS**

**COURSE DATES/TITLE:** Wilderness 1st Responder/WFR  
*October 21-30, 2010*

**COST:** *\$675.00 tuition only*

**MEALS/LODGING:** *See packet for options.*

**SUBTOTAL:** *\$675.00*

**LESS DEPOSIT:** *(\$300.00)* Due at the time of registration.

**BALANCE DUE:** *\$375.00* Due by October 7, 2010

THE BALANCE OF COURSE FEES ARE DUE 14 DAYS PRIOR TO THE START OF THE COURSE.

(Balances may be paid with Cash, Visa, MasterCard, or Check— include driver's license number)

**THANK YOU**

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**Sponsored by the Wilderness Medicine Institute of NOLS and Outdoor Adventures**

**DATES:** *October 21-30, 2010*

**COST:** *\$675.00 Tuition only (does not include meals and lodging)*

**LOCATION:** *Index, WA*

## **COURSE DESCRIPTION**

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to make difficult medical decisions. This course is fast-paced and engaging. You'll spend half your time outside of the classroom doing hands-on skills and realistic scenarios. In addition to scenarios, you'll participate in a full-scale night mock rescue. WMI's curriculum encompasses a wide range of topics including long-term patient care, wound management, straightening angulated fractures, reducing dislocations, litter packaging and administering medications. You'll complete this course with the tools and confidence to manage patients in the backcountry for multiple days. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. You'll be taught by dynamic educators who have practiced both wilderness and urban medicine. This 10-day course is ideal for all professionals operating in remote environments. Adult/child CPR certification is included. The WFR course is pre-approved for 70 hours of EMT CEU's by CECBEMS.

## **REGISTRATION/POLICIES**

A deposit of \$300.00 is required to reserve a space in the course. Tuition balance is due 14 days prior to the first day of the course. Payments may be made via checks, with driver's license number, Visa, MasterCard or cash. The tuition fee covers textbooks, syllabus, equipment and certifications. A full refund will be given if we are forced to cancel the course for any reason.

## **CANCELLATION AND REFUND POLICY**

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, sponsor will retain a \$45.00 administrative fee.
- Within 30 days of the course start date and once the course has begun, tuition is non-refundable and non-transferable as per the following:
  - o WFA, WFR-R, WMPP loss of full tuition.
  - o WFR, WAFA, WUMP loss of course deposit.

## WMI STUDENT AGREEMENT

Please download this agreement from [http://www.nols.edu/wmi/pdf/wmi\\_agreement.pdf](http://www.nols.edu/wmi/pdf/wmi_agreement.pdf) and read it very carefully as it affects your legal rights. Bring the **two-page** signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

## CLASS FORMAT/ EQUIPMENT

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00am – 5:00pm. Two evening sessions will be scheduled. The format for this 80-hour WFR is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair.

You will need: a large day pack with multiple layers, water bottle, waterproof tops and bottoms, sturdy boots, head lamp or flashlight and a watch with a second hand. A 4-hour evening, outdoor mock rescue is part of the curriculum, so please dress accordingly.

## CONTINUING EDUCATION COLLEGE CREDIT AND EMT CEUS

The course is pre-approved for three (3) semester hour credits through the University of Utah at a cost of \$200.00. If interested, please check with the instructors on the first day of class for the necessary information.

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 70 CEU hours for their Wilderness First Responder courses. Please bring a photocopy of your current EMT card(s) with you to your course.

## TRAVEL/DIRECTIONS

The course will be held at The River House in Index, home to Outdoor Adventures and Adventure Rafting Company. Directions attached or online at <http://www.outdooradventurecenter.com/40290/Directions.html>

The River House: 444 Ave A Index, WA 98256

## LODGING/ RECREATION

Meals and lodging are not included in the course tuition. Here are some resources to assist you in making your own lodging/meal arrangements.

### Camping

- Trout Creek/Adventure Rafting Company property/launch site \$10 per person/night  
Rustic camping on the Skykomish River. Located 5 miles from Index/course location. Porta-potties.
- [Wallace Falls State Park](#) - Gold Bar, WA  
Camping and rustic cabins available. Located approximately 10 minutes from Index/course location.

### Bed & Breakfasts

- [A Cabin on the Sky](#) - Index, WA (360) 793-0100
- [Grey Fox Cabin](#) - Index, WA (800) 451-3827
- [Mysty Mountain Properties](#) - Index & Gold Bar, WA (206) 219-6427
- [Wild Lily Cabins](#) - Index, WA (360) 793-2103

### Hotel/Motel

- [Historic Cascadia Inn](#) - Skykomish, WA 866-677-2030
- [Stevens Pass Motel](#) - Gold Bar, WA (360) 793-6633
- [Wallace Falls Lodge](#) - Gold Bar, WA (888) 337-7492

**PETS ARE NOT ALLOWED AT THE COURSE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS.** Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

### NO SMOKING IS ALLOWED ON SITE

We hope this information is helpful. Please contact us with any questions or concerns you may have. Our office hours are daily from 9:00am - 5:00pm.

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